

Crisis Prevention Plan Template

Use the information gathering in the functional assessment as the guide.

1. Prevention Planning- Triggers and Setting Events

For the Prevention Plan, brainstorm options that directly relate to the setting events and triggers that include both natural supports and formal supports. For good planning, use the information gathered regarding Exceptions (all things being the same, what has cause the behavior not to occur?).

Brainstorm Options:

1. Family will shut off screens one hour before bedtime
2. Mom will give medication one hour before bedtime
3. James will take a nap during downtime
4. James will call a friend to play basketball
5. James will call grandma to come over
6. James and mom will schedule activities to do together
7. Mom will email school and let them know if James does not get enough sleep

If the prevention steps do not work and they continue to escalate.

2. Early Intervention Planning- (Replacement Behavior) Plan

For Early Intervention Plan, brainstorm options that directly relate to the function of the behavior. What behavior could replace the behavior and still meet the same purpose? Identify strengths, culture and resources to support a less harmful behavior. These options need to 'fit' with the strengths and culture of the family. However, what is most important is that it meets the same function as the behavior that has been "working".

Brainstorm Options:

1. James will flip tires in the backyard
2. James will pull weeds outside
3. James will use "throw dumby" in basement
4. James will throw ball against brick wall in driveway
- 5.
- 6.

Brainstorm ideas on how the replacement behavior will be taught and reinforced.

1. Therapist will meet with James and family to teach new behavior
2. Intensive In-Home therapist will review and practice new behavior with James and family during sessions
- 3.

And if the behavior occurs:

3. Intervention - Intervention (Response/Consequence) Plan

For the Intervention plan, brainstorm options regarding what needs to change in the environment so the crisis behavior does not continue. Also, what are the consequences of the behavior and what do the team members need to do if behavior occurs?

Brainstorm Options:

1. Mom will lower her voice when talking to James

2. Mom and siblings will use code word for everyone to go to a safe place

3. Family will keep a safe distance and mom will monitor situation

4. James will repair damage done to property

5. Mom will call her friend to vent

- 6.