

# Action Plan for *Smith* Family

**Date:** 6/3/14

**Frequency of meetings:** every two weeks

<b>Name:</b> Monica Smith	<b>DOB:</b> 10/17/98	<b>Date of Enrollment:</b> 4/27/14
<b>Guardians:</b> Tricia Smith	<b>Phone:</b> 803-453-9876	
<b>Address:</b> 3777 Old Forest Rd. Lynchburg		

## Child and Family Team Members

Name	Relationship	Contact Info	Strengths	Attended Meeting
Tricia	Mother	1234	Has been open to DYS help and stayed the course in her commitment to family	Yes
Monica	Client	1234	Taking sobriety seriously and being a role model to other peers	Yes
Chad	Brother	1234	Supports Monica's/family success	Yes
Christine	Sister	1234		No
Rose	Brother's girlfriend	1234	Willing to help with meals	Yes
Linda	Tricia's friend	4567	Supports family and helps with calming others down	Yes
Mike	Monica's boyfriend	7890	Will do anything to help Monica come home	Yes
Shannon/Shawn	Caseworker	1567	Ensures safety	Yes
Coral	Monica's Therapist	0987	Helps with meeting tx goals	Yes
Chris	Monica's DNA Counselor	0987	Helps Monica with structure	Yes
Nicole	Monica's BFF	2359	Helps with supporting Monica	Yes

**Successes and Celebrations:**

Monica has been staying away from negative peers. She has been a positive role model while at RTC. Tricia has been a good role model for parenting with Rose. Mike has been respectful of Tricia's expectations with Monica.

**Ground Rules:**

- No blame No shame
- Take a break when frustrated
- No surprises; plan so team members know ahead of time
- Meetings no longer than an hour
- Before brainstorming around need, the team will allow time for family to share thoughts/concerns

**How decisions will be made:**

Everyone is heard regarding decisions, Tricia will have the final decision and safety concerns will be taken into consideration. (Example)

## Vision, Team Mission and Prioritized Needs

### Family Vision:

Monica enjoys living at home, is spending more time with her family, and has one boyfriend. She will be making positive choices and Child Welfare will no longer be involved.

Tricia has a healthy relationship with Monica; Monica is more involved in the community than with boys.

Rose is in school working towards obtaining her LPN; Chad's children are happy and healthy and his sisters are safe.

### Team Mission:

The team commits to support the family's visions by helping create structure, stability and a safe environment for the whole family. The team will listen to each other along with helping Monica express her thoughts about her behaviors. The team will lead by example to help Tricia and her family bring unity to their home while working together, and participating in team meetings.

### Prioritize Needs:

The family would like to help provide structure in the home.

Monica would like help to work on decreasing her unsafe and unlawful sexual activity.

Monica would like help to fulfill the requirements necessary to return home.

Tricia would like help to have more time with her family.

### Priority Need:

The family would like to help provide structure in the home.

### Goal:

Monica needs space and support of her family when becoming frustrated

### How will we know when goal is met? (Measurement Strategy)

Monica will report on a scale from 1-10 (8) that her visit has had structure, supervision, and support to her team at next team meeting.

### Strengths and culture around the need:

Tricia would like to be home at night for family. Monica would like a regular routine and know expectations. The family would like there to be less tension and things to get back to "normal". Helping with providing parenting for younger children and for others to be accepting of when things are beyond their control. Being able to go in their own space worked before. Monica is making healthy choices in RTC. It helps Monica for others to check in with her after going to her space to calm down.

### Brainstorming: (All brainstorming ideas with \* have been planned for)

- Monica will ask for space when she needs it
- Basement are becomes Monica's space
- Calling sponsor, Nicole, Mike for support
- Tricia looking for day time employment
- Tricia ask supervisor for daytime shift during home visit
- Family member go to AA with Monica
- Therapist talks to Monica about schedule/routine while at home.
- Rose can start dinner so family can have dinner together

Who	What/Where	When/Target Date
Monica	Will go to Linda's house to get space	When upset
Monica/Tricia	Monica will let Tricia know where she is going when leaving the house	Before leaving the house
Chad/Monica	Chad will go with Monica to AA meetings	During home pass

Tricia	Will ask her supervisor for daylight shift during home visit.	Tonight
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**Check in on action steps:**

Who:	When:
Dave	Before next team meeting

**Opportunities for youth to engage in community activities:** Monica will go to local AA group during her home visit.

**Who needs to be invited to next meeting?** Team felt that they had the right people at team meeting and could not think of anyone at this time.

**Plan to add new team members/engage Natural/Community Supports or Service Providers:** Team felt they had enough natural supports and will look at community support closer to when Monica returns home.

Other concerns from the meeting was from Chris and Coral; both felt that planning for ongoing support once Monica returns home would be helpful in Monica's transition home.

**Date & Time of next meeting:**

**6/17/14 @ 1:00 at RTC facility**