CSA TODAY

A NEWSLETTER OF THE OFFICE OF CHILDREN'S SERVICES

Office of Children's Services

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Director's Blog

Scott Reiner, Executive Director

In the rhythm of Earth's annual journey around the sun, Fall seems a season of transition. The heat and greenness of summer become cool, crisp mornings and unveil the spectrum of the changing leaves. With the inevitable coming of winter are days reaching their shortest and the trees becoming bare. The Fall of 2021 brings more worldly transitions in our work to maintain and improve our system of care in Virginia.

There are inevitable transitions with the election of a new Governor (which will be over by the time you are reading this). I want to take a moment to offer a fond "bon voyage" to Dr. Carey, Secretary of Health and Human Resources and my "boss" for the past four years. Dr. Carey has set an example for me and to my peers in agency leadership and many others. That example is one of authentic servant leadership and concern for all Virginia's citizens, especially those most in need of the support and resources of state government. These qualities are ones I hope to live up to in my work at OCS.

I typically use this space to bring you up to date on recent and upcoming developments that impact the work of the CSA. In most of the past editions, those developments are collaborative. This iteration is no different.

Kudos go out to the State and Local Advisory Team (SLAT) and, in particular, the workgroup led by Jessica Webb (Prince William County) and Kristi Schabo (Chesterfield/Colonial Heights). That group developed the recently released *"Core Leadership Competencies for Local CSA Leaders, CPMTs, and FAPTs*." A component of the State Executive Council's Strategic Plan, this resource provides critical information, from the local perspective, of what it takes to run an effective CSA program. The document is on the OCS website. We are already beginning work on "Phase 2" – implementing recommendations about training and supports needed to assist local programs in building the core competencies.

Director's Blog (continued)

Similarly, a workgroup of the SLAT led by parent representative Kristy Corbin developed *"A Guide to the Children's Services Act for Child and Families."* The *Guide* provides parents and families information on eligibility for, and other aspects of the CSA process. The perspectives of those with lived experience strongly informed the development of the *Guide*. After some final formatting work for readability, OCS will disseminate the *Guide* widely. The next stage of the work is to develop ancillary products such as a brief CSA orientation video for parents and family members.

There is a great deal of other important work underway. OCS looks forward to working with the newly elected Governor and to be appointed Secretary of Health and Human Resources, and agency leadership to continue our mission.

Thank you for all you do and your steady presence during these times of rapid change.

Scott Reiner

The 10th Annual Commonwealth of Virginia CSA Conference, "And Still We Rise," was held virtually on October 28 and 29, 2021. More than 500 registrants, 25 sponsors, speakers, and guests spent two half-days listening, learning, and networking. Participants enjoyed the keynote address by Dr. De Lacy Davis, who so eloquently reminded us that we are in the "relationship business." He emphasized the importance of leading from the front and that collaborative engagement opens the door to meaningful communication, change, and connection.

After such a riveting start to the conference, community partners, agency colleagues, and OCS staff facilitated 16 breakout sessions on topics relating to CSA Basics, Service Innovation, System Innovation, and Evidence-Based Practices. There were plenty of opportunities to visit with the sponsors, who uniquely had their own breakout rooms for collective and individual discussions about the services they provide. This year's sponsors took part in the virtual Scavenger Hunt, where participants had the opportunity to enter to win some awesome door prizes. We hope that everyone found the conference to be a valuable experience. Materials from the breakout sessions will be made available on the CSA website in the near future.

Dr. De Lacy Davis

We would like to extend special thanks to everyone that had a part in the success of the conference. We are looking forward to seeing everyone "in-person" at the 11th Annual CSA Conference in 2022!

Making Excellence Inclusive

By Zandra Relaford, OCS Assistant Director

OCS began its Inclusive Excellence efforts before the passage of legislation requiring each state agency to plan for and take steps to incorporate efforts supporting diversity, equity, and inclusion (DEI) in their daily operations. Readers may recall that Dr. Janice Underwood was the keynote speaker for the 2020 Statewide CSA Conference and attendees were among the first to learn about the Commonwealth's ONE Virginia Plan, associated tools, and expectations for state agencies.

Earlier this year, House Bill 1993 amended § 2.2-602 of the Code of Virginia, requiring all Commonwealth of Virginia agencies to develop a ONE Virginia Plan to address and promote diversity, equity, and inclusion. OCS' ONE Virginia Plan outlines and maps our agency's ongoing commitment to develop, promote, and champion diversity, equity, and inclusion in all aspects of our mission and work.

OCS actively ensures diversity and equity in its hiring, promotion, retention, succession planning, and agency leadership opportunities; and promotes employee engagement and inclusivity in the workplace. The current staff demographics are nearly equally distributed across race categories, currently comprised of staff that is 40 percent White, 30 percent African-American/Black, and 30 percent Asian American Pacific Islander. Like many child-serving/human services agencies, OCS staff is predominately female (69 percent).

Key focus areas of OCS' plan for Inclusive Excellence center on meaningful, specific, and outcome-focused actions that will ultimately lead the agency and CSA to improved outcomes related to diversity, equity, and inclusion. To help with these efforts, OCS has convened an Inclusive Excellence Council, a group of local CSA representatives and OCS staff dedicated to utilizing the group's collective wisdom and exchange of ideas and information to equip and inform CSA programs, and to promote Inclusive Excellence (IE) throughout our entire CSA System of Care.

Ongoing activities of the CSA Inclusive Excellence Council will focus on key areas, including:
- Advising OCS regarding its ONE Virginia Plan;
- Identifying training needs and opportunities that OCS might also host, facilitate, or support;
- Exchanging and disseminating research findings, articles, and other information related to DEI (including an Inclusive Excellence list-serve); and
- Reviewing CSA data (e.g. CSA CQI Dashboard and Statewide Statistics) and identifying trends, along with other areas for analysis and exploration.

The CSA Inclusive Excellence Council held its first meeting on September 27, 2021 with 19 participants. Future meetings of the group will take place on the fourth Monday of each month. The remaining meeting for Calendar Year 2021 is set for November 22nd, from 2:00 p.m.—3:30 p.m. If you are interested in participating in the CSA Inclusive Excellence Council or have questions about the OCS ONE Virginia Plan, please contact Zandra Relaford for more information.

CANVaS 2.0 Longevity Reports

What are Your Locality's "Top Ten" Key Intervention Needs of Children Served by CSA?
By Carol Wilson, OCS Program Consultant

Do the "Longevity Reports" in CANVaS seem a little intimidating or complex? No worries! We'll start exploring them by tackling one in each issue of *CSA Today*! As you become familiar with the reports, you'll see how they can be a helpful data source in better understanding the needs of children and families in your community. If you're a CANVaS Local Administrator (formerly referred to by the acronym "*DSU/RAs*"), you've likely seen these reports under your "Reports" tab, but perhaps not had the opportunity to see how they could be useful for your CPMT. So, let's take a look at one!

We'll start with the *Multi-Level Collaboration Formulation Report: Key Intervention Needs* in this issue of the newsletter. "Key Intervention Needs" is an apt description of what this report provides. The graph created by this report will identify your locality's children's top ten needs as captured by CANS assessments (over a specified time frame), identifying six actionable needs from the **Behavioral/Emotional Needs Domain** and the **Child Risk Behaviors Domain** and four actionable needs from the **Life Functioning Domain**. (Remember, "actionable needs" are those rated a "2" or "3.")

You'll identify the cohort for the report by selecting a time frame for Initial Assessments. Reassessments will be compared to the Initial assessments for that cohort at whatever time interval you select. So, not only will you identify the top ten needs from the three domains, you'll see if they have changed over time. In summary, the report will identify those most common initial actionable needs, and then look at where those needs have become more or less prevalent over the time interval selected.

Let's walk step by step through the report.

1. To locate the report, click on your "Reports" tab and then "Longevity Reports" in CANVaS.
2. Next, select "Collaborative Formulation."   (This is the shortened name of the "*Multi-Level Collaboration Formulation Report: Key Intervention Needs."*)
3. A page with several fields will pop up to help you define the parameters of your report.
4. The state and your locality will populate automatically.
5. Select "All" in the "Case Manager" drop down box.
6. For "Assessment Type," you can select the Birth to Four or Ages 5+. For the broadest search, click on "Both" for whichever age group you want to see.   Many of the children served by CSA are in the Age 5+ category so you may want to start there.
7. For "Initial Date Range Start" and "Initial Date Range End," select the time frame to choose your Initial Assessments. The Initial Assessments selected during this time frame will be your baseline. The dates for the Initial Assessments must be far enough in the past to compare to Reassessments completed since then. For example, if you're looking at 3-month intervals for Reassessments, you should select a time frame greater than *at least* six months in the past. For example, you could select 01/01/2020—06/30/2020 for your initial assessments which would allow over a year to capture Reassessments.
8. For "Reassessment Days," choose the intervals at which Reassessments are done in your locality to get started. You can always choose other options as well.
9. For "Discharge," select "Include Discharge Summaries."
10. Then, select your cohort by referral source. Selecting "All" will provide the most information. However, you can choose any single referral source. There are three options for DSS assessments: "DSS", "Include DSS In-Home," and "Exclude DSS In-Home." If you wish to look at only DSS CANS, select "DSS." If you wish to look at all <u>CSA</u> referrals only, choose "Exclude DSS In-Home." For this example, we'll select "Exclude DSS in-Home" to look at just the CSA population.
11.   Lastly, please click on "View Report" in the upper right hand corner of the screen.

CANVaS 2.0 Longevity Reports (continued)

Voila! The first page of the report will provide a summary of what you requested. To see the graph, go to the second page by clicking the page arrow in the upper left hand corner of the screen. At the end of this article, you'll see an example of this graph for the selected locality. The black bar represents the actionable needs identified in the Initial time frame. For this locality, all six items are from Behavioral/Emotional Needs (**blue** bar), with no Child Risk Behaviors (**red** bar) identified. Of these six, Conduct, Anxiety, Anger Control, Depression, Oppositional, and Hyperactivity/Impulsivity, five show reduced prevalence at the 3-month interval.

The top four Life Functioning Domain needs (**gray** bar) were identified as Recreation, Social Functioning, and Family and Living Situation, with three showing a reduction over the 3-month time frame selected.

What can you and your FAPT/CPMT do with this information? Focus service development in areas with high levels of need? Identify what's working if a specific need is declining and strengthen those interventions? It's also important to note what's missing. You might ask, "Why are there no Risk Behaviors identified?"

In the Risk Behaviors domain, issues such as anxiety, impulsivity/hyperactivity, anger control, oppositional, and depression could easily lead to risk behaviors such as "Self-Mutilation," "Suicide Risk," "Other Self-Harm," "Danger to Others," "Delinquent Behavior," and others. Is there underrating on these items? Do raters hesitate to use these terms? Remind your assessors that ratings are selected based on the wording and meaning found in the CANS item and anchor definitions, not the way these terms may be identified in everyday culture. (The *Virginia Item and Rating Definitions Manuals* for each version of the CANS are available in the "Documents" folder in CANVaS and on the OCS website (www.csa.virginia.gov/CANS).

This is just one report your FAPT and CPMT may find useful in understanding the children and families that you serve. We'll look at another one in the next issue of *CSA Today*.
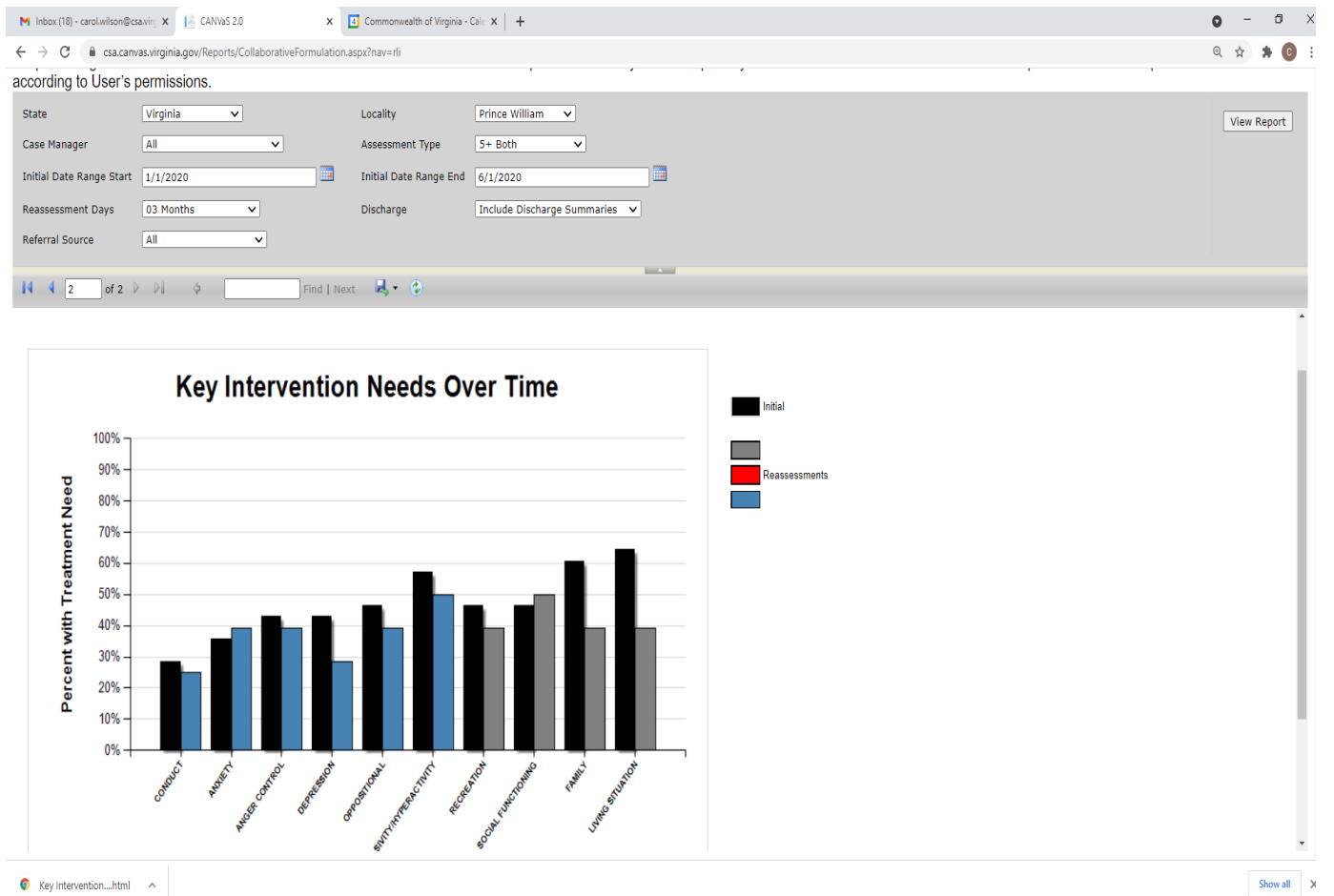
Managing CSA Information Security Risk
Submitted by: Annette E. Larkin, Program Auditor

What do Magellan, Twitter, Marriott International, Colonial Pipeline, JBS Foods, and Johnson & Johnson all have in common? Each of these companies recently were victims of cybersecurity attacks costing their companies millions in supply chain disruption, sales, and/or ransom payments in 2020 and 2021. According to the Federal Bureau of Investigation (FBI) 2020 Internet Crime Report, cyber criminals profited from our dependence on technology to defraud citizens. While the companies named are large national and/or global corporations, the public sector is not immune. Virginia (public and private entities combined) ranked 11th out of 57 states, US territories, and Washington D.C., in the number of victims (13,770 with losses totaling $101,661,604). The 2019 Information Security Annual Report published by the Virginia Information Technology Agency (VITA) cited Virginia as having experienced over 30 million attack attempts to its' networks and blocked more than 457,092 malware attempts. "Despite many layers of protection, the Commonwealth still experienced 200 successful IT security incidents. Thirty percent of all incidences were malware attacks from phishing emails containing malicious links or attachments and infected websites redirection."

Local Children's Services Act (CSA) programs maintain sensitive and confidential information that should not be disclosed to anyone without appropriately authorized consent. To protect and respect families' privacy, individuals that do not have a need to know should not be granted access to the information. As the world shifted to remote working, video conferencing, and expanded process automation in response to the pandemic, CSA programs' reliance on technology grew exponentially in an effort to minimize service delays and disruptions to normal operations. While these tools may increase efficiency, sustainability, and continuity of services, they also expose opportunities for hackers and fraudsters to gain access to sensitive and/or confidential information. With continued use of these technologies beyond the pandemic, how can our local CSA programs protect our data from internet hacks, fraudsters, and cyber-attacks? Below are some helpful tips to protect your data and confidential information.

1. **Security Awareness Policy**. Adopt a security awareness policy and require all CSA stakeholders to follow it. Community Policy and Management Teams (CPMT) may want to consult their local government resources as these policies may already exist in their locality. As a best practice, policies should be given to every employee and shared publicly (where feasible).

2. **Cyber Security Education**. Ensure security awareness training is accessible and completed by all CSA stakeholders. Teach stakeholders that the best defense against cyber-attacks begins with them. CPMTs are encouraged to consult their local government partners to determine the existence and availability of such training. For users of OCS system applications containing sensitive information, a mandatory security awareness training is currently in development.

3. **Do Not Be Fooled.** Inform your stakeholders of the risk of phishing, a cyber-attack where the perpetrator disguises itself as a familiar entity (a colleague, friend, company, and/or vendor) that a victim would trust or do business with. Click the link for tips on preventing cyber-attacks: VITA Security Tips -July 2021

4. **Protect Yourself While Working Remotely**. As remote work is continuing and homes are serving as offices and classrooms, there are several things that CPMTs may want to discuss with their locality's Information Technology (IT) professionals to protect networks and computer systems. VITA has published security tips for safe and secure remote working that are applicable to all business entities: VITA Security Tips - August 2020 and VITA Security Tips -October 2020

5. **Virtual Meetings and Confidentiality**. Per Code of Virginia (COV) §2.2-5210, local CSA programs have an obligation and responsibility to ensure confidentiality and protection of child/family identity and information. In response to pandemic restrictions, many local CSA programs began conducting CPMT and Family Assessment and Planning Team (FAPT) meetings using various virtual platforms. These platforms provide a convenient and safe means to meet and maintain social distancing. Conversely, they also open the door to unauthorized disclosure of child-specific, privately protected information to undisclosed/uninvited attendees or malicious hackers "high jacking" the meeting. Tips for managing security risks of virtual conferencing can be accessed via this link: VITA Security Tips -June 2020

Nothing is foolproof. CPMTs are strongly encouraged to establish/enforce policies, educate stakeholders, and consult with local IT professionals and government administrators regarding managing CSA information security risks. Encouraging government administrators to act now to adopt and implement these useful tools and tips will help to mitigate the risk of program disruption due to cyberattacks or liability exposure resulting from unauthorized disclosure of information.

If you found this article useful and would like more information on this topic, please contact any OCS IT or Program Audit staff. Contact information is available on the CSA website (https://www.csa.virginia.gov/). Also, be sure to check the OCS newsletter, "CSA Today," for future articles.

Special Thanks...

The OCS staff would like to wish the very best to Senior Research Analyst, Howard Sanderson. Thank you, Howard, for all the very special things you have done to preserve the mission of serving Virginia's youth and families.

You will be missed!

Program Quality Improvement: Compliance

Submitted by: Stephanie Bacote, Program Audit Manager

Auditor's Corner

An article published by PowerDMS (December 2020) describes compliance as "the act of complying with a command, desire, or rule. Alternately, some give the definition of compliance as adhering to requirements, standards, or regulations." The authors also referenced

"Policies, procedures, and accurate records are an important part of ensuring and demonstrating compliance in key areas."

adverse consequences caused by neglecting compliance, such as: fines or legal action; shutdown; chaotic, wasteful, or unethical practices. The article concluded with "It's essential for your organization to make sure all your operations follow laws, regulations, and standards for your industry. Policies, procedures, and accurate records are an important part of ensuring and demonstrating compliance in key areas. As you seek to achieve the highest level of compliance, make sure to regularly review and update your policies, thoroughly train staff, and conduct risk assessments and audits." Let's explore these tips for achieving the highest level of compliance and how to apply them in local Children's Services Act (CSA) programs.

Suggestions	Application for Local CSA Programs
Review and update your policies	At least annually, review and update policies and procedures adopted by the Community Policy and Management Team (CPMT) to ensure consistency with current, approved practices of the local program and alignment with related compliance requirements listed below. Maintain a revision log to document timing of updates and formal adoption by CPMT. • Legislative: Code of Virginia, Chapter 52 Children's Services Act (2.2-5200 to 2.2-5214); Current Appropriation Act; Virginia Administrative Code/Regulations (where applicable); and Municipal Codes/Ordinances (where applicable) • State Level Policies: Policy Manual for the Children's Services Act; Other State Agencies (Social Services, Medical Assistance Services, Education, etc.) • Local Government Directives (where applicable)
Thoroughly train staff	Establish, review, and update training plans for staff tasked with implementing CSA. Incorporate training that is specific to your local program. Consider the frequency of training (orientations, ongoing, refreshers for seasoned staff, etc.). Listed below are resources available through the Office of Children's Services (OCS) that may be useful as you develop your local training plan and/or materials. Be sure to maintain records documenting dates, description, and attendees of locally coordinated training events. • Virginia Learning Center (CSA) • https://www.csa.virginia.gov/Resources/TrainingMaterial/0 • https://www.csa.virginia.gov/Contact/TechnicalAssistance/1 • https://www.csa.virginia.gov/About/TrainingCalendar
Conduct risk assessments and audits	Periodic risk assessments and audits ensure timely awareness of potential threats (e.g. outdated policies/procedures, improperly trained staff, inaccurate records, etc.) to achieving compliance, and allows the CPMT to develop and implement mitigating strategies to address those threats. Tools are available on OCS website to aid your efforts. • Continuous Quality Improvement (CQI) - The CSA CQI Dashboard provides an easy to navigate and visually appealing tool to assess expenditure, service utilization and outcomes data at an aggregate level. The CSA CQI Documentation Template can be used by CPMTs to document discussions and plans regarding the data reviewed, risks identified, and planned quality improvement response. https://www.csa.virginia.gov/Resources/ContinuousQualityImprovement • CSA Program Audit Self-Assessment Workbook – The organization of the workbook is structured in a manner to allow local CSA programs to identify, evaluate, and document potential risks (Section II) and Compliance (Section V). Upon completion, the workbook includes a template for documenting a plan of action to address any noted deficiencies. https://www.csa.virginia.gov/Content/doc/CSA_Self_Assessment_Workbook.docx

If you found this article useful and would like more discussion on this topic, please contact any of the program audit staff. Contact information is available on the CSA website (https://www.csa.virginia.gov). Also, be sure to check the OCS newsletter "CSA Today" for future articles.

References: https://www.powerdms.com/policy-learning-center/what-is-compliance

Vocational Rehabilitation Transition Services

DARS
VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

Did you know that Transition Coordination Services through the Department for Aging and Rehabilitative Services (DARS) are available to youth and young adults with disabilities ages 14-22? Did you know that a youth could be eligible for DARS Transition Coordination if they have proof of enrollment in education and a disability? Did you know that a teacher, family member, or other person professionally involved with a youth can request Transition Coordination Services for a youth?

Transition Coordination Services can include Pre-Employment Transition Services that can provide career exploration; work-based learning experiences; exploration of education and training programs for after high school; workplace readiness training to develop social and independent living skills; and self-advocacy.

DARS can offer specialized services for youth with Serious Mental Illness (SMI) and Substance Abuse (SA) needs.

For more information please visit: VA DARS Transition Services or contact: Martin Kurylowski (martin.kurylowski@dars.virginia.gov).

From the Business & Finance Manager
Kristy Wharton

There is an **_EASY_** way to check the status of your LEDRS reimbursement requests, so you won't be delayed in receiving reimbursements and don't miss any deadlines. Use the charts below that show the meaning of the various Status Codes to determine where in the approval process your submission is pending:

For Pool Reimbursements:

Code	
0	Report Preparer has initiated the pool report in LEDRS
1	Report Preparer has approved the pool report in LEDRS
5	Fiscal Agent has approved the pool report in LEDRS
6	OCS Business Manager has approved for DOE processing
9	DOE has processed and payment issued to the locality

For Supplement Requests:

Code	
0	Report Preparer has initiated a supplement request
1	Report Preparer has submitted the supplement request
3	CPMT Chair has approved the supplement request
5	Fiscal Agent has approved the supplement request
8	OCS Business Manager has partially funded the supplement
9	OCS Business Manager has fully funded the supplement

For Administrative Plan Requests:

Code	
0	CSA Coordinator has initiated the request
1	CSA Coordinator has submitted the request
3	CPMT Chair has approved the request
5	Fiscal Agent has approved the request
9	DOE has processed and payment issued to the locality

To check your locality's reimbursement reports:

1. Go to the CSA website (www.csa.virginia.gov)
2. Select: *Statistics and Publications → Statewide Statistics → CSA Pool Expenditure Reports → Pool Transaction History*.
3. Select the Program Year (usually the current one)

Please contact Kristy Wharton (kristy.wharton@csa.virginia.gov) for more information.

The Birth of Human Potential

Open Table (www.theopentable.org) is a model that trains natural supports to work with a family for a year to help them reach the goals they set for themselves. In 2020, Open Table was awarded a grant by the Anthem Foundation to build Tables (6-8 volunteers who act as the natural supports) for women who are pregnant or parenting and in recovery for a Substance Use Disorder. Due to the outcomes from the pilot year, Anthem Foundation awarded a second year to work on this initiative.

The program is free with the following referral criteria:
- Must be pregnant or parenting (can be single OR in a relationship)
- Must be in recovery for Substance Use (there is no amount of time they have to be in recovery they just have to be in some sort of treatment, IOP, MAT, therapy, case management). Candidates can be receiving medical assisted treatment to qualify.
- Must be receiving Medicaid (does not matter who the provider is and if the child is receiving Medicaid that counts!)

Please share this information with FAPT members and Case Managers, and keep it in mind as families come to the FAPT table and as a prevention resource. These flyers can help facilitate your discussion: The Birth of Human Potential.

For more information, please contact Rachelle Butler (rachellebutler@theopentable.org).

Welcome to Courtney Sexton
OCS Program Consultant

Courtney Sexton began with the Office of Children's Services as a Program Consultant in September 2021. She received her Bachelor's degree in Political Science and Criminal Justice in May 2021 from Marshall University, and is currently pursuing her Master's degree in Public Administration with Old Dominion University. Courtney relocated to Richmond, Virginia in 2017 from Huntington, West Virginia with her husband.

Prior to joining OCS, Courtney served as the CSA Coordinator with James City County for three years. She looks forward to continuing her work with CSA and assisting others in process and program improvement.

Courtney can be contacted at Courtney.Sexton@csa.virginia.gov.

HAPPY FALL!

"A warm smile is the universal language of kindness."
~ *William Arthur Ward*

Trauma and Resilience
Professional Development Opportunities

Virginia HEALS is pleased to announce the availability of a Toolkit and free e-Learning courses around trauma and resilience. These professional development opportunities are for **both front-line service providers and management/leadership** in child, youth, and family-serving agencies, including education, juvenile justice, behavioral health, criminal justice, child welfare, healthcare, and advocacy. They are centered around becoming a more trauma-informed and healing-centered provider, agency, or organization.

Each e-Learning course listed below is only 30-40 minutes, and certificates to document participation are available upon completion:

The Community Resource Mapping Facilitation Course provides a step-by-step plan for local Trauma-Informed Community Networks or other cross-systems teams to identify current resources and assets without outside assistance.

The Trauma-Informed Screening Course assists child and youth serving providers in integrating an understanding of trauma into their daily practice and provides guidance as to the importance of integrating screening for trauma into their work with children and families

The Screening for Experiences and Strengths (SEAS) Course prepares front-line service providers on accessing and administering a brief screening tool to identify trauma and victimization experiences and symptoms in children, youth, and transitioning young adults.

The Referral and Response Protocol Course provides guidance to leadership and front-line service providers on trauma-informed, best practices for effectively linking children, youth, and families to needed services and support.

The Family Engagement Course offers direction on how to meaningfully engage family members in decision-making processes around the content and direction of services, interventions, and/or referrals.

Feel free to contact Chide Jenkins (chidimma.jenkins@governor.virginia.gov) with your feedback or questions. If you have any questions about the e-Learning courses specifically, please direct them to Laurie Crawford (laurie.crawford@dss.virginia.gov).

Resource Round-Up

Need help to beat stress and manage self-care? Check out the link below for helpful strategies…
https://www.nctsn.org/sites/default/files/resources/fact-sheet/wellbeing-and-wellness.pdf

NCTSN
The National Child
Traumatic Stress Network

Are you new to the world of CSA or need updated information on CSA funding? Guidance is available on the CSA website at
https://www.csa.virginia.gov/Resources/Guidance
under the Funding and Financial Reporting link.

November is National Adoption Month!

All across the country, organizations are bringing attention to the need for adoptive families for foster care youth, specifically teenagers, seeking permanency. This year's theme is "Every Conversation Matters," which highlights the importance of connecting with youth through the practice of conversation. Treating these youth as experts of themselves is key to them becoming involved in planning and making decisions about their life. The Child Welfare Information Gateway has resources to assist in having this conversation and engaging youth.

TRAINING CALENDAR

CLICK HERE TO LEARN ABOUT TRAINING OPPORTUNITIES AVAILABLE AROUND THE STATE!!

Classes
&
Training

Sign up
for free COVID-19 vaccine
& check your pre-registration status.

1. Check the List

2. Sign Up

3. Verify & Update Your Record

Additional vaccine appointments may also be available at pharmacies through VaccineFinder.org.

Happy Holidays

&

Happy New Year

From the OCS Team!

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TA Question of the Quarter

What documents should be sent to the locality where a case is being transferred?

Section 4.2, Paragraph b of the CSA Policy Manual (Payment for Services and Change of Legal Residence) indicates the following:

The former CPMT jurisdiction is responsible for:

- Providing written notification to the new CPMT jurisdiction of the fact that the child/family's residence has changed;
- Forwarding child's/family's Individual Family Service Plan and other FAPT or MDT documents to the new CPMT jurisdiction; and
- Informing service providers of changes in the child/family's residence.

The FAPT or MDT documents may include the current Consent to Exchange Information that grants sharing of information between the former jurisdiction, the new jurisdiction, and the current service providers, current IFSP, current IEP (if applicable), Discharge CANS, list of current services and service providers, recent progress reports and/or assessments, and other supporting documents determined by the former and receiving CPMT jurisdictions.

The former CPMT jurisdiction pays for services until 30 calendar days after the new CPMT receives written notification of the child/family's residence in the new CPMT locality.

Got Questions?

Get answers by using the OCS Technical Assistance Help Desk. OCS staff will receive your questions immediately and will respond quickly, with the goal of same-day responses.

The OCS Technical Assistance Help Desk is found on the CSA website under *Contacts -> Technical Assistance* or by clicking [here](#).

Would you like to be contributor to CSA Today?
If you have information you would like to share with
CSA colleagues around the state, please follow the guidelines for
submission located **HERE...**