



Office of Children's Services
Empowering communities to serve youth

Effective Service Planning

CSA Conference, April 2019

Anna Antell, LCSW

Program Consultant

Office of Children's Services

Session Outline

- Briefly review history of CSA in SOC context
- Overview the service planning requirements of FAPT
- Provide framework for developing service plans
- Utilizing service plans to guide FAPT

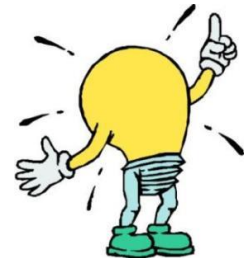


CSA: A Very Short History

- Effective July 1, 1993
- Consolidated funding from seven funding streams and four agencies (DSS, DOE, DBHDS, DJJ) into a single "state pool"
- Established a state supervised, locally administered and operated system
- Created the structures and functions to operate the program (FAPT, CPMT, etc.)

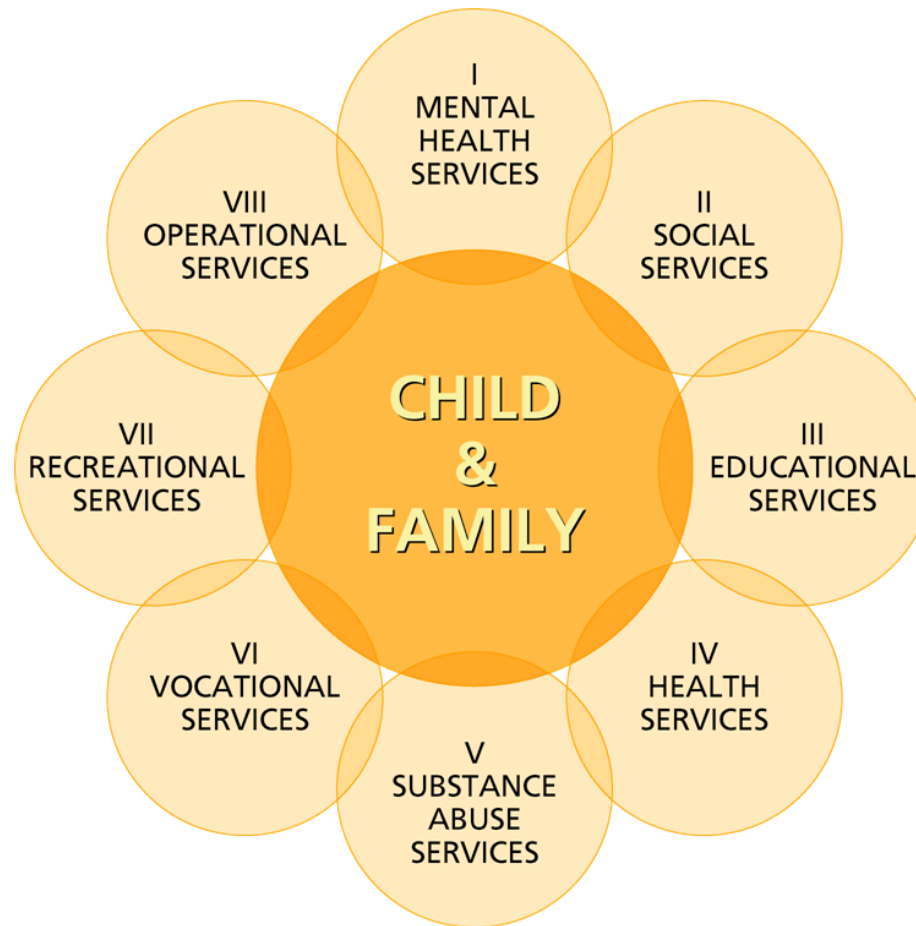
What did the CSA Accomplish?

- Provided a mandate and structure for multi-disciplinary collaboration:
 - Service planning and delivery
- Blended money:
 - Multiple agencies – single appropriation
- Established a common mission:
 - Child-centered, family-focused, and community-based approach



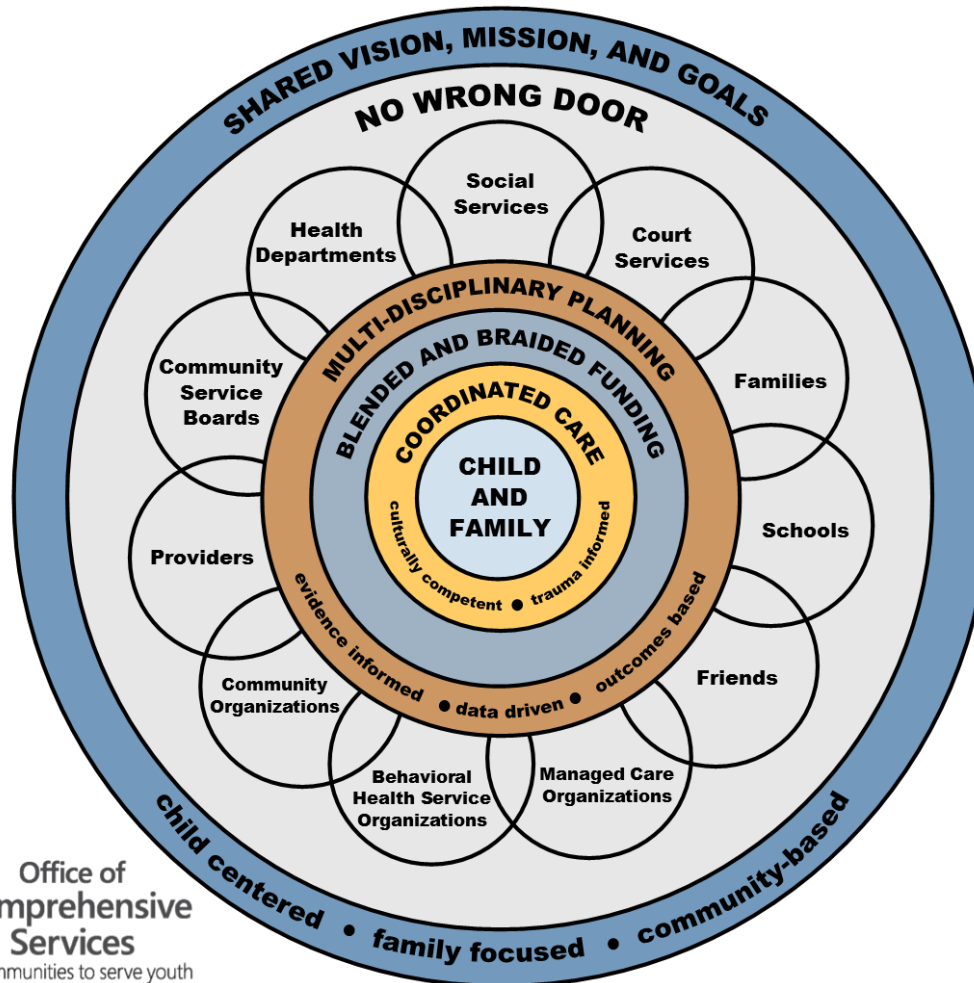
- Purpose of the Act:
 - Preserve families, least restrictive environment, protect child welfare and public safety
 - Early identification and intervention
 - Services responsive to unique and diverse strengths and needs
 - Increase interagency collaboration and family involvement
 - Public / private partnerships
 - Community flexibility in use of funds and decision-making

System of Care



CSA is a System of Care

Virginia's Comprehensive System of Care



Family Driven, Youth Guided



How Do You Partner With Families?



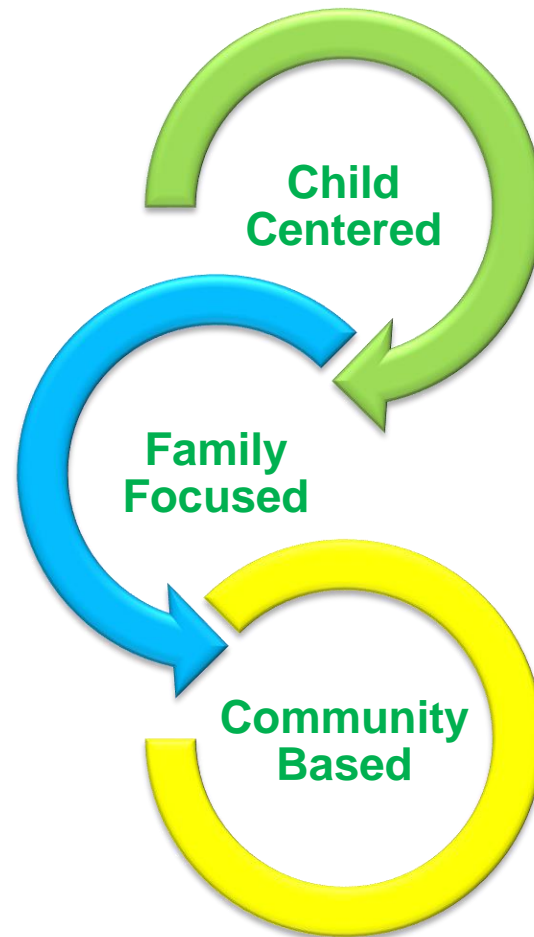
Requirements of FAPT

Code Section 2.2-52080 FAPT Powers and Duties:

"FAPT shall assess the strengths and needs of troubled youths and families who are approved for referrals to the team and identify and determine the complement of services required to meet these unique needs..."

"Develop an Individual Family Services Plan for youths and families reviewed by the team that provides for appropriate and cost-effective services"

Mission of CSA



Service Planning Begins....

"All children and youth, regardless of eligibility criteria, age, or referral source, who receive services funded by the CSA state pool shall be assessed using a mandatory uniform assessment instrument approved by the State Executive Council. (§2.2-2648, §2.2-5209 and the Appropriation Act)..."



Assessment Information...The Foundation

- The CANS should match the clinical, behavioral and social presentation of the youth and family
- Is all assessment information congruent?
- What do the youth and family identify as their needs and strengths?

The strengths identified through the assessment process are used to meet the identified needs of the youth and family



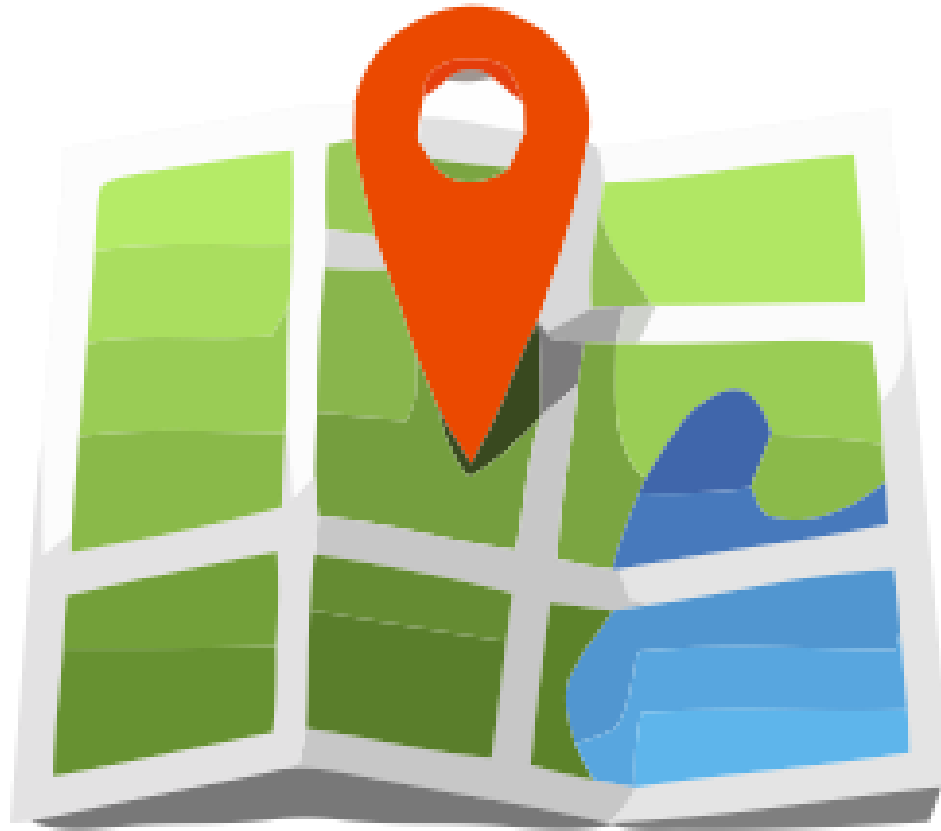
Framework for Service Plan Development



Service Plans as Road Maps



Goals; The Destination



Objectives; The Short Trips



Services; The Fuel



SMART Objectives

S- Simple, Straightforward, Specific

M-Measurable

A- Attainable/Appropriate/Achievable

R-Realistic

T-Time Framed/Time Specific

An Example

John will manage his anxiety by using the coping skill of deep breathing 1 time per day for 6 months as reported by self

Lee will allow her sister to choose the toys and direct play at least 1 time per week as reported by foster parent

Some Tips....

- Use Action Words
- Use Concrete Verbs
- 1 Behavior
- What person will do, not what others will do



Service Plans Should....

- Incorporate all assessment data
- Be strengths-driven
- Have multiple life domains represented
- Convey the complete picture of the youth and family
- Use measurable and individualized long and short term goals
- Include the voice of family and youth is included



Service Planning is Ongoing



Implement the Plan

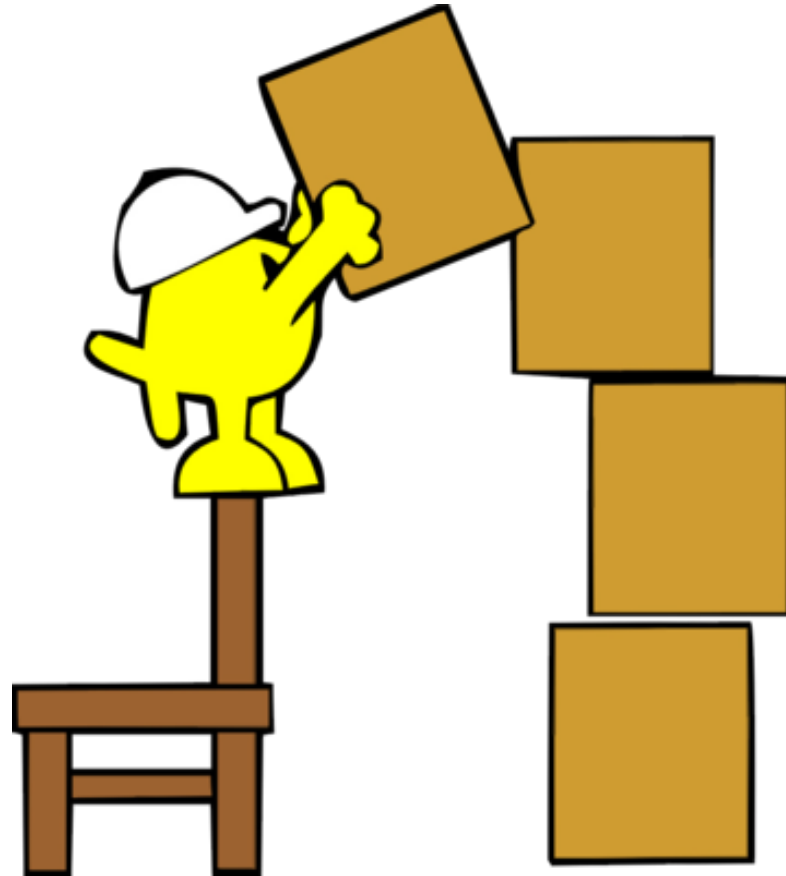


Revisit the Plan



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Revise and Update the Plan



Utilizing Service Plans



Service Planning is Ongoing



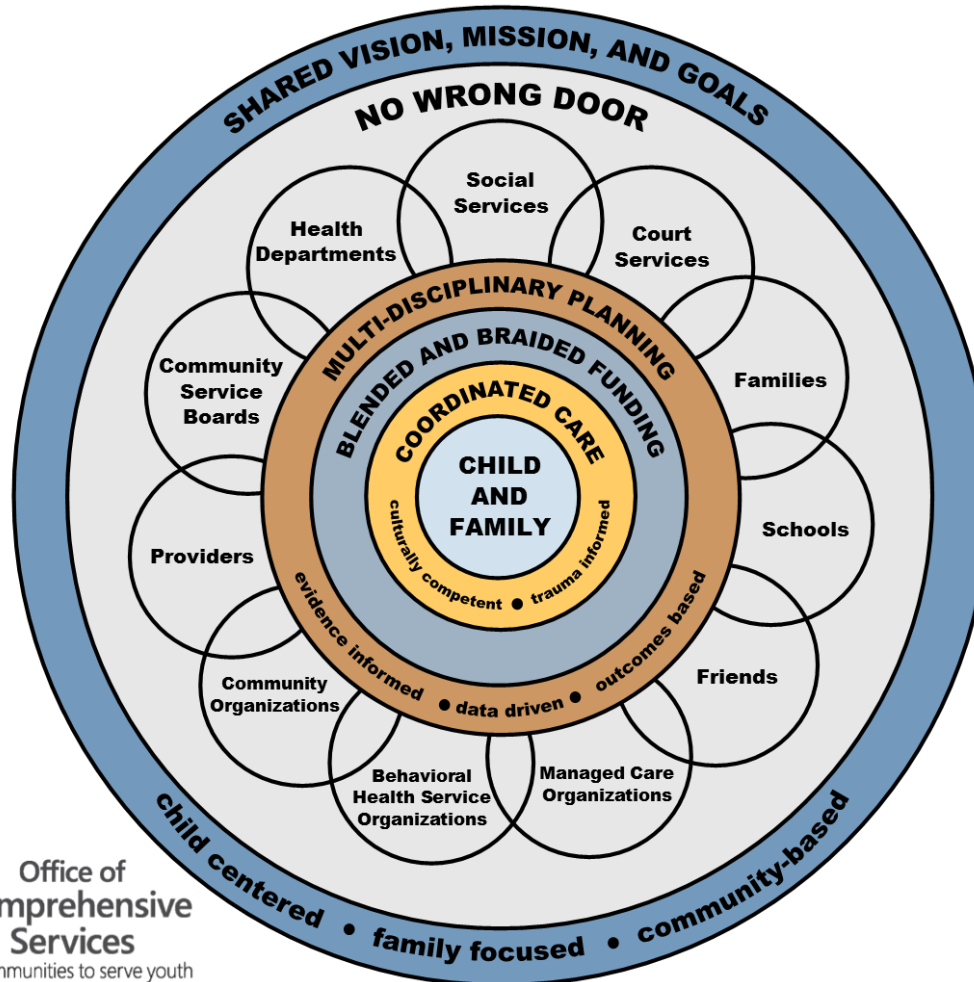
Service Planning...Questions to Consider...

Effective Service Planning is a tool to improve your System of Care...more than quality of and cost of services:

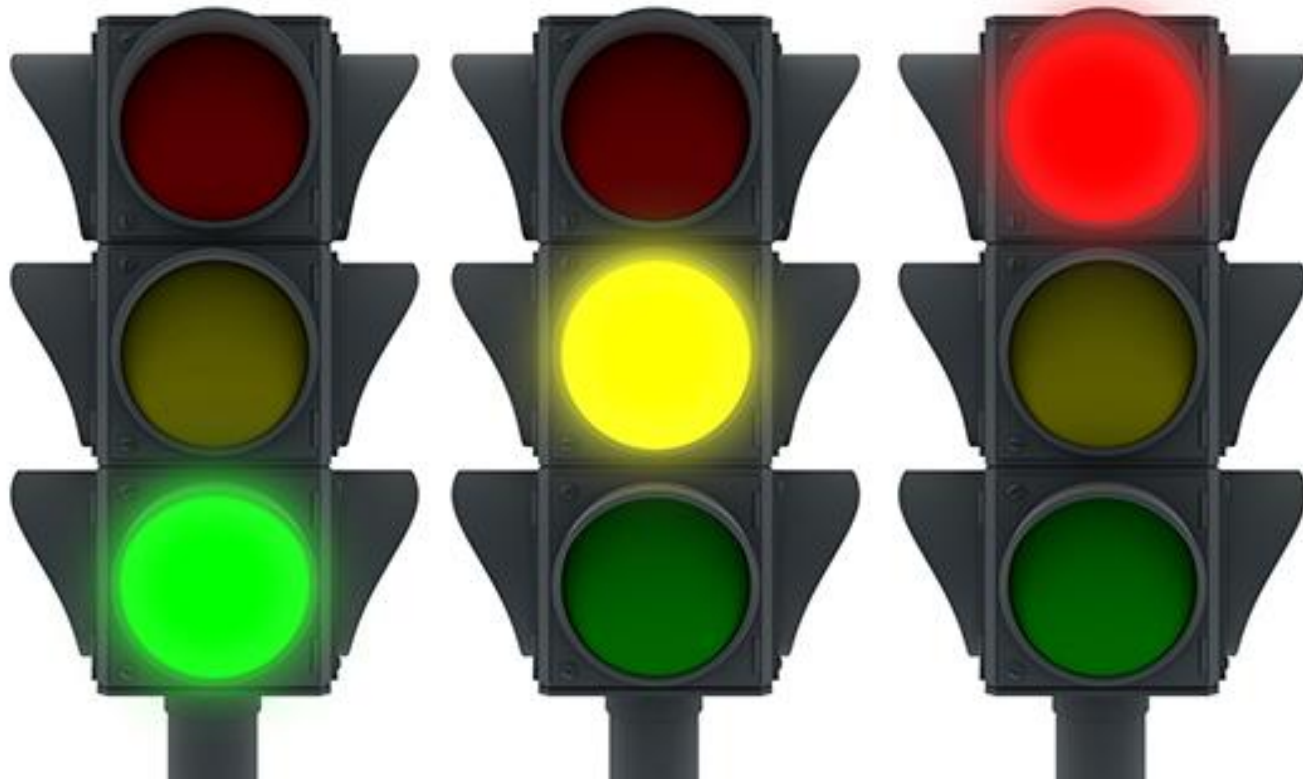
- How is the family/youth voice reflected in service planning?
- Do services build upon strengths to target identified needs?
- How is family/youth satisfaction captured?
- How do the lessons learned improve your service planning/delivery system?

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Virginia's Comprehensive System of Care



Closing Activity



What Questions Do You Have?



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Thank You!!!

Anna.antell@csa.Virginia.gov

(804) 662-9136



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