

# 9TH ANNUAL COMMONWEALTH OF VIRGINIA CSA CONFERENCE

See you in the cloud...



OCTOBER 29-30, 2020



OUTREACH INTERNATIONAL AFFAIRS  
**RICHMOND CENTER**  
VIRGINIA TECH™



**OCS**

Office of Children's Services  
Empowering communities to serve youth



## COMMONWEALTH of VIRGINIA

Scott Reiner, M.S.  
Executive Director

OFFICE OF CHILDREN'S SERVICES  
*Administering the Children's Services Act*

October 29, 2020

Dear Conference Participants,

I doubt many of you would dispute that 2020 has been a year like no other. The COVID-19 pandemic with its disparate impact on people and communities of color, related economic and psychological distress, disruptions to our educational systems, and the unrest surrounding the criminal justice system have all combined in a "perfect storm." While we had originally planned to hold the 9<sup>th</sup> Annual Children's Services Act Conference in Norfolk on these dates, the pandemic has tested our flexibility and resilience in but one more way.

The Office of Children's Services, in fulfilling our strongly felt commitment to supporting the CSA community through high quality training, has pivoted to a modified, virtual event with the clever theme of "See you in the cloud ..." We chose that over the alternative "CSA, Unmasked," although the virtual format will allow you to participate while maintaining proper social distance and without requiring wearing a mask.

The program is a reflection of our times. Our keynote speaker, Dr. Janice Underwood is Governor Northam's and Virginia's Chief Diversity, Equity, and Inclusion Officer and she will address the critical role that equity plays in a fair, just, and ethical system of care for all. The three breakout sessions will feature state, local, and private sector partners in addressing pandemic-related lessons learned and a vision for the future in the critical areas of special education, behavioral health, and child welfare.

While I cannot overestimate the extent to which I, and the entire OCS team, will miss seeing you in person, we are sure you will find this virtual event worthwhile. We are planning and sincerely anticipating that we will be able to gather together next year.

Thank you for joining us "In the cloud . . ." and for your contributions to Virginia's system of care.

With my warm wishes,

A handwritten signature in black ink that reads "Scott Reiner".



# Office of Children's Services

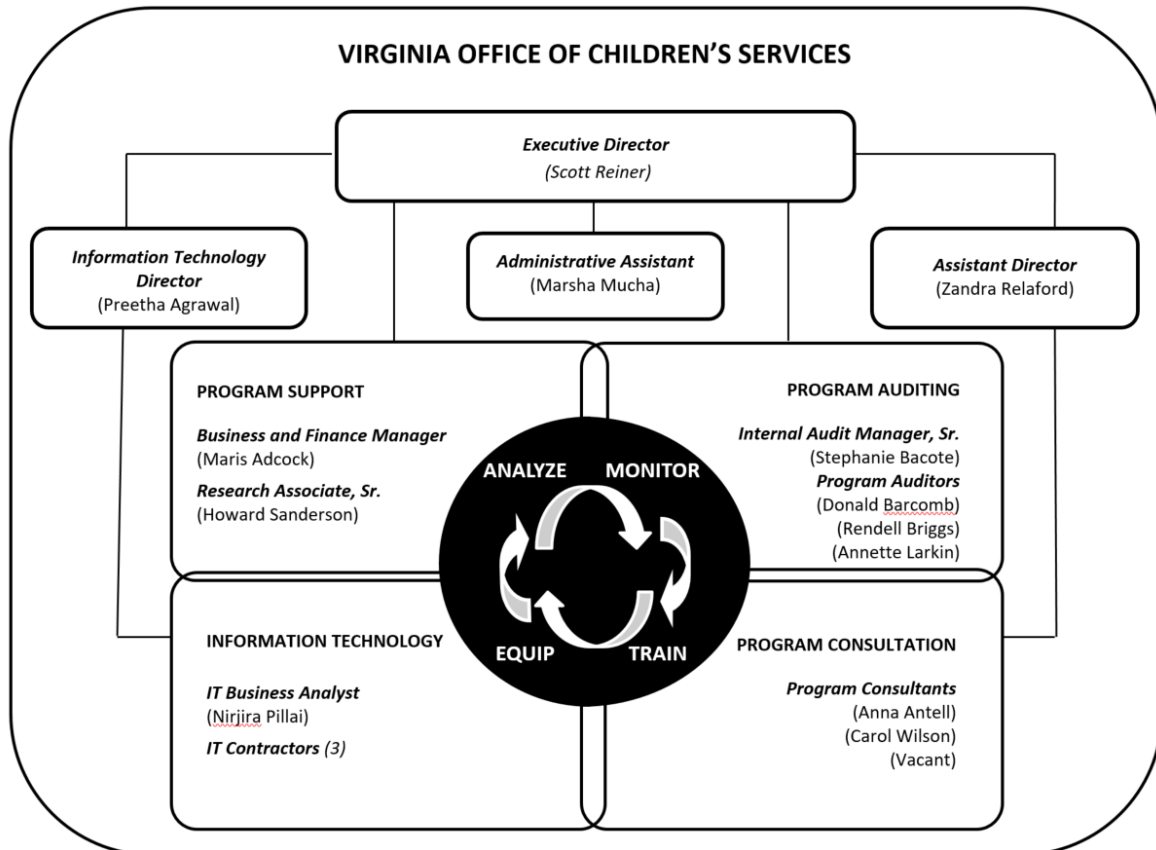
Empowering communities to serve youth

## Vision

*A collaborative, child-centered, family-focused, community-based system of care that effectively meets the needs of youth and their families in the Commonwealth*

## Mission

*Empowering Communities to Serve Youth*



October 2020

**WEB: <http://www.csa.virginia.gov>**

**PHONE: 804-662-9815**

**E-MAIL: [csa.office@csa.virginia.gov](mailto:csa.office@csa.virginia.gov)**

# Conference Supporters

The Office of Children's Services would like to thank the following agencies for their support of the 9th Annual Commonwealth of Virginia CSA Conference.



Please click on a logo to visit the website of one of our CSA Conference supporters!

# Frequently Asked Questions

1. Where can I find the conference agenda?

The conference agenda for Thursday and Friday is on [page 15](#).

2. Where can I find the information about the Thursday (Day 1) speakers and presentations?

Photos and bios for the speakers who are presenting on Thursday can be found starting on [page 16](#). This is also where you will be able to learn a little more about the Session 1 Presentation subject.

3. Where can I find the information about the Friday (Day 2) speakers and presentations?

Photos and bios for the speakers who are presenting on Friday can be found starting on [page 27](#). This is also where you will be able to learn a little more about the Session 2 & 3 Presentation subjects.

4. Where can I go to learn more about the Impact Sponsors for this Conference?

On [page 6](#) you will find an entire page of the Impact Sponsor logos. When you click on any of the logos you will be directed to a short (1-5 minute) video created by that sponsor. On [pages 8-14](#) you will be able to read about each of these sponsors. Please take the time to learn about these supportive providers.

5. Where can I find out which providers are supporting this conference as Community Sponsors?

On [pages 18 & 19](#) you will find two pages of the Community Sponsor logos. When you click on any of the logos you will be directed to the website of that provider. On [pages 20-26](#) you will be able to see advertisements for each of these sponsors. Please take the time to learn about these supportive providers.

6. How do I access Thursday's sessions?

The 9th Annual CSA Conference will be streamed live via YouTube. You can access Thursday's session with this YouTube Link: <https://youtu.be/jyVpuB8iFMQ>

7. How do I access Friday's sessions?

The 9th Annual CSA Conference will be streamed live via YouTube. You can access Friday's session with this YouTube Link: <https://youtu.be/ciHpab8H4Gw>

8. What do I do if I want to be able to ask a question during one of the sessions?

The 9th Annual CSA Conference will be streamed live via YouTube. In order to ask questions you will need to create a YouTube account. If you do not wish to ask questions, you will be able to view the session without creating or logging into a YouTube account. To create an account please visit <https://www.youtube.com/> and click on "SIGN IN" at the top right of the screen where you will follow the prompts. To ask questions during the session use the chat at the bottom of the video screen.

9. Are there any "door prizes" this year?

Door prizes will be awarded at the closing session of each day. You must be present to win!

10. I am having technical problems accessing the session. Who can I contact for assistance?

Zach Coffren, Program Manager, [zcoffren@vt.edu](mailto:zcoffren@vt.edu)

11. Where will next year's 10th Annual Commonwealth of Virginia CSA Conference be held? [See page 31](#).

12. Where can I find more information about the sites Dr Underwood referenced in her presentation?

One Virginia Plan: <https://www.governor.virginia.gov/diversity/one-virginia/>

Office of Diversity, Equity, and Inclusion: <https://www.governor.virginia.gov/diversity/>

13. Will there be an opportunity to visit with sponsors?

Yes. Please see [page 7](#) for more details.

# Impact Sponsors

This alphabetical list of Impact Sponsors is designed for you! When you click on the logo for each sponsor you will be able to view a short video message created by the sponsor to learn about their services and mission.



*Thank you to each of our  
Impact Sponsors!*



**National Counseling Group**  
*An ncgCARE Partner*



**North Spring**  
**Behavioral Healthcare**



# Impact Sponsors

## SPONSOR VISITS IN THE CLOUD

Thursday, October 29, 2020

Breakout Room Visits

12:15 p.m. - 1:00 p.m.

No CSA Conference is complete without a face to face talk with one of our fabulous sponsors. It is a little hard to do at a virtual conference but these breakout room visits will work to fill that gap. The sponsors who have had breakout rooms set up are:

- **United Methodist Family Services**
- **Family Priority**
- **Jackson Field Behavioral Health**
- **The Barry Robinson Center**
- **National Counseling Group**

If you would like to visit one or more of these sponsors, you can join the Breakout Room Visit Session on Thursday, October 29, 2020 at 12:15pm. No pre-registration is required.

<https://virginiatech.zoom.us/j/82879173651?pwd=WTJLQWJrcHcxS3VYZGijazdFS1hPUTo9>

Meeting ID: 828 7917 3651

Passcode: 857030

If you enter the CSA Sponsored Breakout Rooms before 12:15 PM, you will be placed in a waiting room. All attendees will be admitted at 12:15 PM

You can select which Sponsor Room(s) you would like to join. Click [here](#) for instructions on participating in the sponsored breakout rooms. You need to be on Zoom 5.3.0 or later to self-select Breakout Rooms. Click [here](#) to upgrade / update to the latest version .

*All of our Impact Sponsors are featured on the next seven pages. Click on their ad and watch a short video they have prepared to share their mission with you.*

# Impact Sponsor

## QUICK BRIEF

In 2012, The Barry Robinson Center (BRC) became a TRICARE approved residential treatment center. Since then, BRC intentionally focused and designed its program to serve youth from military families. BRC is the nation's first residential treatment center committed to serving military families.



### KEY POINTS

- Non-profit behavioral health system 501 (c)(3)
- Working solely with military families
- Average length of stay, 5-6 months
- Serving children and teens ages 6-17



Honored to be a TRICARE approved facility.

### SERVICES INCLUDE

- Medication assessment and management
- Psychological testing
- Individual, group and family therapy
- Therapeutic classroom
- Recreation therapy
- Music therapy
- Play therapy
- Art therapy
- Equine program

### TREATMENT FOCUS

- Trauma
- ADHD
- Attachment
- Depression
- Anger
- Aggression
- Poor school performance
- Self-destructive behaviors
- Dual diagnosis for substance use

### PROGRAM HIGHLIGHTS

- Serving youth since 1933
- 32-acre college-like campus
- Two staff psychiatrists and 24/7 nursing care
- Facilities include dormitories, gymnasium, cafeteria and clinic
- Accredited, licensed school with small class sizes
- Activities include Scout troop, choir and guitar ensemble
- Spiritual counselor and voluntary religious activities
- Registered dietitian
- Community outings
- Volunteer service opportunities





# Impact Sponsor



*Making a difference in the life of a child.*

*We believe that children can accomplish unimaginable goals in all areas of their lives when provided with the right treatment and support.*

*Intensive In Home  
Family Support Services*

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Mentoring  
School Refusal Program*

*Functional Family Therapy  
Applied Behavioral Analysis*

Fairfax, VA 22030  
703.537.0300 Phone

Richmond, VA 23236  
804.912.1340 Phone

Williamsburg, VA 23188  
757.645.3860 Phone

[www.familypriority.net](http://www.familypriority.net)

## Family Priority Staff

[annestockbridge@familypriority.net](mailto:annestockbridge@familypriority.net)

[christineclark@familypriority.net](mailto:christineclark@familypriority.net)

[christiehennigan@familypriority.net](mailto:christiehennigan@familypriority.net)

[kaciaputman@familypriority.net](mailto:kaciaputman@familypriority.net)

# Impact Sponsor



*Over 60 years serving infants, children, adolescents, and adults with autism, intellectual & developmental disabilities, and complex mental health challenges*

[www.Grafton.org](http://www.Grafton.org)

# Impact Sponsor



Jackson-Feild

*Behavioral Health Services*

**Psychiatric Residential Treatment Facility**

*Healing Children and Families Since 1855*



**Trauma Treatment Effectively Changing Lives**

*Neurotherapy*

*Dialectical Behavior Therapy*

*Trauma Informed Cognitive Behavioral Therapy*

*Systems Training for Emotional Predictability and Problem Solving*

*Eye Movement Desensitization and Reprocessing (EMDR)*

**(434) 634-3217**

**[www.jacksonfeild.org](http://www.jacksonfeild.org)**

# Impact Sponsor



**National Counseling Group**

An ncgCARB Partner

**Providing  
Evidence-based  
Programs Statewide**

**FFT • MST • PCIT**

- *Intensive In-home*
- *Mobile Crisis Stabilization*
  - *Home-Based Services*
  - *Adult Support Services*
    - *Life Skills*
- *Therapeutic Day Treatment*
- *Parent Partnership Services*
- *Outpatient Mental Health & Substance Abuse*

**A special thanks to  
all of you for your  
dedication during  
this trying time.  
Stay Safe Virginia!**

**Virginia's provider  
of choice  
since 1993**



**877-566-9624**

**[NCGcommunity.com](http://NCGcommunity.com)**

# Impact Sponsor

## WE HAVE THE LEVEL OF TREATMENT TO MEET CHILDREN AND TEEN'S NEEDS

### CHILDREN AND FAMILIES ARE THE CENTER OF EVERYTHING WE DO

North Spring Behavioral Healthcare provides behavioral health services for ages 7 to 17, including Residential Treatment, Acute Inpatient, Partial Hospitalization and Intensive Outpatient programming for children and adolescents.

If your child or patient needs mental health services, we offer a full continuum of care. Whether a structured residential program is appropriate or supportive outpatient services are needed following an inpatient stay, North Spring specializes in youth psychiatric services.

#### Flexible Services for Families and Providers

Mental Health assessments are available 24/7 to identify the best treatment option to meet the needs of children and teens. Virtual capabilities are available for all our programs, keeping families connected and providing convenience and safety no matter where they are. Our outpatient services are offered via HIPAA-compliant telehealth as well as on-site, so that patients may receive services via the most appropriate platform for their needs. Our outpatient programs offer flexible hours 7 days a week, pick-up/drop-off options, and extended after care services. Medicaid and most insurance plans accepted. Tricare Certified.



To take the next step and learn more about our programs or set up a confidential, no-cost assessment, call 703-554-6300 today or visit [northspringleesburg.com](http://northspringleesburg.com).



#### 1 Residential Treatment

We offer short- and long-term psychiatric residential treatment services for children and adolescents between the ages of 9 and 17. We provide gender-specific, structured care in a nurturing environment. Our programs can address sexualized behaviors and emotional, behavioral and psychiatric disorders.

#### 2 Inpatient Treatment

North Spring Behavioral Healthcare's Acute Inpatient services can help patients develop the skills needed to return to their families and communities better able to function and cope with life's stressors. We offer around-the-clock care to help ensure a successful stabilization. A multidisciplinary team treats patients in a highly structured environment.

#### 3 Partial Hospitalization (Full-day program)

Cognitive and coping skills related to anger management and pro-social skills are taught in this program. Program features include a trauma-informed, structured environment with mental health and substance use tracks. We provide biopsychosocial and psychiatric evaluations, group, individual and family therapy, and use an ASAM-based medical model to promote stability.

#### 4 Intensive Outpatient (Half-day program)

This program is designed to bridge the gap between inpatient and traditional outpatient therapy. Patients can address mental health or substance use/addiction issues during structured treatment sessions. Program features include assessment, treatment planning and group therapy.



42009 Victory Lane | Leesburg, VA 20176  
703-554-6300 | [northspringleesburg.com](http://northspringleesburg.com)

Find us on 



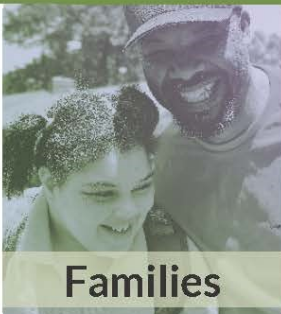
Linked 

Physicians are on the medical staff of North Spring Behavioral Healthcare, but, with limited exceptions, are independent practitioners who are not employees or agents of North Spring Behavioral Healthcare. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 203277-4636 8/20

# Impact Sponsor

Providing *unwavering support* for children and families since 1900.

## Who we *serve*



Families



Children



Communities



Students

## What we *do*

### Find



- Treatment Foster Care
- Family Finding & Adoption
- Kinship Care

### Build



- Intensive Care Coordination
- Functional Family Therapy
- Independent Living Services

### Heal



- Residential Treatment
- Specialized Therapies
- Adoptive Family Preservation

### Guide



- Specialized Education
- Vocational Services
- Family Support
- System Advocacy

Visit [UMFS.org](http://UMFS.org) or call 855.367.8637 to learn more.

120 YEARS CUMFS

# 9th Annual Commonwealth of Virginia CSA Conference

October 29-30, 2020

## Thursday, October 29, 2020

Click on a blue hyperlink to see more information about the session and the speakers!

- 8:45 am - 9:00 am [Welcoming Remarks](#)  
Scott Reiner, Executive Director, Office of Children's Services  
Hon. Daniel Carey, M.D., Secretary of Health and Human Resources
- 9:00 am - 9:45 am [Keynote Speaker: Dr. Janice Underwood](#)  
Chief Diversity, Equity, and Inclusion Officer for Governor Ralph Northam
- 9:45 am - 10:00 am Q&A with Dr. Underwood  
Moderated by Zandra Relaford, Assistant Director, Office of Children's Services
- 10:00 am - 10:15 am Break
- 10:15 am - 11:45 am [Session 1 Special Education](#)  
*Angie Neely, M.Ed., Executive Director of Special Education, Culpeper County Schools and Wade Puryear, M.Ed., M.S., L.P.C. Vice President of Education, Charterhouse School, United Methodist Family Services*
- 11:45 am - 12:00 pm Session 1 Q&A
- 12:00 pm Closing Remarks, Day 1 Giveaways (You must be present to win!) & Adjourn
- 12:15 pm - 1:00 pm [Impact Sponsor visits](#) - Giveaways

## Friday, October 30, 2020

- 8:55 am - 9:00 am Welcoming Remarks  
Zandra Relaford, Assistant Director, Office of Children's Services
- 9:00 am - 10:30 am [Session 2 Child Welfare](#)  
*Kristin Zagar, M.S.W., Director, Division of Family Services, Virginia Department of Social Services, Amy Rice, Director, Henry-Martinsville Department of Social Services and Bethany Imbody, Capacity Building Program Manager, Division of Family Services, Virginia Department of Social Services*
- 10:30 am - 10:45 am Session 2 Q&A
- 10:45 am - 11:00 am Break
- 11:00 am - 12:30 pm [Session 3 Behavioral Health](#)  
*Alyssa Ward, Ph.D. L.C.P., Behavioral Health Clinical Director, Virginia Department of Medical Assistance Services, Natalie Elliott, M.S.W., Senior Director of Program Development, Intercept Health and Stephan Stark, Vice President of Community Relations, ncgCare*
- 12:30 pm - 12:45 pm Session 3 Q&A
- 12:45 pm Closing Remarks, Day 2 Giveaways (2 FREE 2021 Conference Registrations— Must be present to win), and Adjourn

# 9th Annual Commonwealth of Virginia CSA Conference

**October 29-30, 2020**

**Thursday, October 29, 2020**

**Welcoming Remarks: Hon. Daniel Carey, M.D.,MHCM**

**Secretary of Health & Human Resources**



**Daniel Carey, M.D., MHCM**, was appointed Secretary of Health and Human Resources by Governor Ralph Northam in January 2018. Prior to his appointment, Dr. Carey worked for over 20 years as a cardiologist in Lynchburg and served as Senior Vice President and Chief Medical Officer of Centra, where his responsibilities included information technology services, patient quality and safety efforts, performance improvement initiatives, and functions of the medical staff at Centra's 3 acute care facilities. Dr. Carey received his M.D. degree from Harvard Medical School, and his Master of Health Care Management degree from the Harvard T.H. Chan School of Public Health.

**Conference Keynote Speaker: Janice Underwood, Ph.D**

**Chief Diversity, Equity, and Inclusion Officer**

Dr. Janice Underwood, who strongly believes in servant leadership and culturally relevant reform, was appointed by Governor Ralph Northam as the Commonwealth of Virginia's first cabinet-level Chief Diversity Officer (CDO). This position is also the first of its kind in the nation. As the Commonwealth's CDO, she is committed to addressing racial, ethnic, disability, gender-based, and other cultural inequities in formal and informal policies and practices in Virginia state government. As a result, Dr. Underwood is working tirelessly to build the *ONE Virginia* statewide strategic plan for Inclusive Excellence across over 100 state agencies and with other public and private sectors. In her short tenure, she has been named one of "20 Women of Change" in 2020 by the Virginia Museum of History and Culture for the accomplishments and impact she has already had on the Commonwealth. Her goal is to make Virginia an exemplar for the nation, regarding diversity, equity, and inclusive excellence.



Prior to her appointment, Dr. Underwood served as Old Dominion University's Director of Diversity Initiatives and as the chair of the President's Task Force on Inclusive Excellence. She previously served as the Executive Director and Co-Principal Investigator for the Old Dominion University Teacher in Residence master's program. Dr. Underwood also served for a number of years as a national board certified teacher for students with exceptionalities in Hampton City Schools. During her time as a classroom teacher, she served for two terms on the Virginia Advisory Board for Teacher Education and Licensure (ABTEL). As a national expert in the cultural contexts of public education, change management and leadership, and professional development/training, Dr. Underwood works to make the public and private sectors more culturally relevant. In doing so, she prepares professionals from a myriad of fields to meet the demands of working in diverse environments and address difficult truths, such as the school to prison pipeline, the lack of diversity in the workforce, and systemic and institutional bias.

She earned her Bachelor's (1998) and Master's (2002) degrees from Hampton University in Psychology and Behavior/Learning Disorders. In 2015, she earned her Ph.D. in Curriculum and Instruction from Old Dominion University, where her research focused on culturally relevant pedagogy. She is happily married to Min. Johnnie Underwood and together they have two daughters, Jayla and Jordan.



# 9th Annual Commonwealth of Virginia CSA Conference

Thursday, October 29, 2020

Thursday, October 29, 2020

Session 1

10:15 a.m. - 12:00 p.m.

## Special Education in the Pandemic: Challenges, Innovations, and Lessons Learned

*Angela Neely, M.Ed., Executive Director of Special Education, Culpeper County Schools and Wade Puryear, M.Ed., M.S., L.P.C. Vice President of Education, Charterhouse Schools, UMFS*

This session will provide an overview of how both public and private schools have navigated instruction, behavior intervention, family engagement, & health mitigation throughout the pandemic. This will include how public and private entities have collaborated for the benefit of children and families and how some of the challenges faced have blazed a pathway for future innovations. Specific examples will be shared and participants will have the opportunity for group discussions and Q&A.



Angela Neely is in her 17th year as the Executive Director of Special Education for Culpeper County Public Schools. Prior to that, she served in administrative and teaching positions in Spotsylvania County Public Schools and began her special education teaching career in Fairfax County Public Schools 32 years ago. Ms. Neely holds a Bachelor's degree in Psychology from Eastern Mennonite University, a Master's degree in Special Education from The George Washington University, and a Post-Master's Certificate in Educational Leadership from Virginia Commonwealth University. She is the Past-President of the Virginia Council of Administrators of Special Education (VCASE). Ms. Neely enjoys spending time with her husband, grown daughters, and goldendoodle named Riley.

As Vice President of Education for UMFS Charterhouse School, Wade Puryear ensures that students with special needs have access to vocational training and other life skills that will help them become productive and contributing members of their communities. Since 2001, Wade has served in a variety of leadership positions in the private day school and residential school sector.

Wade earned a master's degree in special education from Old Dominion University, a master's degree in rehabilitation counseling from Virginia Commonwealth University, a post-graduate degree in educational leadership from Virginia Commonwealth University and a post-graduate degree in professional counseling from Virginia Commonwealth University. He holds a Virginia postgraduate professional teaching license with endorsements in administration and supervision, English, ED, K-12, and specific learning disabilities K-12 and the credential of Licensed Professional Counselor in Virginia. Wade also serves as an adjunct instructor in the Department of Rehabilitation Counseling at VCU. He supports and directs all Charterhouse School programs at both Charterhouse School locations in Richmond and Edinburg.



# Community Sponsors

On this page you will find an alphabetical list of our Community Sponsors. When you click on the logo for each sponsor you will be directed to the sponsor's website so you can learn more about their programs and services.



*Click a logo to learn more about  
our Community Sponsors!*



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*Click a logo to learn more about  
our Community Sponsors!*



# Community Sponsor



**Childhelp**  
Founded in 1959 by Sara O'Meara and Yvonne Feddersen  
 PREVENTION and TREATMENT of CHILD ABUSE

Equine Assisted Therapy  
 Animal Assisted Therapy  
 Music Therapy  
 Family Engagement  
 Play Therapy



**ASSESSMENT**  
 Psychiatric Evaluation  
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 Educational Assessment  
 Recreational Assessment  
 Nutritional Assessment  
 Psychological,  
 Psychosocial and Neuropsychological  
 Testing



**The Alice C. Tyler Village of  
 Childhelp**  
 Culpeper County, Virginia  
 540-399-1926

**EXCLUSIONARY CRITERIA**  
 Require 24-hour assisted medical care  
 Actively suicidal or homicidal  
 Active sexual perpetrators

**PSYCHIATRY/MEDICAL**  
 Full-time, on-site Board Certified or Eligible Child  
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**EDUCATION**  
 Licensed Private Day School  
 Multi-modal approach using individualized  
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 Certified in Special Education  
 Grades K-8

**DOCUMENTS REQUESTED FOR ADMISSION  
 DECISION**  
 Psychological Evaluation including full-scale IQ  
 Psychiatric Evaluation (as applicable)  
 Current IEP or Current Education Information  
 Current Behaviors and Medications  
 History of Medications  
 Other documentation as required by DMAS or  
 Insurance Company's (IACCT documentation)


**THERAPY**  
 Individual Therapy  
 Family Therapy  
 Group Therapy  
 Art Therapy  
 Daily Milieu Therapy  
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 Trauma Focused Therapy and Intervention  
 Evidenced-based Treatment Interventions

**INTERDISCIPLINARY TREATMENT TEAM**  
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 Registered Nurse  
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 Art Therapist  
 Special Education Certified Teachers  
 Occupational Therapist and COTA  
 Speech Language Therapist  
 Registered Dietitian  
 Certified Therapeutic Recreational Specialist  
 Music Therapist  
 Equine Therapist Certified in Eagala  
 Chaplain









# Community Sponsor



Commonwealth Catholic Charities  
 We The Power of Hope Every Day™

CHANGE THE WORLD  
 FOR A CHILD WHO NEEDS YOU.  
 BE A FOSTER PARENT.

Learn more today.  
[www.cccofva.org](http://www.cccofva.org)

# Community Sponsor



Cumberland Hospital is a specialty hospital for children and adolescents ages 2 – 22, treating medical and behavioral health needs in tandem.

CHRONIC ILLNESS

NEUROBEHAVIORAL CONDITIONS

BRAIN INJURIES

800.368.3472 | [noreine.filipkowski@uhsinc.com](mailto:noreine.filipkowski@uhsinc.com)  
[www.cumberlandhospital.com](http://www.cumberlandhospital.com)

# Community Sponsor

**embrace**  
treatment foster care



An *n*cg**CARE** Partner

**Building our future, Together!**

**877-900-5874** **[embraceTFC.com](http://embraceTFC.com)**

# Community Sponsor



Minnick Schools • Counseling  
Treatment Foster Care  
Supports for People with Disabilities

[enCircleAll.org](http://enCircleAll.org)

*formerly Lutheran Family Services of Virginia*

# Community Sponsor

## Foster Care Services in Virginia

Our trained therapeutic foster parents offer a nurturing home to help children develop life skills, improve socialization skills, succeed in school and develop a positive self-image.

**We are able to take emergency placements and referrals 24/7.**

Four locations to serve you:

- Tidewater:** 757.393.7200 | [FHCTidewaterTFC@uhsinc.com](mailto:FHCTidewaterTFC@uhsinc.com)
- Richmond:** 804.358.8737 | [FHCRichmondTFC@uhsinc.com](mailto:FHCRichmondTFC@uhsinc.com)
- Roanoke:** 540.265.2380 | [FHCRoanokeTFC@uhsinc.com](mailto:FHCRoanokeTFC@uhsinc.com)
- Alexandria:** 703.914.0182 | [FHCNoVATFC@uhsinc.com](mailto:FHCNoVATFC@uhsinc.com)



Physicians are on the medical staff of First Home Care, but, with limited exceptions, are independent practitioners who are not employees or agents of First Home Care. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 204283-6425 10/20

## Community Sponsor



### Hallmark Youthcare Richmond, VA

Admissions@hallmarksystems.com  
www.hallmarkyouthcare.org

- The Sanctuary Model® - Evidence-based
- Joint Commission Accredited
- VAISEF Member
- Ages 11-17
- Assessment & Diagnostic
- Males with sexual acting out behaviors
- General Psychiatric Disorder
- Substance Abuse
- Victims of Sex Trafficking

## Community Sponsor

### New Hope Treatment Centers, Inc. Virginia Medicaid Provider



New Hope is a family owned and operated Psychiatric Residential Treatment Facility, with seven distinct programs for males and females ages 12 to 21, our facility can meet most needs for this age group. Our trauma-informed environment of care utilizes a variety of evidence-based therapeutic approaches to include: Trauma Focused Cognitive Behavioral Therapy, Dialectical Behavioral Therapy and the Good Lives Model. We have been Joint Commission Accredited since 1998 and proudly provide a year-round accredited school for our residents.

[www.newhopetreatment.com](http://www.newhopetreatment.com)

800.776.6482

[nrs@newhopetreatment.com](mailto:nrs@newhopetreatment.com)

# Community Sponsor



Serving Children, Adolescents and Families Statewide  
Providing Acute Inpatient and Residential Treatment Services

Licensed by the Virginia Department of Behavioral Health and Developmental Services  
and the Virginia Department of Education. Accredited by The Joint Commission and VAISEF.

17579 Warwick Boulevard  
Newport News, VA 23603  
757-888-0400 or 800-697-0999  
[www.newportnewsbhc.com](http://www.newportnewsbhc.com)

# Community Sponsor

## One Step Can Change a Life

Braley & Thompson has provided foster care services in Virginia since 1979. We offer exceptional community-based treatment programming to serve the needs of children and families throughout Virginia.

Our services include:

- Therapeutic and non-therapeutic foster care
- Short-term foster care
- Foster family training and resources
- Parenting classes
- Agency support and referrals
- Independent living services
- Counseling (outpatient)
- Mental health support services
- Life skills training
- Therapeutic mentoring programs
- Therapeutic supervised visitation services
- Life skills coaching and home monitoring

### Interested in Becoming a Foster Parent?

When you make the important decision to become a foster parent, you are helping the community, as well as, making a significant positive impact on the personal, emotional, and physical health of a child in need. If you are considering becoming a foster parent, Braley & Thompson provides comprehensive training and resources to support you 24 hours 7 days a week.

Through our support of foster families, we take great efforts to provide continuity of care for all of the youth in our program. We believe in the importance of providing relevant information and training for our foster parents and staff to provide the type of quality care that our foster care youth deserve.

### Why Choose Braley & Thompson for Foster Care?

- Paid respite
- Evidence-based pre-service training
- Incentives for referring other parents
- Behavior modification system paid out to youth
- Recreation monies reimbursed to parents
- Monthly newsletters
- Ongoing training opportunities





## Community Sponsor



Residential Treatment for Males and Females 11-17

Medicare, Tricare, and private insurance accepted

434-676-1378

We truly practice trauma informed care through evidence-based therapy including EMDR. We provide life skills training through horticulture, culinary arts programs, leadership training with our youth advisory council and supervised industrial arts projects and repairs. We offer equine therapy and yoga.

## Community Sponsor



# TIMBER RIDGE SCHOOL

## Community Sponsor



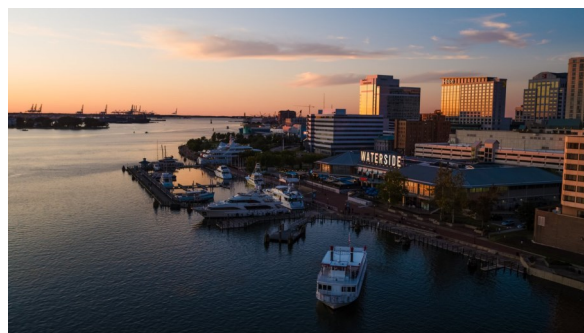
The 10th CSA Conference is scheduled October 28-29, 2021 - Norfolk, VA

Meet safely in Norfolk!

When you plan a meeting in Norfolk, you can plan on it being a safe one. From open-air venue options with plenty of room for social distancing to our walkable waterfront downtown helping to reduce your attendees' transportation needs, our sales team is masked up, coached up, and pumped up to make your Norfolk meeting the safest, and best one yet.

*Click to check out Norfolk!*

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**Norfolk**



## Friday, October 30, 2020

Friday, October 30, 2020 |

Session 2 |

9:00 a.m. - 10:45 a.m.

### Social Services' Response to COVID-19:

#### Connecting, Communicating, Collaborating in a Virtual World

*Kristin Zagar, M.S.W., Director, Division of Family Services, Virginia Department of Social Services, Amy Rice, Director, Henry-Martinsville Department of Social Services and Bethany Imbody, Capacity Building Program Manager, Division of Family Services, Virginia Department of Social Services*

Like all organizations that have had to adjust and change within the new environment brought on by the COVID-19 pandemic, the Virginia Department of Social Services (VDSS) Division of Family Services and local departments of social services (LDSS) across Virginia needed to respond in new and innovative ways to continue to ensure safety and well-being for the children and families we serve. Through the lens of communication, collaboration and connectedness, this session will:

- Focus on the ways in which we used data, community and agency partnerships, and leveraged the unique roles that state and local child welfare agencies fulfil to address gaps and concerns;
- Identify innovations borne of necessity that may now positively impact aspects of our work going forward; and,
- Foster discussion around how to think about our work going forward and how we can continue and improve our partnerships with service providers to be successful in providing safety, permanency and well-being for the children and families in Virginia.

Highlights will include takeaways from our collective experiences in transitioning a workforce from physical to virtual environments; using technology to create efficiencies and better connectedness; and, supporting our families and our workforce in the new environment.



**Kristin Zagar**, LCSW is the Director of the Division of Family Services at the Virginia Department of Family Services. Kristin is a seasoned child welfare professional with experience in providing direct clinical child welfare practice and organizational capacity building. Kristin began her career in Fairfax, Virginia as a child welfare social worker and supervisor working in foster care, CPS sexual abuse unit, quality assurance, and mental health.

Kristin's professional career includes working at Casey Family Programs where she provided technical assistance in systems improvement, change management, strategic planning and evidenced based practice implementation with county, state, and federal government sectors. As a Federal consultant for the Department of Health and Human Services, Administration for Children and Families, Children's Bureau, Kristin led projects that focused on bringing innovative practices and research to the field via the National Conference on Child Abuse and Neglect and the Child Welfare Capacity Building Collaborative, the Center for States.

# 9th Annual Commonwealth of Virginia CSA Conference

October 29-30, 2020

## Friday, October 30, 2020 Cont...

Friday, October 30, 2020 | Session 2 | 9:00 a.m. - 10:45 a.m. Cont...



**Amy Rice** is the Director of Henry-Martinsville Department of Social Services, an agency that strives to uplift individuals and families by providing the basic needs required to empower themselves forward to reach their full potential.

Before arriving in Henry-Martinsville, Amy held various Human Services positions to include Assistant Director Campbell County Department of Social Services, 22<sup>nd</sup> District Court Services Supervisor Department of Juvenile Justice, Children's Services Act Coordinator Pittsylvania County and Danville, and Child Protective Services Family Services Specialist Pittsylvania County.

Amy is a graduate of Randolph-Macon Woman's College with a Bachelor of Arts Sociology/Anthropology with minors in Human Services and History. She is the mother to two beautiful adult daughters, and lives with her husband, Roger, and four dogs in Halifax County, VA.

**Bethany Imbody** has been with the Virginia Department of Social Services since 2016, currently in a role as Capacity Building Program Manager with the Division of Family Services. Bethany has worked in child welfare as a foster care social worker, mental health service provider, with a variety of non-profit organizations dedicated to addressing homelessness and housing affordability, and now in a macro setting with VDSS.



Friday, October 30, 2020 | Session 3 | 11:00 a.m. - 12:45 p.m.

### A Light in the Dark: Service Delivery in the Era of COVID-19

*Alyssa Ward, Ph.D. L.C.P., Behavioral Health Director, Virginia Department of Medical Assistance Services, Natalie Elliott, M.S.W., Senior Director of Program Development, Intercept Health and Stephan Stark, Vice President of Development, ncgCare*

How has Covid-19 impacted the delivery of behavioral health services to children, youth, and families? Join us in a roundtable discussion where we address the bad, the ugly, and the great with respect to this unprecedented time in human services and modern America. We will engage in a candid discussion about the impact of the pandemic on service recipients as well as the service system as a whole. By examining the data and anecdotal evidence we will explore not only the past and present impact but the continuing needs and opportunities the pandemic presents so that when normalcy returns, and it will, we will be better able to help those who are suffering. Keep going Virginia! The light is around the corner.

# 9th Annual Commonwealth of Virginia CSA Conference

October 29-30, 2020

## Friday, October 30, 2020 Cont...

Friday, October 30, 2020 |

Session 3 |

11:00 a.m. - 12:45 p.m.

Cont...



**Alyssa Ward**, Ph.D., LCP, Behavioral Health Clinical Director at the Department of Medical Assistance Services, serves as the agency lead for the behavioral health enhancement proposal. Dr. Ward is a Licensed Clinical Psychologist with experiences as a clinician, supervisor, trainer, administrator and implementation researcher in the areas of evidence-based practice (EBP) and trauma-informed care in community settings. Dr. Ward received her Ph.D. from Virginia Commonwealth University (VCU), completed her residency at University of North Carolina Chapel Hill and fellowships at both The University of Hawaii and the University of California Los Angeles. Most recently, Dr. Ward was an Assistant Professor of Pediatrics at VCU and she continues to be affiliate faculty and maintain one afternoon of clinical practice at the Children's Hospital of Richmond serving youth with complex medical and psychological challenges. Dr. Ward has a deep appreciation for the power of teamwork and cross-agency alignment in the work for system change, and holds a strong value around driving racial equity in behavioral health systems through policy and practice reform. She is looking forward to continued development of relationships with stakeholders by listening, learning and sharing experience and ideas to improve behavioral health care access and outcomes for the Commonwealth.

**Natalie Elliott**, MSW, Senior Director of Program Development at Intercept Health, is responsible for collaborating with community members to identify service needs, developing treatment options and providing information to local agencies of Intercept's LifeBridge Continuum of Care. Natalie previously served as Administrator and Director of Business Development for Harbor Point Behavioral Health Center where she was responsible for supervising and managing the activities of the facility and collaborating with agencies, guardians and families to identify and make placements. Formerly, she served as Chief Administrative Officer at the Hughes Center, Interim Chief Executive Officer at Liberty Point Healthcare, Vice President of Utilization Review and Clinical Audit for Psychiatric Solutions, Inc. and CSA Coordinator for the City of Roanoke Children's Services Act program.

Natalie received her Bachelor of Arts degree in Psychology from Hollins College and Master of Social Work from West Virginia University. Ms. Elliott has over twenty-two years of experience in the mental health field and has worked primarily with children, adolescents and families. She currently serves as a member of the City of Roanoke Family Assistance and Planning Team (FAPT). She has previously served on various FAPT and Community Policy and Management Teams (CPMT) across the state, is a former chair of the State CSA Coordinator's group and provided consultation to localities on CSA policy and practice. Natalie continues to participate on a variety of committees and boards, both locally and on a state level, advocating on behalf of children, individuals and families.



# 9th Annual Commonwealth of Virginia CSA Conference

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Friday, October 30, 2020 cont...

Friday, October 30, 2020 |

Session 3 |

11:00 a.m. - 12:45 p.m.

Cont...



**Stephan Stark**, VP of Community Relations, ncgCARE, grew up in the suburbs of New York City (yes, technically New Jersey) and aspired to become a psychologist while in high school. He graduated from the University of Richmond with a major in psychology and went on to study Transpersonal Psychology at Atlantic University while earning a certification in hypnotherapy. Although his early aspirations were to become a practicing psychologist specializing in depth and analysis, synchronicity would have another say. After graduate school, and while working in a group home for behaviorally disordered teens, Stephan found a new focus. Since 1996, he has dedicated himself to helping disadvantaged children and families find meaningful treatment and support; first as a practitioner, and then as an administrator. In this time, Stephan has developed programs and approaches that serve Virginia's diverse communities with value in mind, and an emphasis on strength-based care. Notably, Stephan established the renowned CARE Approach and StartPoint Program at NCG, as well as numerous other delivery models, to include Northern Virginia's famed CR2 crisis program, which have become the standard for effective and efficient treatment. Stephan has been honored to sit on numerous state work groups and presently resides on the boards of the Central Virginia Partnership on Youth and Virginia Juvenile Justice Association. In addition to development, training and making people laugh, there is nothing he loves more than finding creative and effective ways to serve people and then sharing those success stories. Other than his wife, Rebecca, and his children, Mina and Hayden, this is his greatest joy. Of course, a close third is eating anything in mass quantity. Want to have lunch? We can eat and talk about improving lives.

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# Coming October 2021

10th Annual Commonwealth of Virginia CSA Conference  
Norfolk Marriott, Norfolk, VA



*We are unable to predict what will happen in 2021 but it is our hope that the state of public health will allow us to come together October 28-29, 2021 in Norfolk, VA at the Norfolk Marriott for the 10th Annual Commonwealth of Virginia CSA Conference.*

VISIT  **Norfolk**

