

10th Annual Commonwealth of Virginia CSA Conference



And Still We Rise

When: October 28 & 29, 2021

Where: Virtually via Zoom



Office of Children's Services
Empowering communities to serve youth



OUTREACH & INTERNATIONAL AFFAIRS
RICHMOND CENTER
VIRGINIA TECH™



COMMONWEALTH of VIRGINIA

Scott Reiner, M.S.
Executive Director

OFFICE OF CHILDREN'S SERVICES
Administering the Children's Services Act

October 27, 2021

Dear Conference Participants,

Last year, I opened my letter saying that "2020 has been a year like no other." I think we can agree that the same might easily be said about 2021. The COVID-19 pandemic has waxed and waned without a definitive end in sight. Most students are back in school, yet we are concerned with their health, "learning loss," and related racial and economic disparities. The impact of fatigue and burnout on providers is present in health care, behavioral health, social services, education, and child care.

Taking time to step back and refocus, if just for a few hours, can be a critical component in the self-care each of you so richly deserves. That work is more critical than ever as the children and families we serve navigate these challenging times. Your ability to be present, model and build resilience, and provide both effective and compassionate assistance inspires all of us here at OCS. I hope that your participation in this year's 10th Annual Children's Services Act Conference will provide you with information, inspiration, an opportunity to reflect and reenergize.

We have assembled an excellent program for this year's conference. Our keynote speaker, Dr. De Lacey Davis, brings his perspective as a retired law enforcement officer spearheading efforts to address racial bias in policing. He now leads a family support organization and a statewide alliance of similar agencies. I know he will convey to you the fire and passion he has for this work.

I cannot overestimate the extent to which I, and the entire OCS team, will once again miss seeing you in person. The conference program offers multiple options for you to pursue new learning, and we are confident you will find this virtual event worthwhile. We are planning and sincerely hoping that we will be able to gather together next year.

Thank you for sharing your valuable time with us and for the contributions you make every day to Virginia's system of care.

With my warm wishes,

A handwritten signature in cursive script that reads "Scott Reiner".



Office of Children's Services

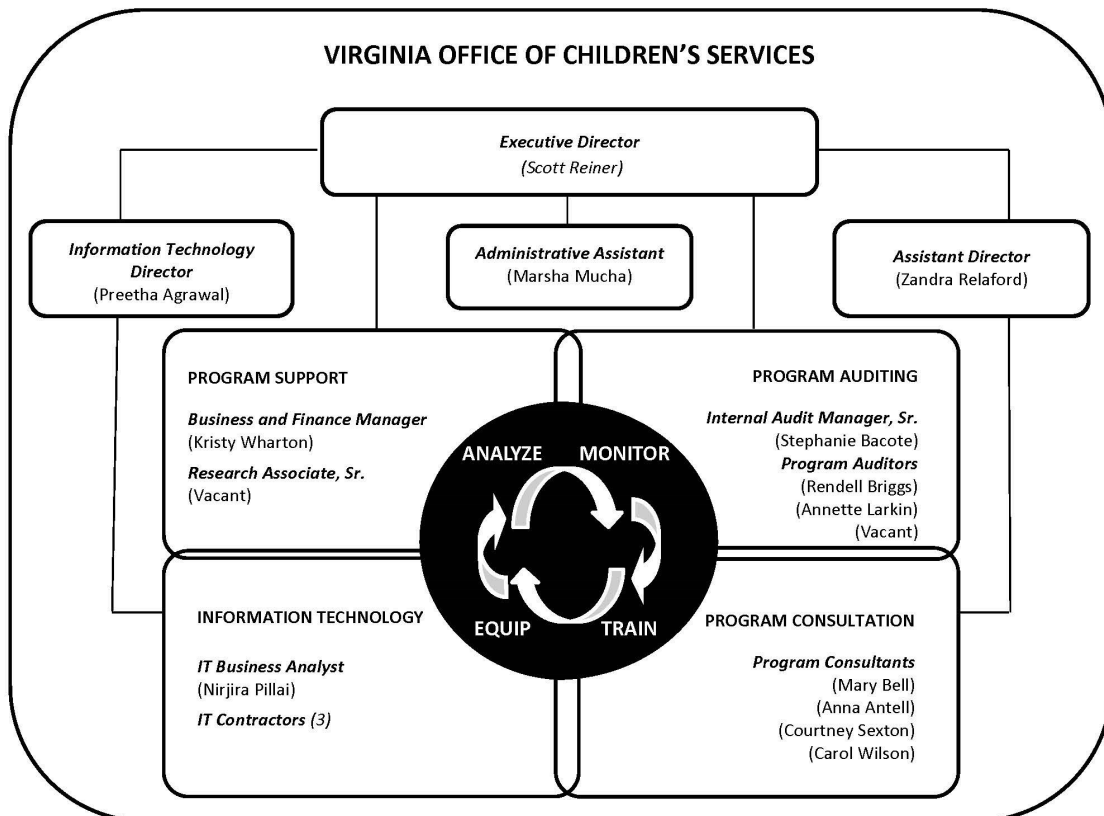
Empowering communities to serve youth

Vision

A collaborative, child-centered, family-focused, community-based system of care that effectively meets the needs of youth and their families in the Commonwealth

Mission

Empowering Communities to Serve Youth



March 2021

WEB: <http://www.csa.virginia.gov>

PHONE: 804-662-9815

E-MAIL: csa.office@csa.virginia.gov

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Frequently Asked Questions

1. Where can I find the conference agenda?

The conference agenda for Thursday and Friday is on [page 18](#).

2. Where can I find the information about the Thursday (Day 1) breakout session presentations?

Descriptions of the Session 1 breakout sessions (10:15am—11:45am) can be found starting on [page 20](#).

3. Where can I find the information about the Friday (Day 2) breakout session presentations?

Descriptions of the Session 2 breakout sessions (8:35am-10:05am) can be found starting on [page 31](#).

Descriptions of the Session 3 breakout sessions (10:20am-11:50am) can be found starting on [page 34](#).

4. Where can I go to learn more about the Impact Sponsors for this Conference?

On [page 8](#) you will find an entire page of the Impact Sponsor logos. When you click on any of the logos you will be directed to a short (1-5 minute) video created by that sponsor. On [pages 9-17](#) you will be able to read about each of these sponsors. Please take the time to learn about these dedicated providers.

5. Where can I find out which providers are supporting this conference as Community Sponsors?

On [pages 22 & 23](#) you will find two pages of the Community Sponsor logos. When you click on any of the logos you will be directed to the website of that provider. On [pages 24-31](#) you will be able to see advertisements for each of these sponsors. Please take the time to learn about these supportive providers.

6. What do I do if I want to be able to ask a question during one of the sessions?

The entire conference will be held via a Zoom Meeting. There are several ways for you to participate. The chat function will be live throughout the day so feel free to drop your thoughts or questions in the chat at any time. You will also be able to “Raise Your Hand” by clicking on the Reactions button at the bottom of your screen and clicking—Raise Hand. Wait for the speaker to acknowledge you, then unmute yourself and speak.

7. Are there any “door prizes” this year?

It’s A Scavenger Hunt!!! Do you want to win door prizes? Does a Starbucks gift card or restaurant gift card sound good? Well if you said yes then join us in the CSA Sponsor Scavenger Hunt!

Each sponsor has been assigned an item to have in view in their breakout room for you to spot, write down, and then submit on the Google Form. Items include things like a clock, candle, plant and of course something Virginia Tech, etc. Find the item, submit the form with 8 correct items and you are in the drawing for the door prizes. If you are unsure as to a sponsors scavenger hunt item, feel free to ask them to get the conversation going! See [page 36](#) for complete details.

Complete Scavenger Hunt Form Now! (insert link) <https://forms.gle/ksiHGkTVhd4oaUd27>

8. I am having technical problems accessing the session. Who can I contact for assistance?

Please email Iroland@vt.edu or ifillman@vt.edu for assistance.

9. Will there be an opportunity to visit with the providers?

Yes. Please see [page 7](#) for more details.

10. I see that there are breakout sessions this year. Do I get to choose which presentations I will attend?

Yes! Each of our presenters will be set up in Breakout Rooms. You will join the breakout room which has the name of the presentation you wish to attend. See [page 35](#) for more details.

Visionary Sponsor

This is our Visionary Sponsor! When you click around on this page you will learn more about their services and mission and how they can help you.



Choose the Anthem HealthKeepers Plus plan for Medicaid

More adults are eligible for **no-cost health care** with the Anthem HealthKeepers Plus plan!

Choose now at www.chooseanthem.com/va.

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

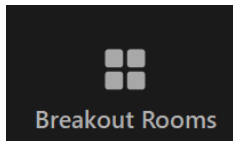
AVAMKT-0367-19

Interact with Sponsors

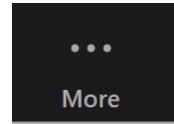
Thursday & Friday | Sponsor Breakout Room Visits | 8:00-8:30am | 10:15am | 12-1pm

We are unable to provide you with a floorplan of the conference so you can stroll over to chat with one of the providers who have sponsored this conference...BUT we have created breakout rooms for each of them that you can visit. All you need to do is look for your breakout room navigation buttons and make your way to the room of your choosing.

Look for this button



or this one



Click Breakout Rooms and you will see a list of rooms. Locate the room you would like to visit and click The blue JOIN button you see to the right. You will be whisked off to that room to chat with our wonderful providers. You can leave that room by clicking Leave Room at the bottom of your screen. Select Leave Meeting if you would like to leave the entire conference or Leave Breakout Room if you would like to leave the room and join the main room. This is a list of the sponsor breakout rooms from which you can choose:

Anthem - Medicaid presentation

United Methodist Family Services

Hallmark Youthcare

Dominion Care

Childhelp

Jackson Feild Behavioral Health

Impact Living Services

DevereuxAdvancedBehavioralHealth

Newport News Behavioral Health

Konnect

Elk Hill

St. Joseph's Villa

National Counseling Group

Embrace Treatment Foster Care

The Barry Robinson Center

Next Steps to Success—not available

Encircle

Virginia Home for Boys & Girls

NorthStar Academy

Family Insight

Youth Advocate Programs

Rivermont, A New Story School

Family Support Partners of VA

Three Rivers Treatment Center

First Home Care

It's A Scavenger Hunt!!!

Do you want to win door prizes? Does a Starbucks gift card or restaurant gift card sound good? Well if you said yes then join us in the CSA Sponsor Scavenger Hunt!

Complete Scavenger Hunt Form Now! <https://forms.gle/ksiHGkTVhd4oaUd27>

The Scavenger Hunt Items Include: Palm Tree, Apple, Candle, Clock, Coffee Mug, Fan, Flashlight, Photo of a Pet, Plant, Pumpkin, Sanitizer, Something VT, Stuffed Animal, Sunglasses, Tissue Box, Vase, Water Bottle

For all of the details, check out [page 36](#).

Impact Sponsors

This alphabetical list of Impact Sponsors is designed for you! When you [click on the logo](#) for each sponsor you will be able to view a short video message created by the sponsor to learn about their services and mission.



*Thank you to each of our
Impact Sponsors!*



National Counseling Group
An ncgCARE Partner

KONNECT



NORTHSTAR
ACADEMY

DISCOVERING
ABILITIES



A New Story School

*Take me to the
Agenda*



THREE RIVERS
TREATMENT CENTER



Unwavering champions
for children and families.

Impact Sponsor



Care is What We Do.™



We're Hiring!

- Dominion Youth Services is now **Dominion Care!**
- For over 20 years, Dominion has served the children of the Commonwealth with a full array of mental health services.
- Community Mental Health Services ● Private Day Schools
- Outpatient Services ● Developmental Services
- Autism services (both in-home and in-clinic)



Learn more about all that Dominion Care offers!
www.Dominion.Care

Click on the image to learn more

Impact Sponsor

***“We believe that
positive outcomes start with
intentionality”***

impactlivingservices.org



Independent Living • Treatment Foster Care Behavioral Health

Since 2012, Impact Living Services has answered the call to change the “aging out” crisis of the foster care system.

Our ***independent living program*** has helped hundreds of youth (ages 17-20) throughout Virginia beat the odds against homelessness, joblessness, and incarceration by helping them to transition into adulthood with security, stability, and a strong support system.

Our growing ***therapeutic foster care*** program is placing some of the most vulnerable children in our communities into safe, supportive homes, and our growing ***behavioral health*** team has provided life-changing counseling services to thousands



434-533-1088 • info@impactlivingservices.org

Fairfax | Harrisonburg | Lynchburg | Richmond | Roanoke

Click on the image to learn more

Impact Sponsor

We emphasize the value of family by enhancing communication, planning, and resources within villages.

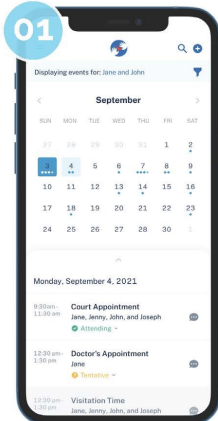


We believe it takes a village and everyone deserves one.

We are using technology to accelerate community building amongst team members.

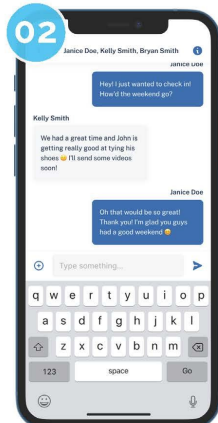


July 2022 release



01

The shared calendar will allow users to coordinate important appointments. The event coordinator will be able to see the availability of the members.



02

Individual and group messaging will be used to share details and information regarding the care of the children, and tasks related to achieving reunification.

03

The resource page can be updated regularly by the local agency to provide up to date community referrals; through links or uploaded documents.

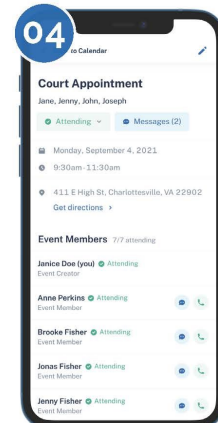
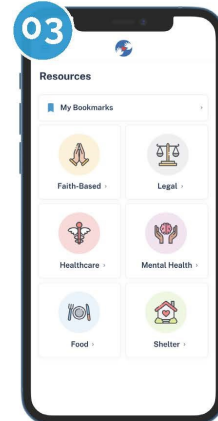
04

All of the Konnect team members will be able to call and message one another within the application without sharing their phone numbers.

We believe that if we strengthen the relationships of children's caregivers then we will see better outcomes for our children.

Sign up for the chance to be a beta tester!

konnectapps.com



Click on the image to learn more

Impact Sponsor



National Counseling Group

An ngyCARE Partner

**Providing
Evidence-based
Programs Statewide**

FFT • MST • PCIT

- *Intensive In-home*
- *Mobile Crisis Stabilization*
 - *Home-Based Services*
 - *Adult Support Services*
 - *Life Skills*
- *Therapeutic Day Treatment*
- *Parent Partnership Services*
- *Outpatient Mental Health & Substance Abuse*

**A special thanks to
all of you for your
dedication during
this trying time.
Stay Safe Virginia!**

877-566-9624

**Virginia's provider
of choice
since 1993**



NCGcommunity.com

Click on the image to learn more

Impact Sponsor



Placing Norfolk Youth on the Path to Success

Summer Camps & After-School Program

800.221.1995

nextstep2success@barryrobinson.org

barryrobinson.org

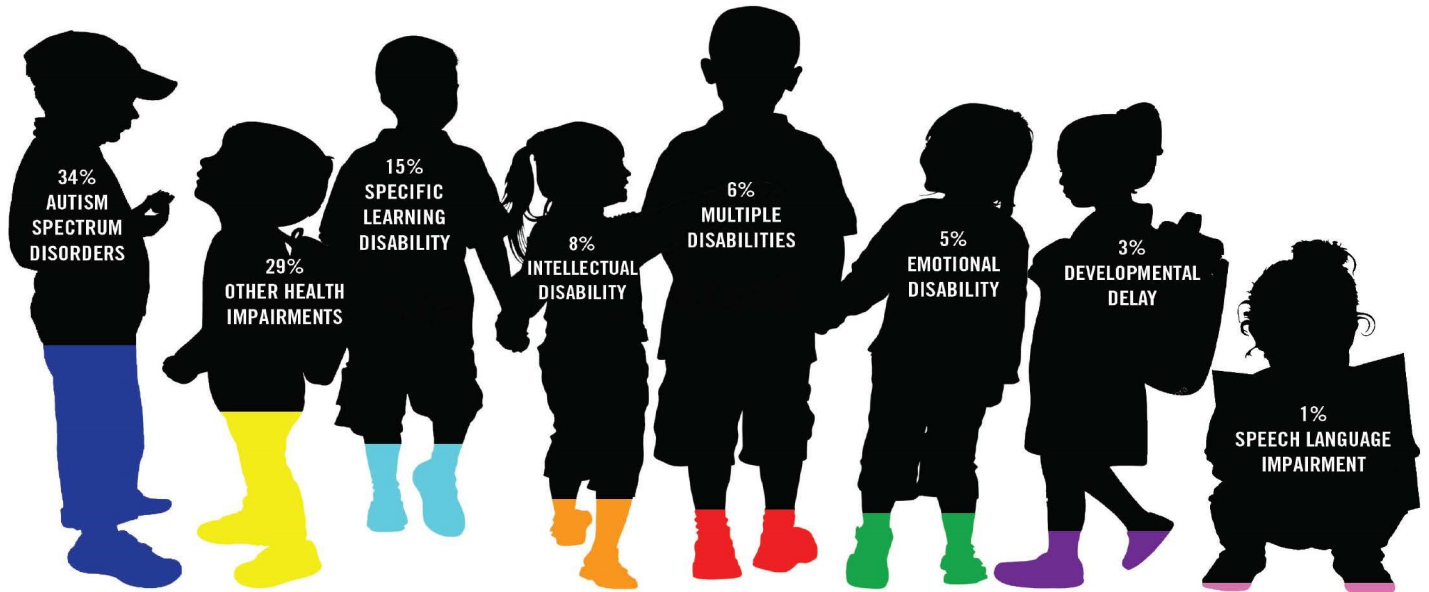


Click on the image to learn more

Impact Sponsor

Take me to the
[Agenda](#)

WHY NORTHSTAR ACADEMY?



WE CULTIVATE A COMMUNITY WHERE DIVERSE LEARNERS GROW



YOU ARE INVITED TO COME AND SEE FOR YOURSELF!

ACADEMIC CAMPUS (FOR K-12 STUDENTS)

CINDY CULLEY, DIRECTOR OF ADMISSIONS
CCULLEY@NORTHSTARACADEMY.NET
804-747-1003 X1005

CAREER ACADEMY (FOR JUNIORS AND SENIORS, AS WELL AS YOUNG ADULTS)

HOLLY PEELE, DIRECTOR OF CAREER ACADEMY
HPEELE@NORTHSTARACADEMY.NET
804-918-5181 X101

WWW.NORTHSTARACADEMY.NET

Click on the image to learn more

Impact Sponsor



Welcome to **RIVERMONT**

At Rivermont: A New Story School, we help children and young adults with complex challenges write new stories of success. We have a foundational belief in the power of a strong community to create a positive impact on students' lives.

Rivermont's mission is to help students learn to manage their behaviors so they can return to their home schools, graduate and become productive citizens. Rivermont schools are licensed by the VA Department of Education. All class credits earned are fully transferrable. All schools are fully accredited by the VA Association of Independent Specialized Education Facilities (VAISEF) and Cognia. Rivermont currently has 13 school locations across Virginia.

We invite you to learn more about the services we offer in Virginia by visiting our website.

For more information, visit
newstoryschools.com



Click on the image to learn more

Impact Sponsor



Residential Treatment for Males and Females 11-17

Medicare, Tricare, and private insurance accepted

434-676-1378

We truly practice trauma informed care through evidence-based therapy including EMDR. We provide life skills training through horticulture, culinary arts programs, leadership training with our youth advisory council and supervised industrial arts projects and repairs. We offer equine therapy and yoga.

Click on the image to learn more



THREE RIVERS
TREATMENT CENTER

Impact Sponsor

New Building Coming Soon!

Residential Reimagined

The Child & Family Healing Center is adapting to meet the changing needs of children, teens, and families. We're upgrading our infrastructure, enhancing our program, and creating a safe, physical environment in which young people and their families can focus solely on healing.



Features



Promotes a Sense of Community & Togetherness

The new building has five separate suites, each with a 10-bed capacity and a full kitchen, expanded common areas with an open floor concept, ample space for private family visitation, and plenty of natural light.



Improved Experience for Youth

Each resident will have a private bedroom with adjoining bathrooms, equipped with non-ligature features. Nutritious scratch-made meals will be prepared on-site by food service professionals.



Intentionally Designed Around Safety

Our residential community will remain unlocked with the added flexibility of locking the building on a short-term basis to support a resident in crisis.



To Learn More

Visit the UMFS breakout room or go to [UMFS.org/tours](https://umfs.org/tours) to sign up for one of our sneak peek tours in January!

Click on the image to learn more

10th Annual Commonwealth of Virginia CSA Conference

October 28-29, 2021

Thursday, October 28, 2021

- 8:00 am - 8:30 am [Sponsor Breakout Rooms open](#)
- 8:30 am - 8:45 am [Welcoming Remarks](#)
Scott Reiner, Executive Director, Office of Children's Services
Hon. Daniel Carey, M.D., Secretary of Health and Human Resources
- 8:45 am - 10:00 am [Keynote Speaker: Dr. De Lacy Davis](#)
- 10:00 am - 10:15 am [Break and Sponsor Visits](#)
- 10:15 am - 11:45 am [Breakouts Session 1](#)
- 11:45 am - 11:50 pm Closing remarks
- 11:50 pm - 1:00 pm [Sponsor Breakout Rooms open](#)

Click on a blue hyperlink to see more information about the session!

Friday, October 29, 2021

- 8:00 am - 8:30 am [Sponsor Breakout Rooms open](#)
- 8:30 am - 8:35 am Welcoming Remarks
- 8:35 am - 10:05 am [Breakout Session 2](#)
- 10:05 am - 10:20 am [Break and Sponsor Visits](#)
- 10:20 am - 11:50 am [Breakout Session 3](#)
- 11:50 am - 1:00 pm [Sponsor Breakout Rooms open](#)

10th Annual Commonwealth of Virginia CSA Conference

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Thursday, October 28, 2021

Welcoming Remarks: Hon. Daniel Carey, M.D.,MHCM

Secretary of Health & Human Resources



Daniel Carey, M.D., MHCM, was appointed Secretary of Health and Human Resources by Governor Ralph Northam in January 2018. Prior to his appointment, Dr. Carey worked for over 20 years as a cardiologist in Lynchburg and served as Senior Vice President and Chief Medical Officer of Centra, where his responsibilities included information technology services, patient quality and safety efforts, performance improvement initiatives, and functions of the medical staff at Centra's 3 acute care facilities. Dr. Carey received his M.D. degree from Harvard Medical School, and his Master of Health Care Management degree from the Harvard T.H. Chan School of Public Health.

Conference Keynote Speaker:



Dr. De Lacy Davis is a 20-year veteran sergeant who retired from service in East Orange, New Jersey on June 1, 2006. He joined the East Orange Police Department in 1986. De Lacy Davis has been an instructor at the Essex County Police Academy where he taught community policing, basic law enforcement & the use of firearms. Davis is a New Jersey State-Certified firearms instructor. He has served as the President and Vice President of the Police Benevolent Association, Local #16 in East Orange, New Jersey. He has served as the Executive Director of the East Orange Police Athletic League from 1999-2006.

In 1991, he founded the community-based organization, Black Cops Against Police Brutality (B-CAP), which led to his nation voice on police-community matters. The organization has worked with countless victims of police violence across the United States as a

police reform advocate.

De Lacy Davis graduated from Drew University in Madison, New Jersey with a Bachelor of Arts degree in English. He completed his Master of Administrative Science degree (MAS) at Fairleigh Dickinson University with honors in 2002. He completed his Master of Public Administration (MPA) and his Urban Education Leadership certification at Rutgers University's School of Public Affairs & Administration in 2012 where he was inducted into the National Honor Society Pi Alpha Alpha.

On August 17, 2019, Davis successfully defended his dissertation, *Use of Force: Examining the Factors Relating to Police Officers Shooting Unarmed Black Males*. He completed his Education Doctorate in Executive Leadership at St. John Fisher College, Rochester, New York. He was inducted into the international honor society Kappa Delta Pi.

Currently, De Lacy Davis is Director of De Lacy Davis Consultants, LLC, where he leads a team of talented professionals from around the United States of America with expertise in the areas of education, organizational development, organizational leadership, police practices, advocacy, community-police relationships, counter-terrorism and domestic violence.

In December 2018, De Lacy Davis was selected by his peers to serve as the Interim Executive Director of New Jersey's Alliance of Family Support Organizations. He is leading an organizational change initiative to provide technical assistance to 14 Family Support Organizations in New Jersey, Peer Support Partner certification training, and organizational capacity building.

10th Annual Commonwealth of Virginia CSA Conference

Thursday, October 28, 2021

Thursday, October 28, 2021 | Session 1 | 10:15 a.m. - 11:45 a.m.

Track **Presentation**

CSA Basics **How do I know? Eligibility for the Children’s Services Act (CSA) and “Can CSA Pay?”**

Breakout Room Name: [EligibilityForCSA/Can CSA Pay?](#)

Carol Wilson, Program Consultant—Office of Children’s Services

What makes a child and family eligible for services through CSA? How does a Family Assessment and Planning Team (FAPT) and a Community Policy and Management Team (CPMT) know when it’s appropriate to use CSA funding? Join us to learn the answers to these questions!

This workshop will focus on the types of eligibility for CSA, how eligibility for CSA is determined and its effect on funding, how CSA funding is allocated, and how Title IV-E and CSA relate, all within the context of a locally-administered system of care. Using a flow chart, this workshop will explore the factors that influence decision-making in CSA, and provide you with a step-by-step process to assure that you are on solid ground when using CSA pool funds. Participants will apply the flow chart to specific situations and determine if “CSA can pay.”

EBP **The World of Evidence-Based Programs (EBPs): How to Choose & What to Expect!**

Breakout Room Name: [EBPs:How2Choose&What2Expect](#)

Kevin Freeman, Ph.D., LPC, NCC, MAC, Vice President of Evidence-Based Programs, National Counseling Group/ncgCARE; J. Patrick Slifka, LCSW, Clinical Director, National Counseling Group/ncgCARE; and Stephan Stark, Vice President of Community Relations, National Counseling Group/ncgCARE

Evidence-Based Programs (EBPs) have taken Virginia by storm with a number of new therapeutic options promising to achieve better and longer-lasting results. But, which service is best for my child and their family? How do I choose? What outcomes may I expect? Do these services really replace wraparound? How may I hold providers accountable, and ensure quality and fidelity to the model? What other questions should I be asking? Have all your questions answered by experts in the evidence-based world, and enjoy an enlivening and humorous conversation about everything EBP. This presentation will provide strategies in effective implementation of EBPs, provider performance and outcome monitoring, and understanding similarities and differences involved in each respective EBP.

Service Innovation **A child’s behavior starts with YOU: Understanding why behavior management is *really about the adults.***

Breakout Room Name: [UnderstandingBehaviorMgtAbtAdult](#)

Natalie Elliott Handy, MSW, Senior Director of Program Development, Intercept Health

“When we truly care for ourselves, it becomes possible to care more profoundly for other people.” ~Eda Leshan

Working with a child who exhibits extreme behaviors can be exceptionally frustrating, and the need for caregivers and professionals who listen closely and stay connected through the chaos is paramount. The key factor for making effective change is relationship. Many caregivers and professionals are unaware of how their own trauma/experiences create barriers to forming meaningful relationships. This interactive training will discuss key factors impacting adult regulation to include intergenerational trauma, epigenetics, counter-aggression, micro-aggression, implicit/explicit bias, emotional contagion, and social and cultural equity. Participants will learn and practice various types of sensory, connection, and cortex regulation strategies to prepare them to build trusting relationships with children and their families to impact overall client outcomes.

10th Annual Commonwealth of Virginia CSA Conference

Thursday, October 28, 2021

Thursday, October 28, 2021

Session 1

10:15 a.m. - 11:45 a.m.

Track Presentation

State Partner **An Introduction to the Office of the Children’s Ombudsman**

Breakout Room Name: Office of Children’s Ombudsman

Eric Reynolds, Director, Office of the Children’s Ombudsman

A discussion of the statutory responsibilities and powers of the newly-created Office of the Children’s Ombudsman and the role that it will have in Virginia’s child welfare system.

System Innovation **Maximizing Local CSA Program’s Success through Leadership. Defining Core Leadership Competencies for CPMT Members, CSA Coordinators and FAPT Members**

Breakout Room Name: CoreLeaderCompetency4CPMT,CSA&FAPT

Kristi Schabo, Ed.S, CSA Administrator—Chesterfield-Colonial Heights Department of Social Services; Jessica Webb, MBA, Assistant Director—Prince William County Department of Social Services, CSA Division; and Lesley Abashian, LCSW, CPM, Director of Human Services—City of Fairfax, SLAT Chair, Fairfax County CPMT Member

In 2020, the State Executive Council adopted a four-year strategic plan with three target areas with corresponding two- and four-year metrics. One of those areas, Leadership and Collective Action, is focused on supporting “cross-partner, cross-system leadership alignment to create clarity, consistency, and collective impact at the state and local level.” Guided by CSA Code, the Leadership and Collective Action workgroup members utilized their collective CSA expertise to define the core knowledge, skills, and abilities linked to the various leadership roles within a local CSA program. This session will discuss core leadership and operational competencies linked to successful local CSA programs.

Tracks? What are Tracks?

You will note that this year’s Breakout Sessions have a “Track” designation. There are five different tracks that have been set up to allow you to choose appropriate sessions to attend. Here are the definitions of the tracks:

- Service Innovation: Creative interventions and approaches to service provision that positively affect youth and family outcomes.
- CSA System Innovation: Creative local and statewide approaches to program management and implementation on the organizational level.
- Evidence-Based Practices: Approaches to sustainable frameworks in service delivery using evidence and data.
- CSA Basics: Fundamental aspects of the CSA program regarding eligibility, program audits, and use of CSA data.
- State Partners: Updates for key state partners.

Community Sponsors

On this page you will find an alphabetical list of our Community Sponsors. When you click on the logo for each sponsor you will be directed to the sponsor's website so you can learn more about their programs and services.



Founded in 1959 by Sara O'Meara and Yvonne Fedderson
PREVENTION and TREATMENT of CHILD ABUSE



Children & Family Services | Behavioral Health | Education | Advocacy



An ncgCARE Partner



Family Support

PARTNERS OF VIRGINIA



*Click a logo to learn more
about our Community Sponsors!*

Community Sponsors

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Take me to the
[Agenda](#)



HALLMARK
YOUTH CARE



Jackson-Feild
Behavioral Health Services



Newport News
Behavioral Health Center



ST. JOSEPH'S VILLA

*Click a logo to learn more about
our Community Sponsors!*



VIRGINIA
HOME FOR BOYS AND GIRLS



The Barry Robinson Center
A Behavioral Health System for Youth

Youth Advocate
PROGRAMS, INC.

Community Sponsor



Founded in 1959 by Sara O'Meara and Yvonne Fedderson
PREVENTION and TREATMENT of CHILD ABUSE

PRTF & PRIVATE DAY SCHOOL

Funded by CSA, VA, WV, NC, and MD Medicaid and Tricare

ASSESSMENT

- Psychiatric Evaluation
- Education Assessment
- Nutritional Assessment
- Psychological, Psychosexual & Neuropsychological Testing

PSYCHIATRY/MEDICAL

- Full-time, on-site Board Certified or Eligible Child Psychiatrists
- 24-hour Nursing Care

EDUCATION

- Licensed Private Day School
- Multi-modal approach using individualized instruction
- 1:3 Classroom Ratio
- Certified in Special Education
- Grades K-8

THERAPY

- Individual Therapy
- Family Therapy
- Group Therapy
- Daily Milieu Therapy
- Experiential Therapy Techniques
- Trauma Focused Therapy and Interventions
- Evidenced-Based Treatment Interventions
- Equine Assisted Therapy
- Animal Assisted Therapy
- Movement & Dance Therapy
- Family Engagement

INTERDISCIPLINARY TREATMENT TEAM

- Board Certified or Eligible Child Psychiatrists
- Registered Nurse
- Licensed or License-Eligible Therapists
- Art Therapist
- Special Education Certified Teachers
- Occupational Therapist and COTA
- Speech Language Therapist
- Registered Dietitian
- Certified Therapeutic Recreational Specialist
- Music Therapist
- Equine Therapist Certified in E gala
- Chaplain




DOCUMENTS REQUESTED FOR ADMISSION DECISION

- Psychological Evaluation including full-scale IQ
- Psychiatric Evaluation (as applicable)
- Current IEP or Current Education Information
- Current Behaviors and Medications
- History of Medications
- Other documentation as required by DMAS or Insurance Company (IACCT documentation)

EXCLUSIONARY CRITERIA

- Measured FSIQ of 55 or below
- Require 24-hour assisted medical care
- Actively suicidal or homicidal
- Active sexual perpetrators

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<http://familyinsight.net>



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Family Support PARTNERS OF VIRGINIA

Our Purpose To keep youth in their homes.
We want to empower families to learn about the system, know what questions to ask, what resources to look for and what to expect.



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A Trauma-Informed Agency

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Alexandria: 703.914.0182 | FHCNoVATFC@uhsinc.com



FirstHomeCare.com

Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 211502-2416 8/21

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In 2012, The Barry Robinson Center (BRC) became a TRICARE approved residential treatment center. Since then, BRC intentionally focused and designed its program to serve youth from military families. BRC is the nation's first residential treatment center committed to serving military families.



TREATMENT FOCUS

- Trauma
- ADHD
- Attachment
- Depression
- Anger
- Aggression
- Poor school performance
- Self-destructive behaviors
- Dual diagnosis for substance use

PROGRAM HIGHLIGHTS

- Serving youth since 1933
- 32-acre college-like campus
- Two staff psychiatrists and 24/7 nursing care
- Facilities include dormitories, gymnasium, cafeteria and clinic
- Accredited, licensed school with small class sizes
- Activities include Scout troop, choir and guitar ensemble
- Spiritual counselor and voluntary religious activities
- Registered dietitian
- Community outings
- Volunteer service opportunities

KEY POINTS

- Non-profit behavioral health system 501 (c)(3)
- Working solely with military families
- Average length of stay, 5-6 months
- Serving children and teens ages 6-17



Honored to be a TRICARE approved facility.

SERVICES INCLUDE

- Medication assessment and management
- Psychological testing
- Individual, group and family therapy
- Therapeutic classroom
- Recreation therapy
- Music therapy
- Play therapy
- Art therapy
- Equine program

Community Sponsor

WE'RE A QRTTP!

QUALIFIED RESIDENTIAL TREATMENT PROGRAM

Virginia Home for Boys and Girls' Group Care Services program has received the QRTTP designation from VDSS which allows for VHBG to continue to receive Title IV-E funding after the July 1, 2021 statewide implementation of the Family First Prevention Services Act.



Community Sponsor

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3807 Brandon Ave SW, Ste 1115
Roanoke, VA 24018
540.342.2161
aneitasmith@yapinc.org

New River Valley YAP
930 Cambria St. SE
Christiansburg, VA 24073
540.797.1110
jratliff@yapinc.org

Twin Counties YAP
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10th Annual Commonwealth of Virginia CSA Conference October 28-29, 2021

Friday, October 29, 2021

Friday, October 29, 2021 | Session 2 | 8:35 a.m. - 10:05 a.m.

Track **Presentation**

CSA Basics **CSA Program Audits: Audit Process Improvements**

Breakout Session Name: CSAProgAudits:AuditProclmprove

Stephanie Bacote, CIGA, CSA Program Audit Manager—Office of Children’s Services; Annette Larkin, CSA Program Auditor—Office of Children’s Services; and Rendell Briggs, CSA Program Auditor—Office of Children’s Services

This session will feature a discussion of recently implemented process improvements for conducting CSA program audit engagements. Audit process quality improvement initiatives include: (1) Documentation Submission Timetables, (2) Remote Audit Process, and (3) Quality Improvement Plan Monitoring/Reporting. Presenters will also provide a demonstration of forms and technologies applicable to the remote audit process and quality improvement plan monitoring/reporting.

Track **Presentation**

EBP **The Adolescent Community Reinforcement Approach: An EBP for treating SUD among young people**

Breakout Session Name: [ACRA:EBP4treatingSUDnYoungPeople](#)

Kathleen Owens, M.A., Certified State Trainer (Adolescent Community Reinforcement Approach) and Andrew Peddy, LPC, Certified A-CRA Clinician and Supervisor, Mount Rogers Community Services Board

The adolescent Community Reinforcement Approach (A-CRA) is an evidence-based practice that aims to reduce substance use through increasing and enhancing healthy, prosocial behaviors among individuals with substance use disorder (SUD) and/or co-occurring SUD and mental health challenges. Through a variety of “procedures,” clinicians work with clients to identify strength, set goals, learn and practice skills, and enhance relationships during the recovery journey. This presentation will provide an overview of the model, discuss the outcomes from Virginia’s pilot A-CRA implementation program, and share how clinicians and supervisors can get trained and certified in this evidence-based practice.

EBP **Cultivating Leadership & Implementation of Evidence-Based Practices**

Breakout Session Name: [CultivateLeadership&ImplemofEBPs](#)

Caryn Ward, Ph.D., Senior Implementation Specialist/Director, National Implementation Research Network (NIRN); Oscar Fleming, Ph.D., Advanced Implementation Specialist, NIRN at UNC-Chapel Hill; Sophia Farmer, M.S., Advanced Implementation Specialist, NIRN at UNC-Chapel Hill

Leadership, before, during, and after use of evidence, matters. There are key roles for leadership in implementation, such as formal executive leaders with decision making authority. But, just as important to implementation is the champion leadership role. What are key activities of both leadership roles? How are they similar or different? How do we identify and cultivate both leadership roles for our implementation efforts? How do we attend to equity within these leadership roles for equitable implementation? These questions and others related to cultivating leadership will be explored through case illustrations and data stories.

Service Innovation **STARS: How two local Departments and a non-profit developed a best-practice, specialized foster care program**

Breakout Session Name: [STARS:HowFosterCareProgwasDeveloped](#)

Valerie Koepfel, M.Ed., Regional Director, Youth Advocate Programs, Inc.; Chante Smith, M.S., QMHP-C, Director, Youth Advocate Program—Roanoke and New River Valleys; Kristin Rickman, M.S., Family Services Supervisor, City of Roanoke Department of Social Services; Grace McCown, CSA Coordinator—Roanoke County/City of Salem CSA Office; Tasha Hupp, Foster Parent—STARS; and Benjamin S. Jones, LCSW, Family Services Supervisor—Roanoke County Department of Social Services

In 2011, Roanoke County and Roanoke City Departments of Social Services and Youth Advocate Programs, Inc. collaborated to implement a Specialized Resource Parent Program, STARS (Specialized Treatment And Resource Support), to develop an array of services and supports for children in foster care with serious emotional, behavioral, and/or medical challenges and for their foster families. Participants will learn how the STARS Program Team, through collaboration with local CSA offices, developed the foundational design to provide children, bio-families and foster families with voice and choice in their services, engage foster families as professional team members, promote healthy relationships between foster and birth families, significantly reduce costs, and celebrate everyday successes amongst stakeholders. This presentation also highlights how STARS significantly reduced CSA expenditures on treatment foster care and the positive outcomes achieved. Information on how to implement the program elements in local communities is included in the Q&A session with presenters.

Friday, October 29, 2021 Session 2 Cont...

Friday, October 29, 2021 | Session 2 | 8:35 a.m. - 10:05 a.m.

Track Presentation

State Partner **Family Support Partners in Community Services Boards**

Breakout Session Name: FSPs inCommunity Services Boards

Taisha Chavez, LPC, Director of Children's Services, Rappahannock Rapidan Community Services Board; Cory Will, LMSW, CPRS-T, Certified Peer Recovery Program Manager, Rappahannock Rapidan Community Services Board; Sinae Choi, LCSW, Team Leader, Child and Family Behavioral Health Services, City of Alexandria Department of Community & Human Services; Carla Oliver, QMHP-C, QMHP-A, Family Support Partner Program Coordinator, Child & Family Behavioral Health Services, City of Alexandria Department of Community and Human Services; Pam Fisher, RN, MSN, Office of Child and Family Services, Department of Behavioral Health and Developmental Services; and Cristy Corbin, CPRS, President & Director, Family Support Partners of VA

This breakout session will provide a history of Family Support Partners (FSPs) in Virginia, and highlight the various roles FSPs have in two CSBs. The management and administrative preparation involved in hiring FSPs will also be discussed. Additionally, the positive impact of the FSP role on family engagement and the local System of Care will be highlighted.

System **Hanover CSA Review Committee: Continuous Quality Improvement and State and Local Partnership**

Innovation Breakout Session Name: Hanover CSA Review Committee

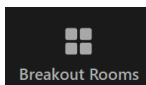
Julie Dubee, LMSW, CSA Coordinator—Hanover County; Jim Taylor, Deputy County Administrator/CPMT Chair, Hanover County; Jacob Sumner, CMA, CGFM, Director of Finance and Management Services, Hanover County; and Anna Antell, LCSW, Office of Children's Services

This presentation will provide an overview of Hanover CSA's creation and utilization of a special CSA Review Committee. The committee reviews metrics on all cases coming to FAPT the following month and has allowed Hanover CSA to better identify big picture trends and create programmatic change.

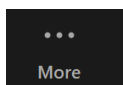
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**Take me to the
Agenda**

10th Annual Commonwealth of Virginia CSA Conference

October 28-29, 2021

Friday, October 29, 2021 Session 3

Friday, October 29, 2021 | Session 3 | 10:20 a.m. - 11:50 p.m.

Track **Presentation**

Service Innovation **Why Is This Happening? Behavior and Its Functions—Understanding Behavior in Order to Rise Together**

Breakout Room Name: [Why? Behavior & Its Functions](#)

Ashley Bowman, M.S., BCBA, LBA, IBA, CCTP, Behavior Analyst and ABA Program Manager, The Barry Robinson Center

Behavior analysis is the science of understanding behavior. Everything we do is behavior, and all behavior has a purpose, or function. Behavior is communication. This includes learning new things, presenting a training, and severe maladaptive behavior such as aggression and self-injury. During this presentation, we will discuss the functions of behavior in order to understand the why: Why is this behavior happening? When we better understand behavior, we can understand why it is happening by reviewing the contingencies and environmental variables around that behavior. In doing so, we will know how to help the child learn replacements for maladaptive behavior, learn new things, regulate themselves by regulating ourselves, and developing appropriate attachment.

Service Innovation **Effective Tools for Sustaining and Maintaining High Fidelity Wraparound: Lessons Learned and Celebrations from the MPNNCSB HFW Team**

Breakout Room Name: [Effectivetoolsforsustaining HFW](#)

Karen Grabowski, LPC, Credentialed ICC Coach, Middle Peninsula Northern Neck Community Services Board

Participants will learn about the way High Fidelity Wraparound is provided in the Middle Peninsula Northern Neck utilizing ICC, FSP, YSP, and Coaches. Participants will understand the steps and tools that MPNNCSB utilized to educate, promote, and execute the plan for sustainability of High Fidelity Wraparound as well as enhancing fidelity to the model. Participants will understand the necessary elements (partner relationships, ongoing collaboration, growing resources/supports, etc.) to improve the provision of High Fidelity Wraparound services in your locality. Lastly, participants will have the knowledge of the potential benefits to youth, families, communities, and system partners.

State Partner **VADJJ Implementation of the Standardized Program Evaluation Protocol (SPEP™)—A Validated, Data-Driven Tool for Evaluating Services Provided to Juvenile Justice-Involved Youth**

Breakout Room Name: [SPEPValidatedDataDrivenTool](#)

Gabrielle Chapman, Ph.D., Center for Translational Justice Research Peabody College, Vanderbilt University and Andrea McMahon, M.S., Quality Assurance Manager, Virginia Department of Juvenile Justice

In December 2019, the Virginia Department of Juvenile Justice (VADJJ) officially launched the implementation of a validated, data-driven quality assurance tool, in partnership with Vanderbilt University, known as the Standardized Program Evaluation Protocol (SPEP™). The SPEP model was created in the early 2000s by Dr. Mark Lipsey and was further defined and developed by Dr. Gabrielle Chapman with the introduction of a rating instrument and performance improvement life cycle. The three pillars of the SPEP, which are essential to implementing this quality assurance process are: partnership, education, and transparency. This session will provide a brief overview of: 1) what is SPEP 2) why SPEP aligns and supports transformation efforts 3) how the SPEP process leverages what is currently working in our system to support and strengthen existing practice through a sustainable performance improvement process; and 4) the current status of implementation in Virginia within DJJ.

10th Annual Commonwealth of Virginia CSA Conference

October 28-29, 2021

Friday, October 29, 2021 Session 3

Friday, October 29, 2021 | Session 3 | 10:20 a.m. - 11:50 p.m.

Track Presentation

System **Innovative Strategies for Sustainability and Scalability for Local CSA System of Care**

Innovation Breakout Room Name: InnovStratgs4Sustanblty&Scalability

Janet Bessmer, Ph.D., Licensed Clinical Psychologist/LCP, Director, Fairfax-Falls Church CSA, Department of Family Services; Sarah Young, FAPT Coordinator, Fairfax-Falls Church CSA, Department of Family Services; Jeanne Veraska, Utilization Review Manager, Fairfax-Falls Church CSA, Department of Family Services; Patricia Arriaza, CSA Operations; Department of Family Services

This presentation shares the infrastructure, administrative, and service delivery functions necessary to support an established local example of the SAMHSA System of Care model. The System of Care model provides the framework for integration and cross-agency collaboration for youth and families with needs for intensive behavioral healthcare. Representing the largest local CSA program, the Fairfax-Falls Church program, a part of Healthy Minds Fairfax, will present strategies that promote scalability for initiatives such as the Family First Prevention Services Act (FFPSA), fiscal stewardship for effective management of resources, and the critical role of partnership and collaboration in sustaining a high-quality service system. Presenters will cover topics such as utilization review, contracting, family advocacy and peer support, university partnership, and promotion of Evidence-Based interventions. Locally-developed data reports, performance metrics, and strategies for use of the CANS will be shared.

System **From One Problem to the Next: Building Innovation Culture in a Compliance-Driven Industry**

Innovation Breakout Room Name: BuildingInnovationCulture

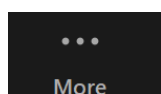
Amanda Noell Stanley, M.S., Certified Executive Coach, DePaul Community Resources and Kate Means, M.A., Managing Director for Strategic Projects/Chief of Staff, DePaul Community Resources

The problems agencies were built to solve are out of reach if activities are limited to the services government contracts fund. DePaul Community Resources has engaged in deeply transformative work to ensure both incremental and disruptive innovation. Through a case study focused on three main problems faced and overcome, this workshop will introduce pathways to build and support the kind of culture that nurtures innovation while honoring the programmatic must-dos that come with more traditional funding and compliance structures. Participants will learn the strategic and operational imperative of innovation culture, the difference between incremental and disruptive innovation, and leave with three strategies for building innovation cultures in their organizations.

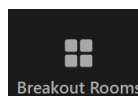
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10th Annual Commonwealth of Virginia CSA Conference

October 28-29, 2021

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Do you want to win door prizes? Does a Starbucks gift card or restaurant gift card sound good? Well, if you said yes then join us in the CSA Sponsor Scavenger Hunt!

Each sponsor has been assigned an item to have in view in their breakout room for you to spot, write down, and then submit on the Google Form. Items include things like a clock, candle, plant and of course something Virginia Tech, etc. Find the item, submit the form with 8 correct items and you are in the drawing for the door prizes. If you are unsure as to a sponsors scavenger hunt item, feel free to ask them to get the conversation going!

Could it be you that wins? Yes it can, if you visit our sponsors and find those items!!!

Complete Scavenger Hunt Form Now!

<https://forms.gle/ksiHGkTVhd4oaUd27>

The Scavenger Hunt Items Include: Palm Tree, Apple, Candle, Clock, Coffee Mug, Fan, Flashlight, Photo of a Pet, Plant, Pumpkin, Sanitizer, Something VT, Stuffed Animal, Sunglasses, Tissue Box, Vase, Water Bottle

Door prizes include: Registrations to the 2022 Commonwealth of Virginia CSA Conference, Starbucks Gift Cards, Restaurant Gift Card, T-Shirts, Manicure Kits, And more.....

It's a Scavenger Hunt!