Office of Children's Services
Empowering communities to serve youth

Results of the FY2021 CSA Service Gap Survey

Background of the CSA Service Gap Survey

- One primary responsibility of the Community Policy and Management Team (CPMT) is to coordinate long range, community-wide planning to develop resources and services needed by children and families in the community (§2.2-5206).

- The 2006 Virginia General Assembly amended the Code of Virginia to further specify this requirement. On an annual basis, the CPMT shall report to the Office of Children's Services (OCS) on gaps and barriers in services needed to keep children in the local community (§2.2-5211.1.2).

- This report marks the 13th year that data has been collected by OCS on service gaps, barriers to filling these gaps, and local efforts to overcome the barriers.

Methodology

- Emails sent to CPMT Chairs and CSA Coordinators with link to automated Survey Monkey survey on February 24, 2021

- Survey closed on May 19, 2021

- One submission permitted per locality (some localities filed jointly under one CPMT)

- 107 response out of 123 possible - 87% response rate

- Utilized VDSS regions to group localities

Service Groupings

Residential Services
- ☐ Short-term Diagnostic
- ☐ Group Home
- ☐ Residential Treatment

Crisis Services
- ☐ Crisis Intervention/Stabilization
- ☐ Acute Psychiatric Hospitalization

Family Support Services
- ☐ Family Partnership Facilitation
- ☐ Respite
- ☐ Intensive Care Coordination (ICC)
- ☐ Family Support Partner
- ☐ Child Mentoring Parent Coaching

Community-Based Behavioral Health Services
- ☐ Assessment
- ☐ Group Therapy
- ☐ Family Therapy
- ☐ Intensive In-Home
- ☐ Therapeutic Day Treatment
- ☐ Case Management
- ☐ Medication Management
- ☐ Applied Behavior Analysis
- ☐ Trauma Focused/Informed Services

Educational Services
- ☐ Private Day School
- ☐ Residential School
- ☐ School-based Mental Health Services

Evidence-based Behavioral Health Services
- ☐ Multi-systemic Therapy
- ☐ Functional Family Therapy
- ☐ Parent Child Interaction Therapy
- ☐ Cognitive Behavioral Therapy
- ☐ Motivational Interviewing

Foster Care Services
- ☐ Family Foster Care Homes
- ☐ Therapeutic Foster Care Homes
- ☐ Independent Living Services

Other Services
- ☐ Other: _____
- ☐ Other: _____
- ☐ Other: _____
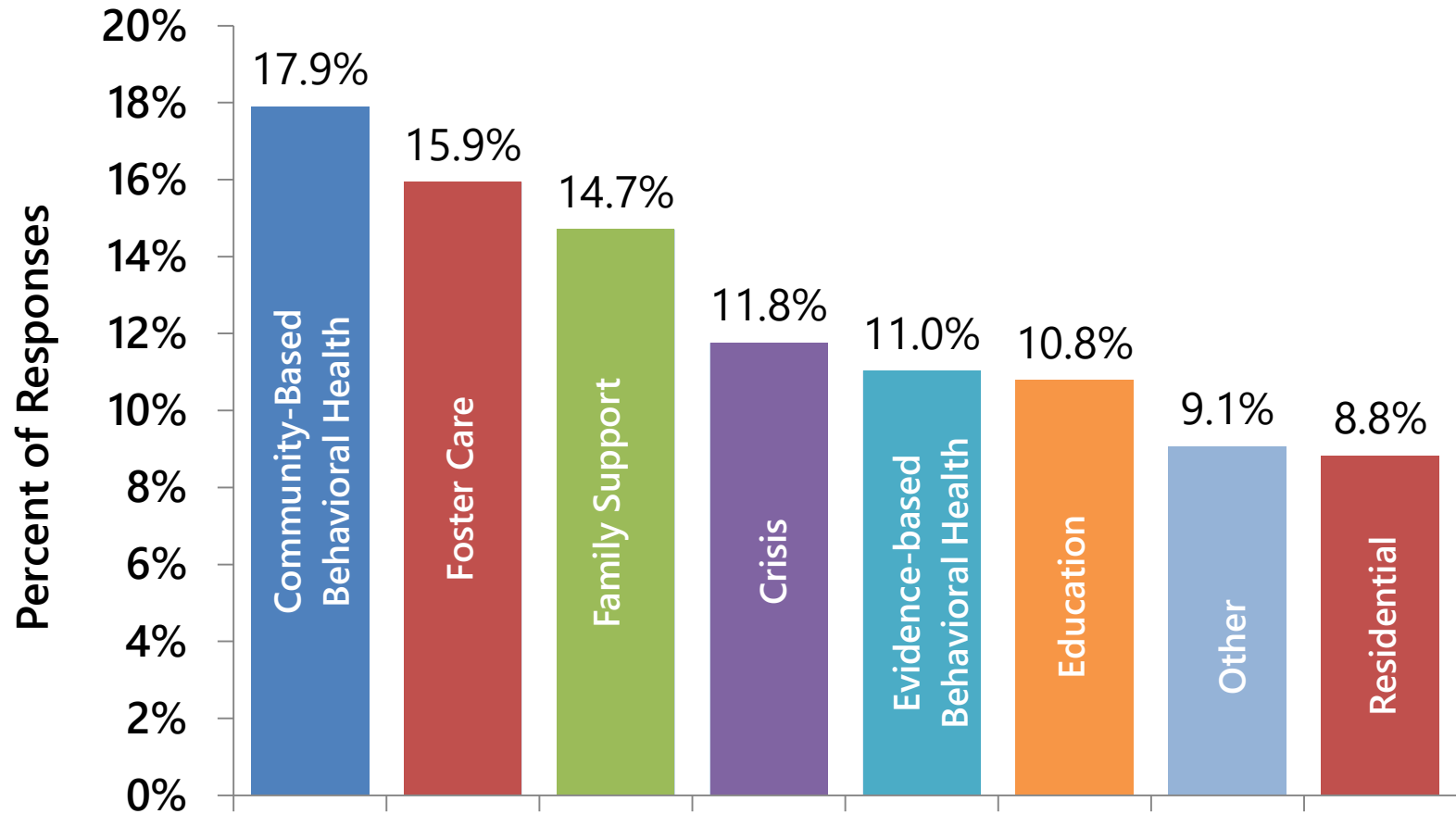
Populations and Age Groups

Populations

☐ Autism
☐ Intellectual Disability/Developmental Disability
☐ Potentially Disrupting or Disrupted Foster Care Placements
☐ Potentially Disrupting or Disrupted Adoptions
☐ Sex Offending/Sexually Reactive Behaviors
☐ Youth with Multiple Mental Health Diagnoses
☐ Youth involved with the Juvenile Justice System
☐ Substance Abuse
☐ Other:

Age Groups

☐ Pre-School Age (0-5)
☐ Elementary School Age (6-10)
☐ Middle School Age (11-13)
☐ High School Age (14-18)
☐ Transition Age (19-21)

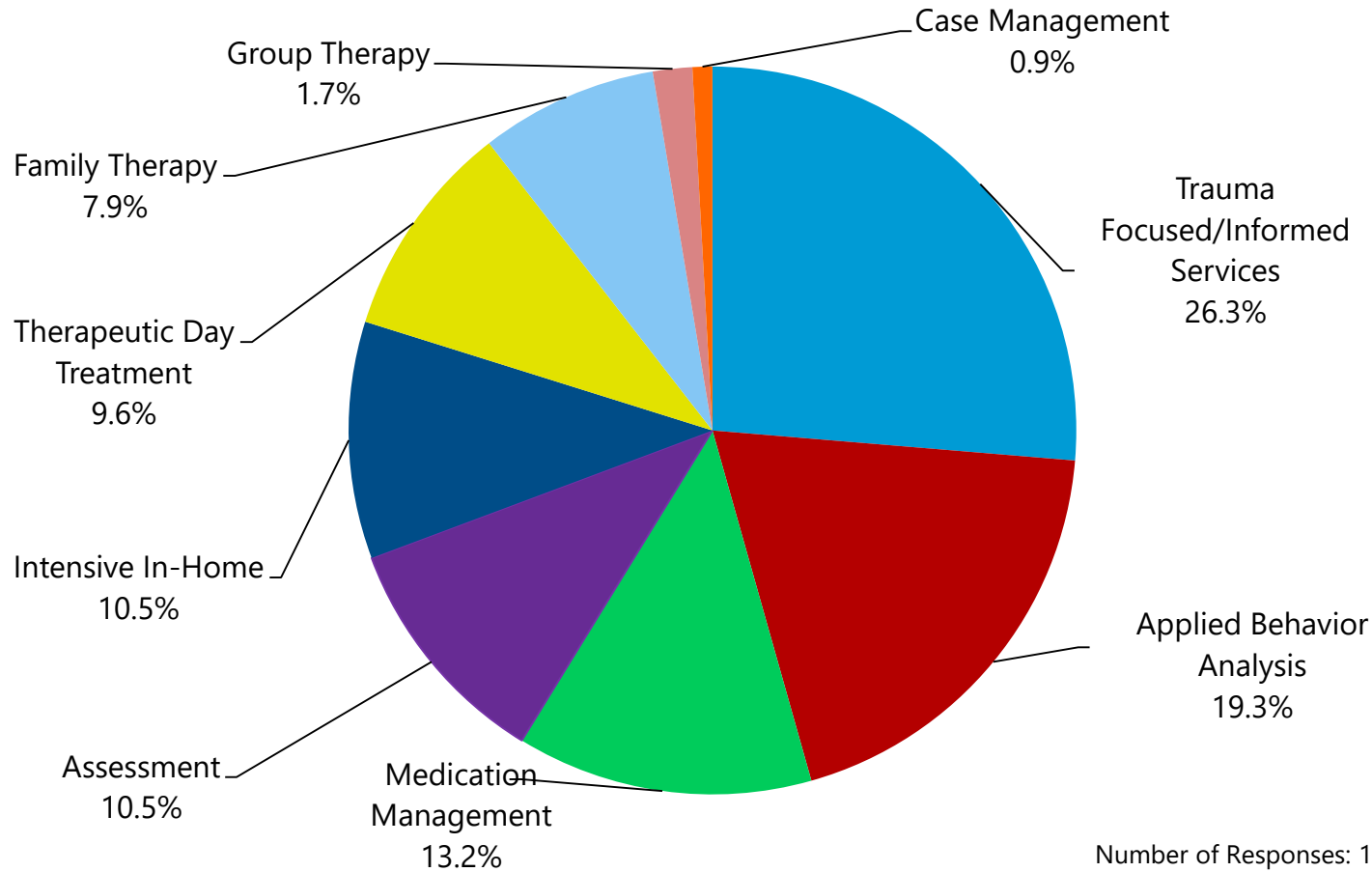# Gaps Grouped by Type of Service: Statewide

Number of Responses: 408

Service Gaps: Statewide

Community-Based Behavioral Health Services

(Percent of Responses)

- Case Management 0.9%
- Group Therapy 1.7%
- Family Therapy 7.9%
- Therapeutic Day Treatment 9.6%
- Intensive In-Home 10.5%
- Assessment 10.5%
- Medication Management 13.2%
- Trauma Focused/Informed Services 26.3%
- Applied Behavior Analysis 19.3%

Number of Responses: 114

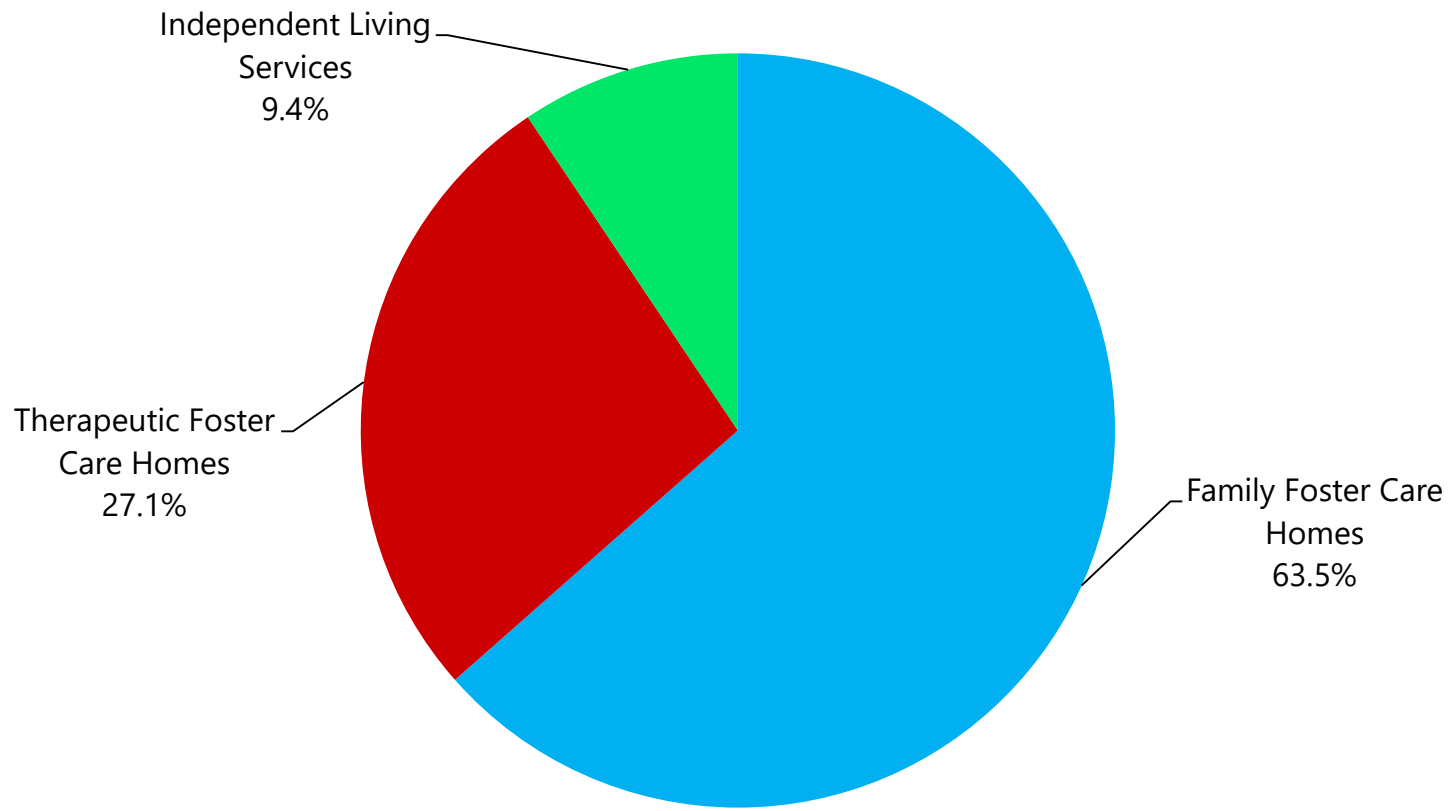# Populations and Age Groups with Gaps in Community-Based Behavioral Health Services: Statewide

Top Three Populations with Gaps	Number of Responses	Percent of Responses (n=295)
Autism	42	14.2%
Youth with Multiple Mental Health Diagnoses	42	14.2%
Sex Offending/Sexually Reactive Behaviors	32	10.9%

Top Three Age Groups with Gaps	Number of Responses	Percent of Responses (n=221)
Middle School Age (14-18)	45	20.4%
High School Age (11-13)	43	19.5%
Elementary School Age (6-10)	40	18.1%

Service Gaps: Statewide

Foster Care Services
(Percent of Responses)

- Independent Living Services 9.4%
- Therapeutic Foster Care Homes 27.1%
- Family Foster Care Homes 63.5%

Number of Responses: 85

Populations and Age Groups with Gaps in Foster Care Services: Statewide

Top Three Populations with Gaps	Number of Responses	Percent of Responses (n=244)
Sex Offending/Sexually Reactive Behaviors	32	13.1%
Youth with Multiple Mental Health Diagnoses	32	13.1%
Potentially Disrupting or Disrupted Foster Care Placements	27	11.1%

Top Three Age Groups with Gaps	Number of Responses	Percent of Responses (n=171)
High School Age (14-18)	49	28.7%
Middle School Age (11-13)	39	22.8%
Elementary School Age (6-10)	24	14.0%

Service Gaps: Statewide

Family Support Services

(Percent of Responses)

Intensive Care Coordination (ICC) 12.4%

Child Mentoring 11.1%

Family Partnership Meeting Facilitation 2.5%

Family Support Partner 12.4%

Parent Coaching 18.5%

Respite 43.2%
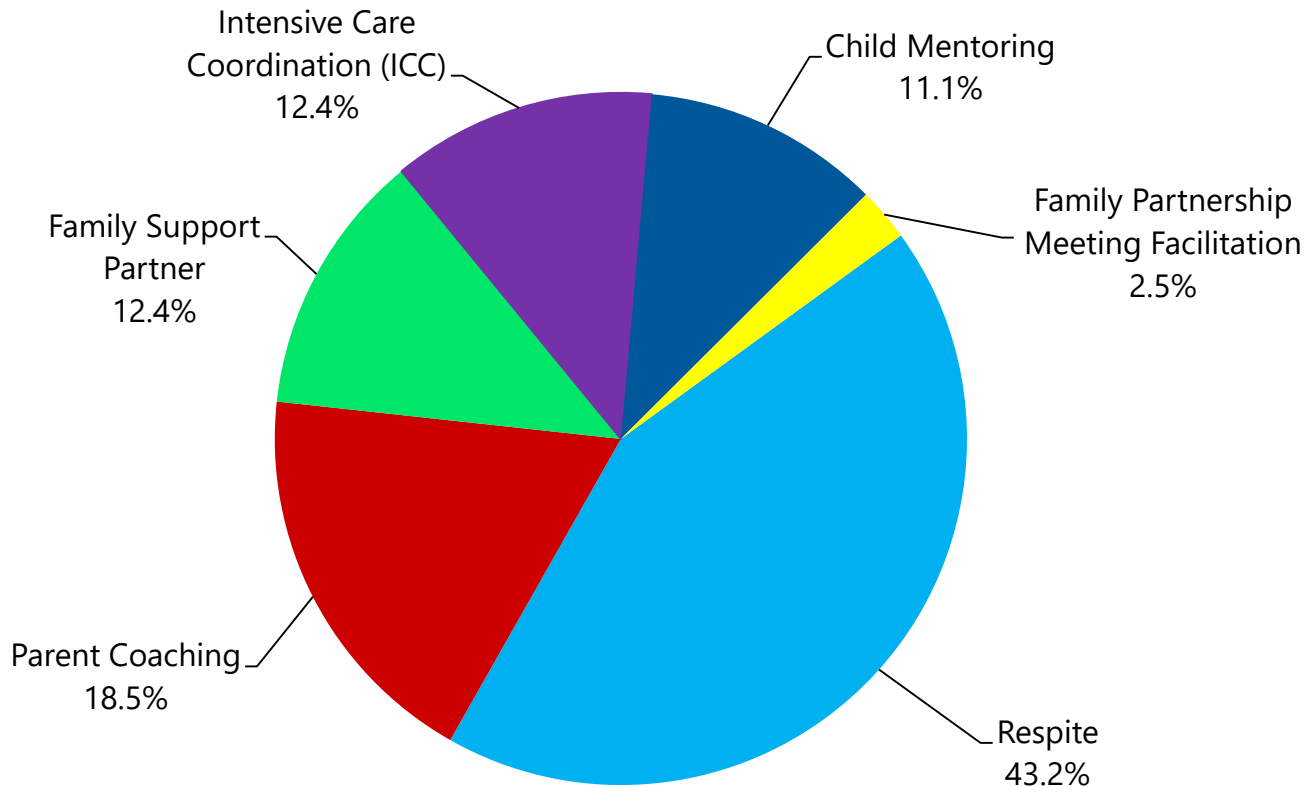
Number of Responses: 81

Populations and Age Groups with Gaps in Family Support Services: Statewide

Top Three Populations with Gaps	Number of Responses	Percent of Responses (n=239)
Youth with Multiple Mental Health Diagnoses	33	13.8%
Autism	30	12.6%
intellectual Disability/Developmental Disability	29	12.1%

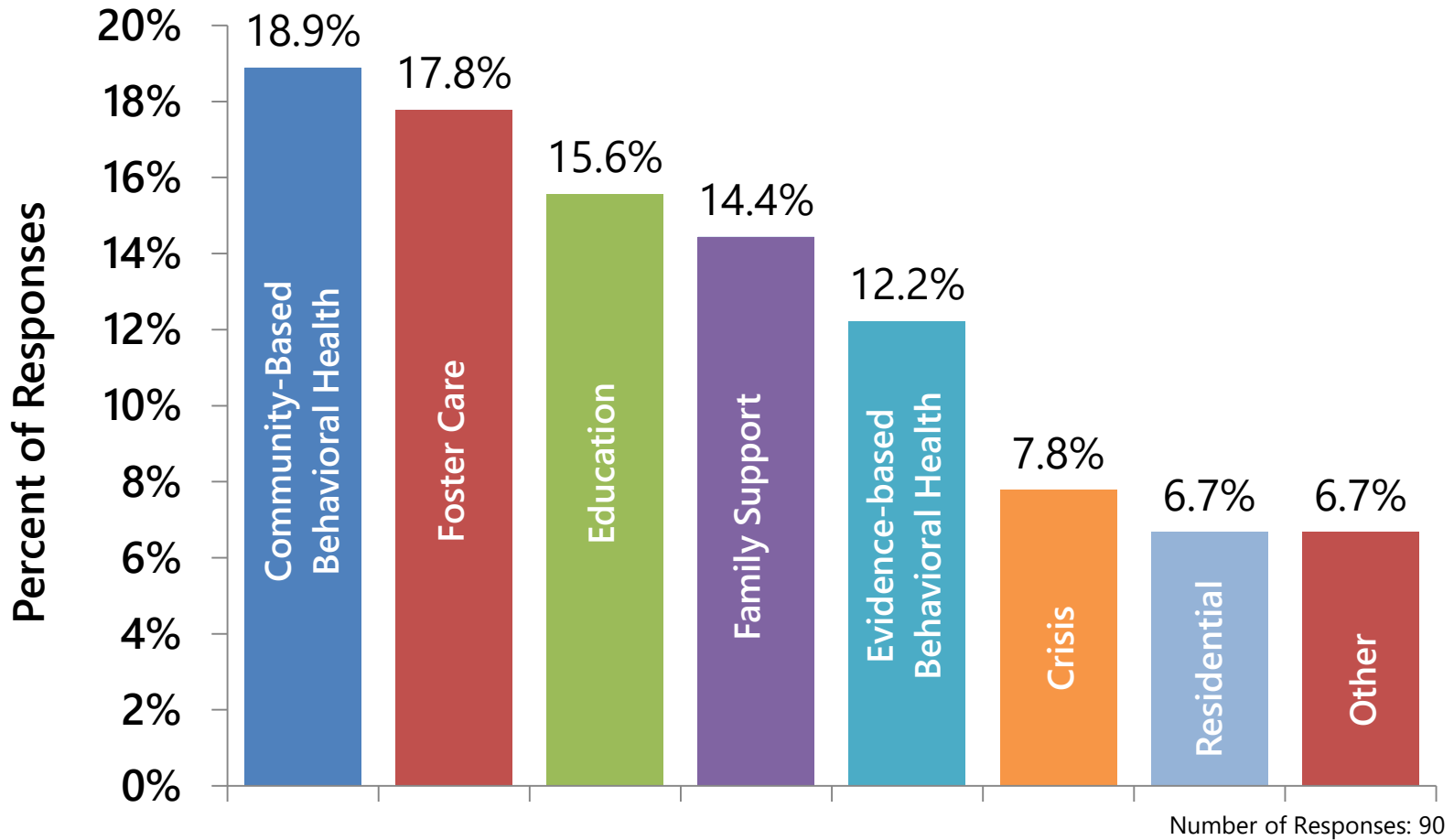| Top Three Age Groups with Gaps	Number of Responses	Percent of Responses (n=174)
High School Age (14-18)	39	22.4%
Middle School Age (11-13)	36	20.7%
Elementary School Age (6-10)	34	19.5%

Regional Boundaries
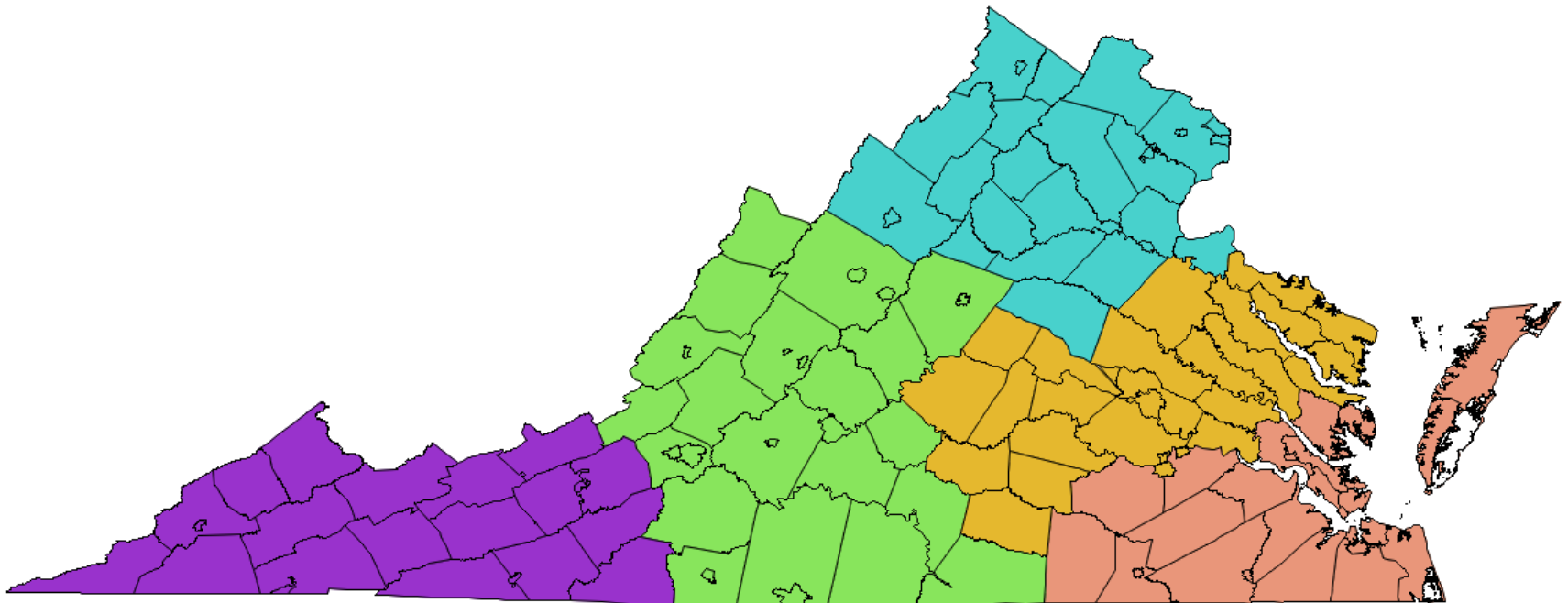
Western · Piedmont · Central · Northern · Eastern

Gaps Grouped by Type of Service: Central Region

Number of Responses: 90
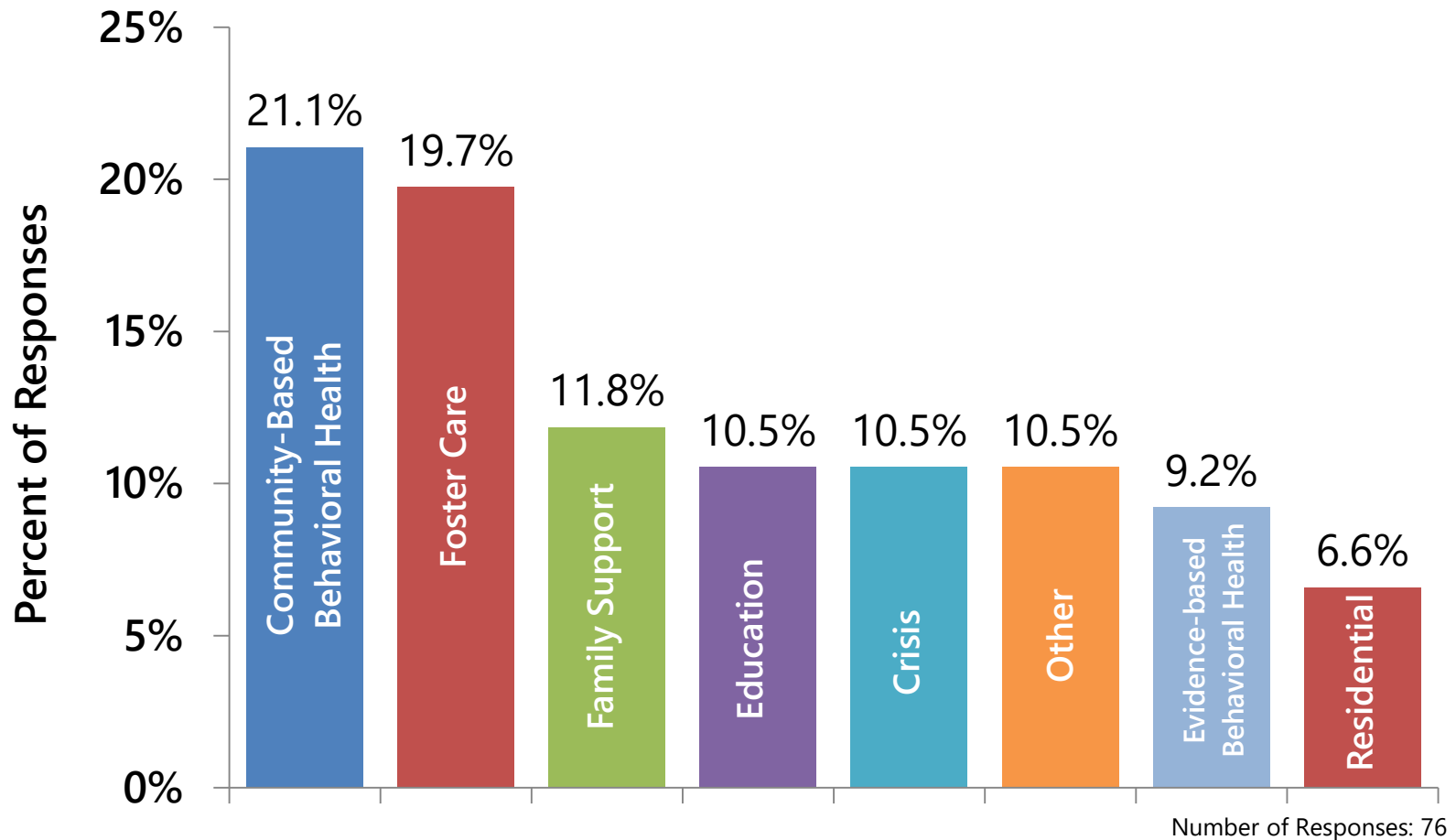
Gaps Grouped by Type of Service: Northern Region

Number of Responses: 83
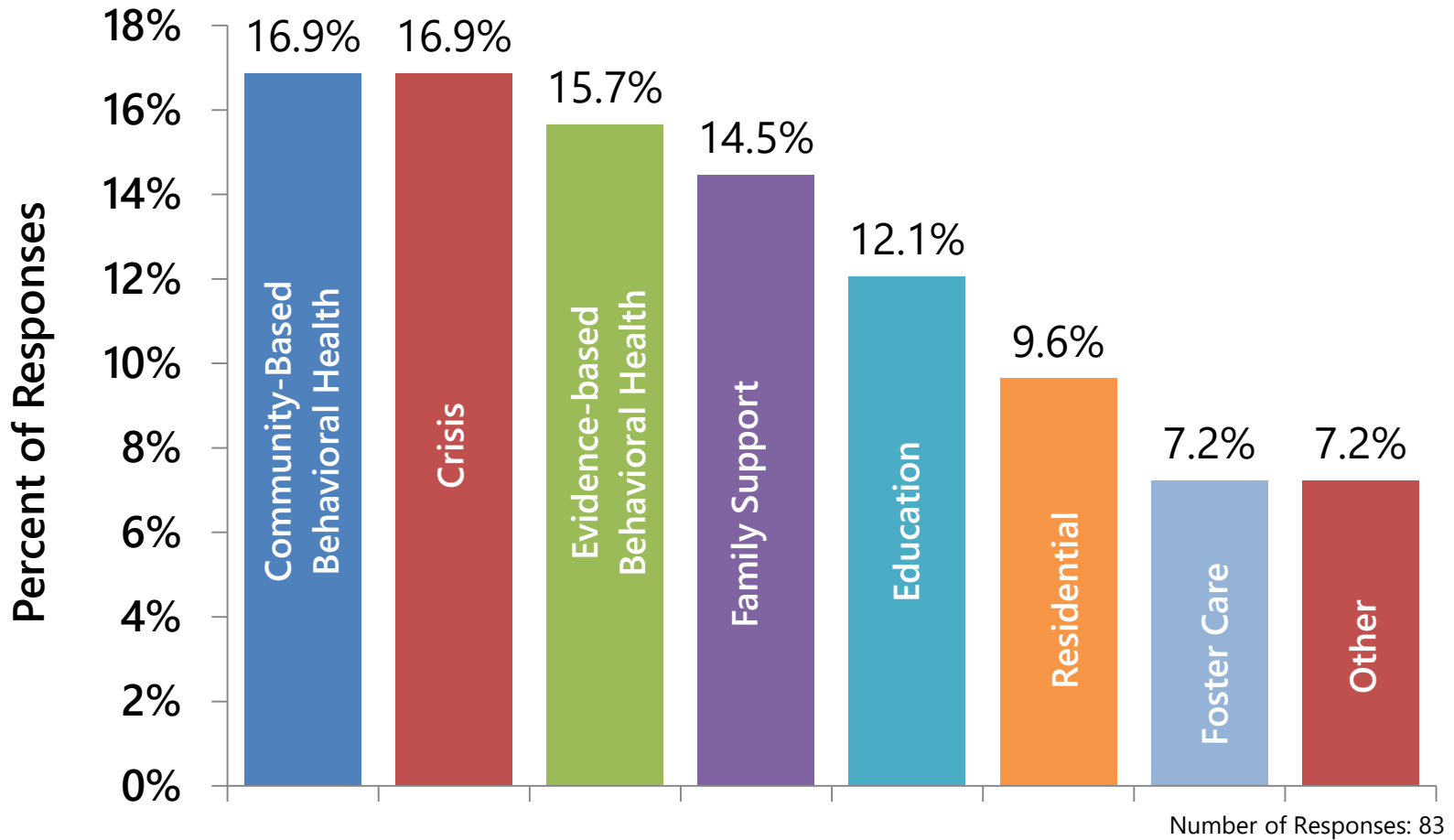
Gaps Grouped by Type of Service: Piedmont Region

Number of Responses: 99
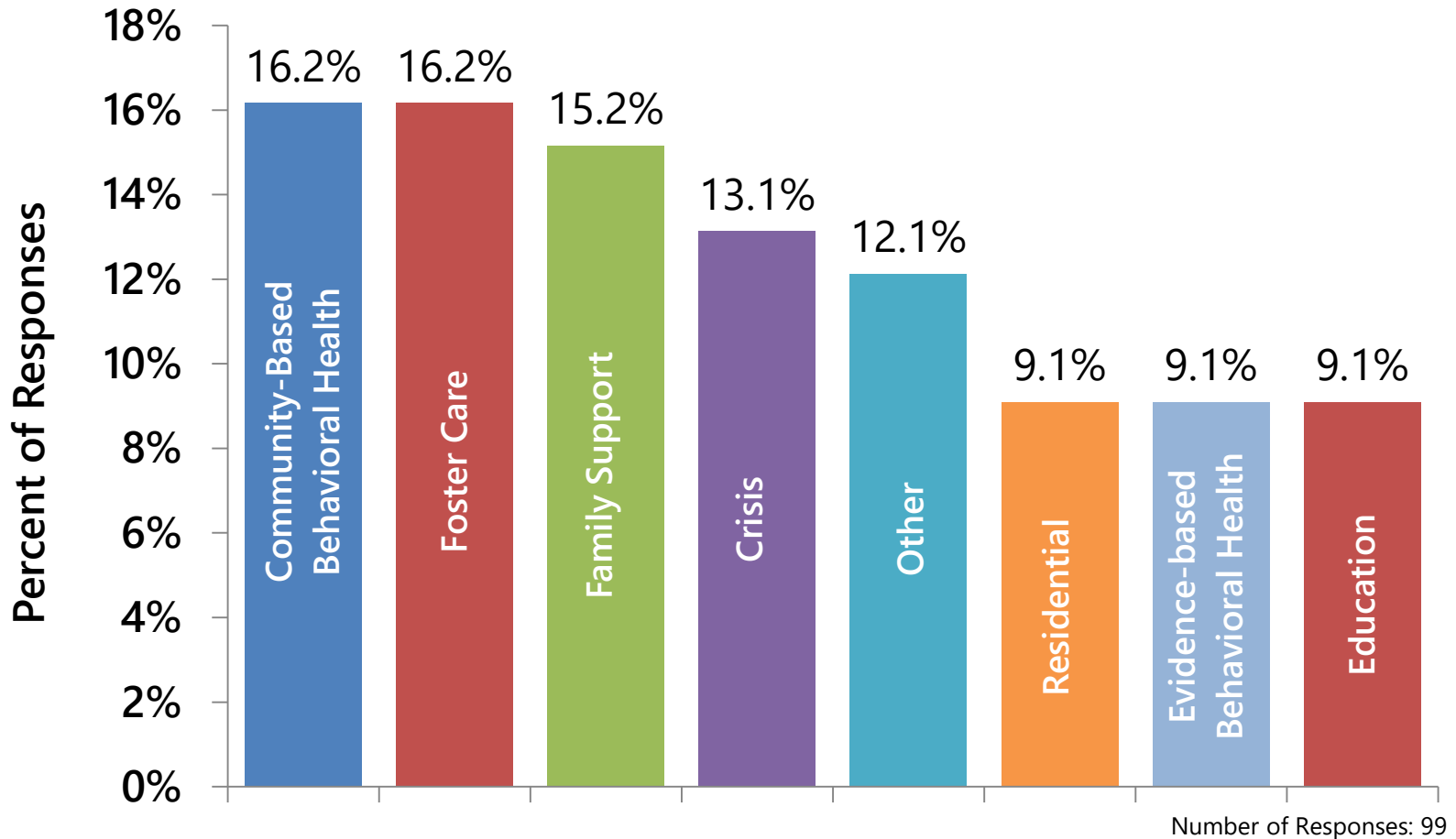
Gaps Grouped by Type of Service: Western Region

Percent of Responses

- Foster Care — 20.0%
- Family Support — 18.3%
- Community-Based Behavioral Health — 16.7%
- Residential — 13.3%
- Crisis — 10.0%
- Evidence-based Behavioral Health — 8.3%
- Other — 8.3%
- Education — 5.0%

Number of Responses: 60

Level of Impact Barrier has had on the Ability to Develop Services

"Need For Collaboration and Consensus"

Rating	Cases	Percent
1	26	25.0%
2	31	29.8%
3	31	29.8%
4	12	11.5%
5	4	3.9%
Total	104	100.0%
Average: 2.4		

1 = "Not At All"
5 = "A Great Deal"
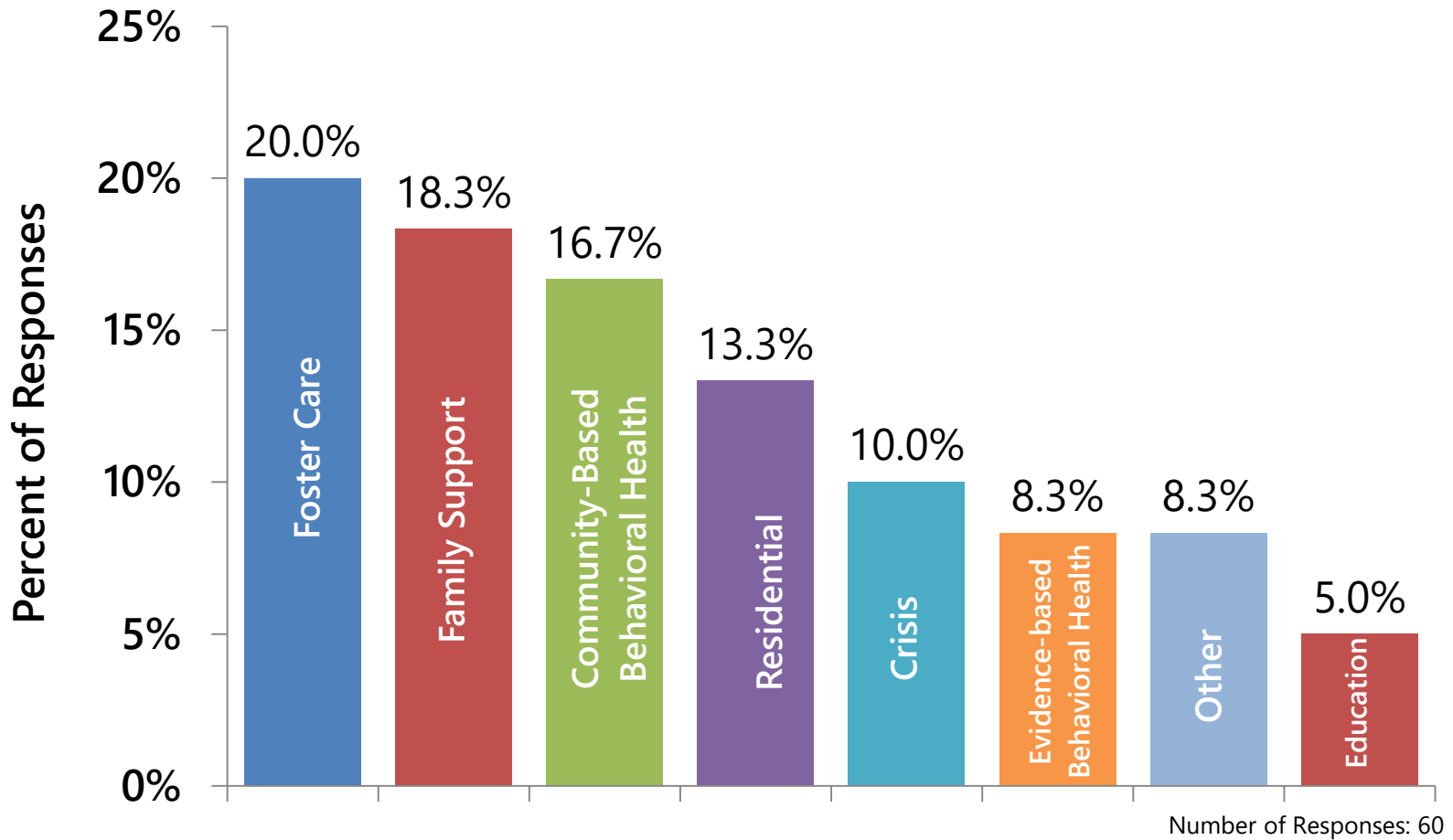
Level of Impact Barrier has had on the Ability to Develop Services

"Lack Of Funding"

Rating	Cases	Percent
1	15	14.4%
2	14	13.5%
3	21	20.2%
4	21	20.2%
5	33	31.7%
Total	104	100.0%
Average: 3.4		

1 = "Not At All"
5 = "A Great Deal"

Level of Impact Barrier has had on the Ability to Develop Services

"Lack Of Transportation"

Rating	Cases	Percent
1	10	9.6%
2	6	5.8%
3	17	16.4%
4	30	28.9%
5	41	39.4%
Total	104	100.0%
Average: 3.8		

1 = "Not At All"
5 = "A Great Deal"
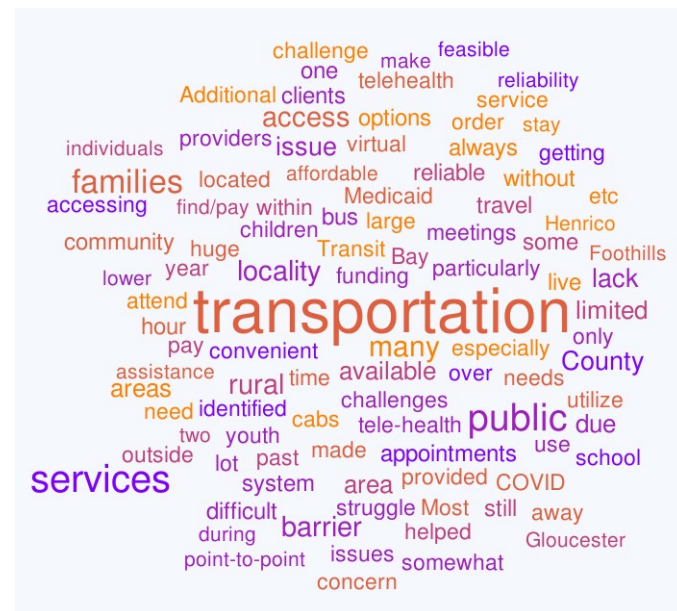
Level of Impact Barrier has had on the Ability to Develop Services

"Provider Availability"

Rating	Cases	Percent
1	3	2.9%
2	8	7.7%
3	28	17.3%
4	23	22.1%
5	52	50.0%
Total	104	100.0%

Average: 4.1

1 = "Not At All"
5 = "A Great Deal"

Level of Impact Barrier has had on the Ability to Develop Services

"Need More information and Data"

Rating	Cases	Percent
1	33	31.7%
2	27	26.0%
3	32	30.8%
4	9	8.7%
5	3	2.9%
Total	104	100.0%
Average: 2.3		

1 = "Not At All"
5 = "A Great Deal"

Level of Impact Barrier has had on the Ability to Develop Services

"Other Barriers"

Rating	Cases	Percent
1	8	10.5%
2	1	1.3%
3	12	15.8%
4	18	23.7%
5	37	48.7%
Total	76	100.0%
Average: 4.0		

1 = "Not At All"
5 = "A Great Deal"

Has your locality initiated actions over the past year to address the perceived services barriers?

Answer	Cases	Percent
Yes	84	80.8%
No	20	19.2%
Total	104	100.0%

Conclusions

- As a group, gaps in Community-based Behavioral Services were identified most often statewide and in 4 out of 5 regions

- However, Family Foster Care Homes were selected as the top individual service gap in the Commonwealth and in every region except the Northern region

- Youth with Multiple Mental Health Diagnoses were identified as the population with gaps most frequently statewide and either 1st or 2nd in each region

- High School Age children (14 – 18) were the age group selected most often statewide and in every region