# Getting The Most Out of CSA Hampton, Virginia's Approach

Presented by the Hampton Family Assessment and Planning Team

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Roanoke, Virginia

#### It's the Law in Virginia

Comprehensive Services Act (CSA) of 1992 intended to create a collaborative systems of services and funding that is:

- Child Centered
- Family Focused, and
- Community Based

When addressing the strengths and needs of troubled and at risk youth and their families.

## The Virginia General Assembly set goals for CSA which included:

- Preserve and strengthen families
- Provide services in the least restrictive setting
- Identify children in need of services and intervene early
- Create new services for unmet needs of children and
- families
- Grant local flexibility and require local accountability
- Encourage public and private partnerships in services
- delivery
- Increase interagency collaboration and family
- involvement

Comprehensive Services Act (CSA) was modeled after the National Systems of Care (SOC) philosophy.

#### A system of care:

- incorporates a broad array of services and supports that is organized into a coordinated network
- integrates care planning and management across multiple levels
- is culturally and linguistically competent and
- builds meaningful partnerships with families and youth at service delivery and policy levels.

## Hampton Virginia's Approach

## Hampton Virginia Systems of Care Core Values and Beliefs

- Keeping children and families together is the best possible use of resources.
- CPMT and FAPT partner with all who can support children and families' successful outcomes.
- We begin with outcomes not process.
- Families are the experts about their families.
- All stakeholder groups are accountable for positive outcomes for children and their families at home, school and in the community.
- Child centered, family focused and community based service delivery is the law in Virginia and must be implemented through new practice models.
- Do whatever it takes to support the success of children and families.
- Trying hard is not good enough. Trying Hard Is Not Good Enough by Mark Friedman 2005

## Community Based Services in 1994

Youth were in Residential Treatment

## Community Based Services Timeline 1997 - 2000

**Foster Care** 

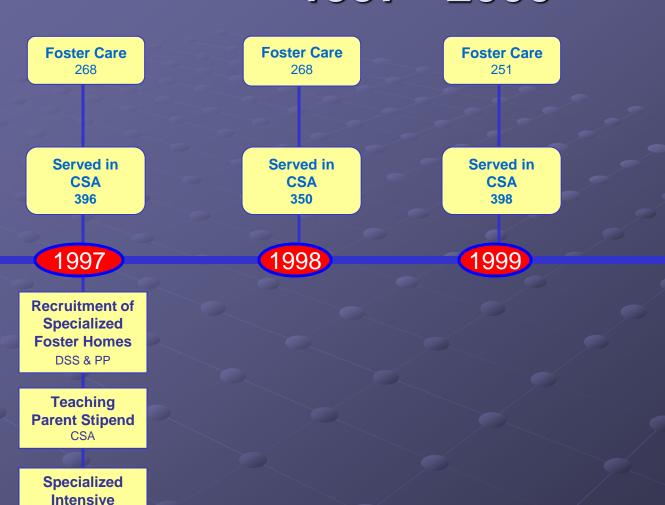
228

Served in

**CSA** 

429

2000

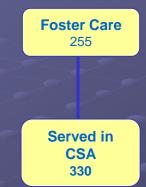


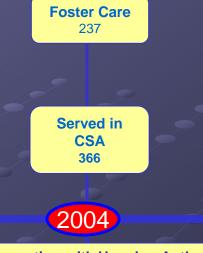
Foster Care
DSS & CSA

## Community Based Services Timeline ..... 2001 - 2004











2002

Restructuring Court Docket & Process

Parental Capacity Studies
DSS & CSB

2003

School Stabilization Order
DSS & School

**Use of Addendum Order** 

**Required GAL Reports** 

**Adoption Day Celebration** 

**Connection with Housing Authority** 

Child Dependency Mediation
DSS & CSU

Safe Harbor Visitation Center
DSS & CCFS

Concurrent Planning for Youth in Foster Care

Fast Track Adoption & Appeals Process JDRDC, Circuit Court, DSS & Private Adoption

Attorneys

## Community Based Services Timeline .... 2005 - 2006



Served in CSA 378

#### 2005

Therapeutic Respite Services

DSS & CSA

Family Stabilization Program
DSS & CSU

Intensive Care Coordination

CSA & CSB

Pathway to Permanency
DSS & Courts

Resource Parenting
DSS & CSA

Foster Care

Served in CSA 566

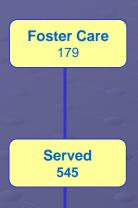
2006

Intensive
Intervention
Services
DSS & Courts

Family Group Conferencing DSS & Courts

M.E. Program
Healthy Families, CCFS
& DSS

## Community Based Services Timeline 2007 - 2009



Post Adoptive Services
DSS & CSB

2007

Bridgeport Academy
CSB & Hampton Public Schools

Fatherhood Initiative
DSS & CSB

Specialized Housing Services

CSB & PP

Mental Health Screening Initiative
CSU, CSB & JDRDC

Parents & Children Together (PACT)
DSS. CSA & LFS

**Kinship Care Navigation** 

DSS & CSA

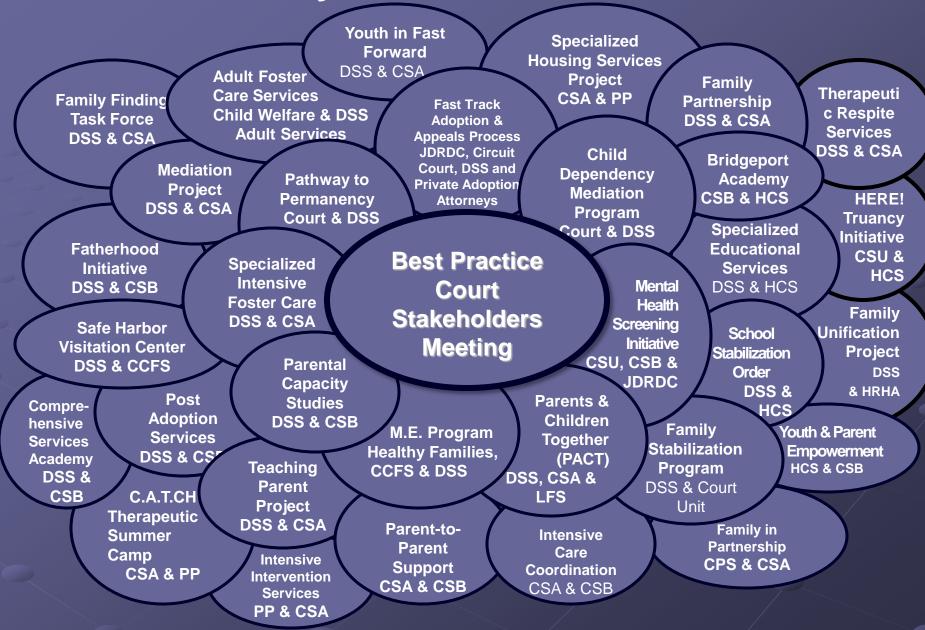
**Parent-to-Parent Support** 

CSA & CSB

**Foster Care Foster Care** 77 131 Served **Served** 446 468 2009 2008 **Families in Partnership** C.A.T.C.H. Therapeutic CSA & CPS **Summer Camp** CSA & PP **Adult Foster Care** Youth in FastForward: Services **Transition to Adulthood** Adult Services & Child Welfare Adult Services & Child Welfare R.E.S.P.E.C.T. School **Specialized Education Based Process Group Services** CPS & Schools

CSA & Schools

#### **Community Based Services in 2012**



This Community Service System was created one child at a time.

#### Hampton FAPT

The Hampton Family Assessment and Planning Team consists of the agencies serving children and their families and family representatives. The Hampton FAPT is a single team meeting multiple times a week and has staff that devotes a significant part of their work hours to FAPT involvement. Team members are acculturated into the child centered, family focused and community based approach to providing supports and services for children and their families.

#### Specialized Intensive Foster Care

This program was developed as an alternative to residential treatment centers. Professional Parents, with the knowledge and experience to support children and families with the most complex needs, provide 24 hour services, support and housing utilizing an unconditional care approach. These families receive Wraparound supports individualized for each child's specific strengths and needs. SIFC parents connect with the biological family and often serve as mentors to the families and siblings.

#### Resource Parenting

• This program partners agency foster parents with biological families to support, mentor, and coach them, as they parent their children. The families served in this program continue to maintain custody of their children and benefit from the training and support of the resource parent.

#### Parent to Parent Support Project

This program provides families a mentor to serve as guides and support for families involved in the FAPT process. Parent to Parent advocates have received services from FAPT member child serving agencies and developed the skills necessary to support families at home, school and in the community.

#### The Fatherhood Initiative

This program has been developed to increase the role of fathers in the FAPT process as well as throughout the Hampton children's service delivery system. Fathers attend a 12 week group to provide support and education regarding their child's strengths and complex needs; reduce stressors regarding the role of fathers with their children and families; and develop each father's skills and abilities to advocate for their children and family.

#### Family Support

Family support is a home-based program that is designed to support families by providing practical supports. It's a flexible, child-specific intervention, that imports a variety of techniques to help families that require in-home supports but don't meet the medical necessity of intensive inhome.

#### Therapeutic After School Programs

Therapeutic After School programs have been utilized to meet the needs of young people with emotional/behavioral issues and intellectual delays. The youth served in these programs require a higher level of structure and programming than traditional after-school programs provide.

Communities must create their own Systems of Care based on their strengths and needs driven by outcomes.

#### **Questions a Community Might Ask**

- Where are our children and young adults?
- How are we spending our money?
- Can our community based service providers support children and families with complex needs in our community?
- Where are our creative Systems of Care champions?
- Are our schools ready?

#### **Questions a Community Might Ask**

- What do our judges need?
- What model should we use?
- How do we manage liability?
- What outcomes can we, should we, will we measure?
- Our vision, mission, values and beliefs are.....

### So Many Choices....

Permanenc y Planning & Permanenc y PACT Evidenced
Based
Practice

Systems of Care

Positive Behavior Supports

Family Team Decision Making Children

and

Kinship
Care

Families

Family Group Conferencin g

Balanced Approach
to Restorative

Sustice

Positive Youth Development

MST G FFT Structural
Approaches
& Systemic
Approaches

Wraparound

Early Intervention Prevention

## Questions

and

Comments