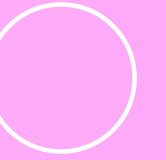


**Becoming What  
I Always Needed:  
One Mom's Journey to  
Becoming a Family Support  
Partner**

**Kirstan Ann Knipple  
Family Support Partner  
Certified Peer Recovery Specialist  
High Fidelity Wrap Around Support Partner**

# Who Am I?



**Solo Momma of 2 amazing kiddos**

**Family Support Partner & Certified Peer Recovery Specialist- Encompass Community Supports**

**High Fidelity Wrap Around Support Partner**

**Mom2Mom Founder & Executive Director**

**Culpeper Pride Outreach and Support Coordinator**

**DV Survivor**

**Sister**

**Friend**



# What did you want to be when you grew up?

**Teacher**

**Lawyer**

**Doctor**

**Social**

**Worker**

**Police Officer**

**Fire Fighter**



# **What is a Certified Peer Recovery Specialist?**

**“The Certified Peer Recovery Specialist (CPRS) is credential for individuals with personal, lived experience in their own recovery or experience as a family member or loved one. CPRS services are an important component in recovery-oriented systems of care. By offering insight into the recovery process based on their own experience, CPRSs are able to provide a unique perspective to those with similar life experiences.”**

**“ A CPRS is not a sponsor, case manager or a therapist but rather a role model, mentor, advocate and motivator.”**

**Virginia Certification Board**

# **What is a Family Support Partner?**

**“A FSP is the parent or caregiver of a youth with emotional, behavioral, mental health and/or substance use challenges and has lived experience of successfully navigating Virginia's child behavioral health system (to include courts, schools, social services. etc.).**

**FSPs partner with other families attempting to navigate the system with their youth by connecting with them on an emotional level. They do this through sharing lived experiences in a nonclinical, nonjudgmental, and empathetic way to establish a trusting relationship.”**

**Family Support Partners of Virginia**

**Cristy Corbin**



# Services my daughter has participated in?



**Children's Case Management x 2**

**Crisis Therapy**

**Outpatient Therapy x 4**

**Intensive In Home**

**FAPT Table**

**STEP Program- After School Therapy**

**Program x 2**

**Equine Therapy**

**Psychological Evaluation**

**Med Management**

**MST**

**Currently has an IEP for Emotional  
Differences- Depression/Anxiety/ADHD**

# Services my son has participated in?

**Outpatient Therapy**  
**Physical Therapy**  
**Occupational Therapy**  
**Med Management**  
**Vision Therapy**

**Currently has a 504 for  
ADHD**





# My Story







**1996-2006**







**2007-2014**





# 2015





# 2016



  
bluegreenvacations®





# 2017





# 2018









**2020**





2022



# 2023

## Mom2Mom celebrates opening of new office

**RICHARD HORNER**  
Culpeper Star-Exponent

Culpeper nonprofit Mom2Mom continues to grow as it held a grand opening for its first brick and mortar office on June 21.

The office will also act as a distribution center that will hold diapers and other related items the organization has offered to clients since it first started.

According to Mom2Mom founder and director Kirstan Knipple, about 35 people attended the celebration, including the Culpeper County and Orange County Chambers of Commerce and Culpeper Town Mayor Frank Reeves Jr.

Knipple was elated at the opening of the center, "It's such a surreal feeling to be hon-

est. This has all happened so quickly, it's so hard to believe it. I'm so excited about it though."

The swiftness of the nonprofit's growth can't be understated, especially when compared to Knipple's original plan. Founded in April 2020, Mom2Mom began as a Facebook page dedicated to helping friends and family find needed resources during the coronavirus pandemic. Soon after, she started a service that delivers diapers and related items to people in need of the supplies.

Knipple said she started the delivery service as there is no government program that currently exists to fill this need.

Please see **MOM2MOM**, Page A2

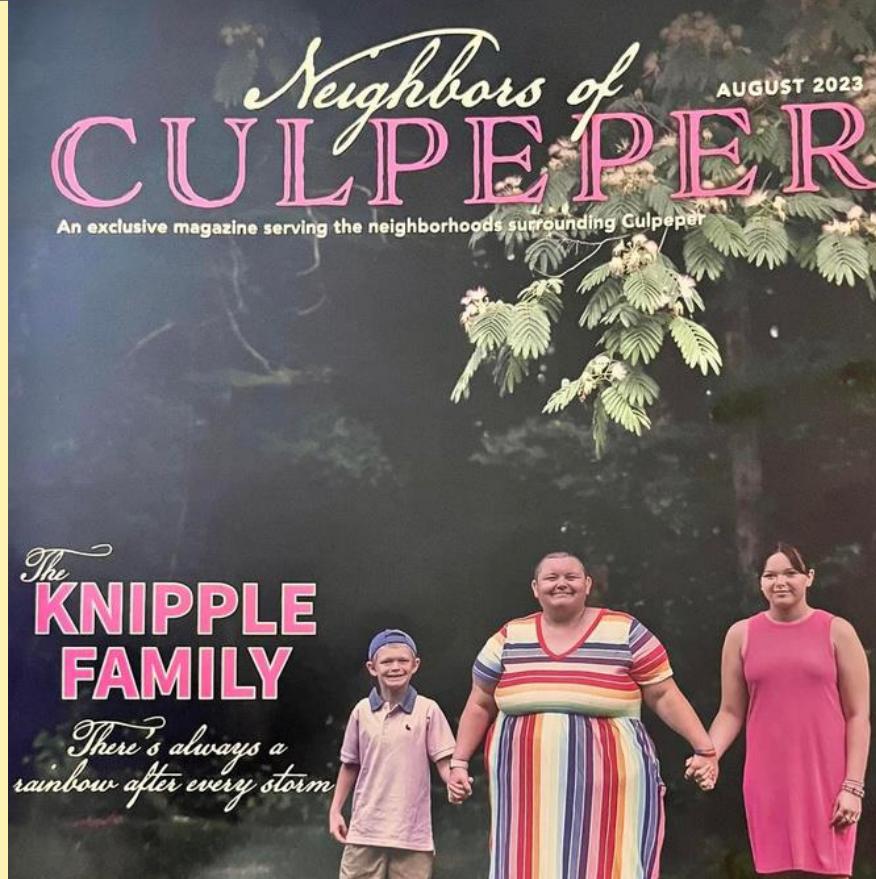
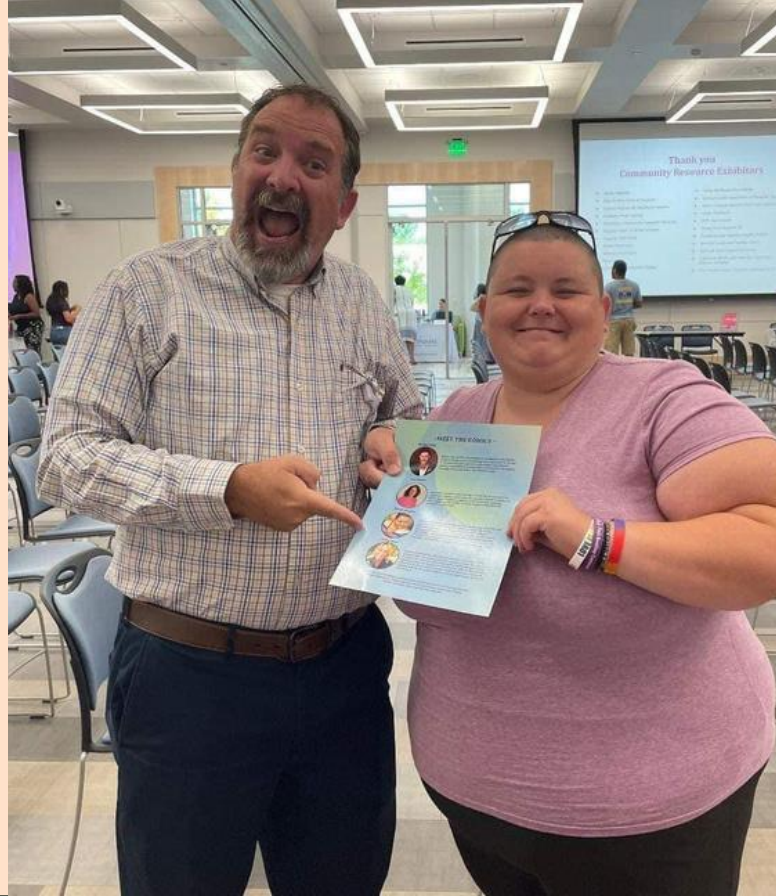


CULPEPER COUNTY CHAMBER OF COMMERCE

Mom2Mom staff and community members gather for a ribbon cutting at the nonprofit's new office and distribution center on Southridge Parkway in Culpeper on June 21.







2023









# **How can you best support families like mine?**

**Listen**

**Attempt to Understand**

**Make us known of meetings as soon as possible**

**Keep us updated to any changes**

**If your locality has FSP'S and or CPRS's  
please utilize us!**





**Kirstan Ann Knipple**  
**Family Support Partner**  
**Certified Peer Recovery Specialist**  
**High Fidelity Wrap Around Support**  
**Partner**

**[KKnipple@ecsva.org](mailto:KKnipple@ecsva.org)**

**(540) 792-1152**