



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



CENTER for
EVIDENCE-BASED
PARTNERSHIPS

Family First Virginia

Partnering in Prevention

CSA Conference 2023

Welcome!

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CENTER for
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VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



Today's Agenda



Family First
101



VDSS &
CEP-Va
Partnership



EBPs:
What, Why,
& How



What's
Next

Family First Prevention Services Act

The vision for Family First is to keep children safe, strengthen families, and reduce the need for foster care whenever it is safe to do so.



Requirements

- Candidacy determination
- Child-specific prevention services plan
- Monitor safety
- Time-limited services
- Expenditure and outcome reporting

In-Home Services

Kin First Culture

CPS Ongoing Practice

Prevention Practice

Family First
Legislation

Candidate for Foster Care

Child is at imminent risk of out of home placement

Absent effective preventive services, foster care placement is the planned arrangement for the child

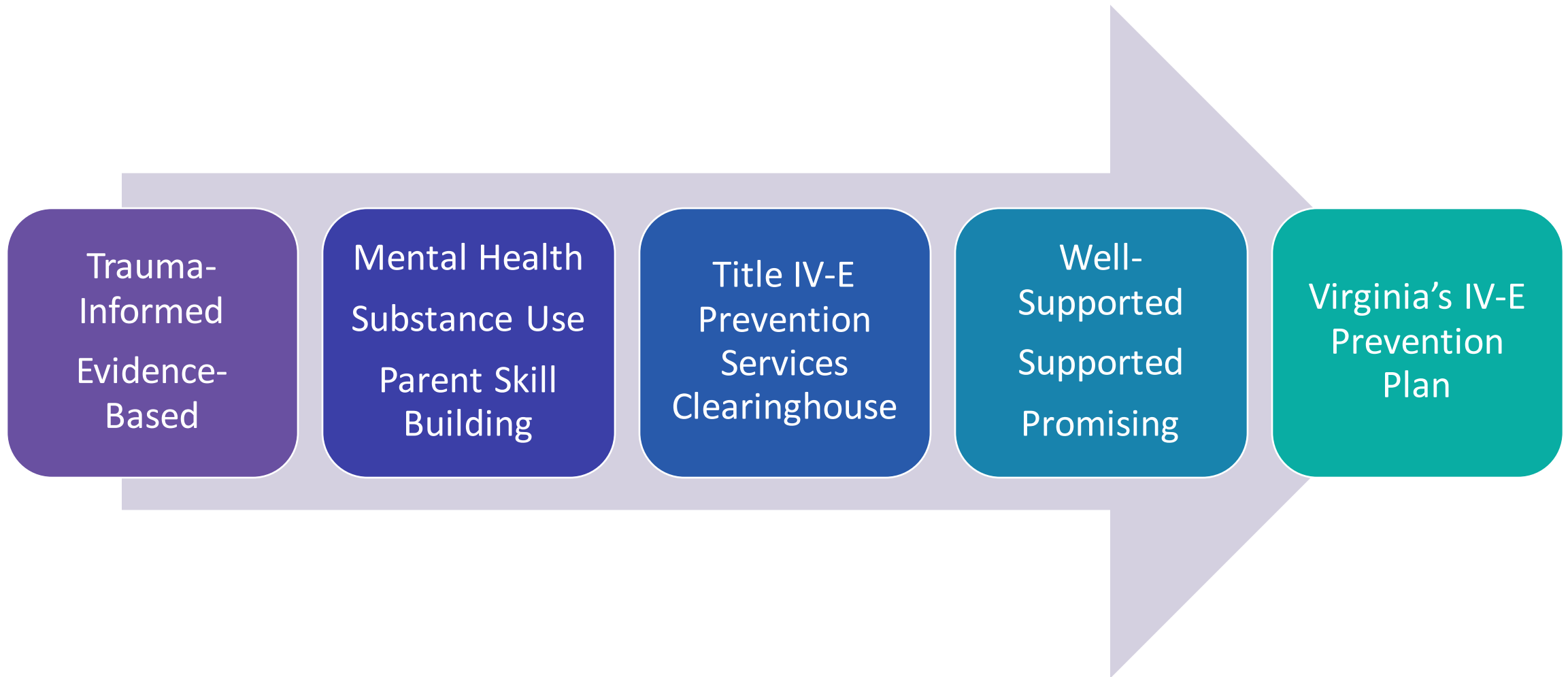
Service plan was developed jointly with child and parents/guardians

Description of services offered or provided to prevent the removal of the child from the home

Case is actively being managed to maintain child in the home or with kinship caregivers to prevent placement in foster care

Child needs a title IV-E prevention service and the service is available

IV-E Prevention Services



Virginia's EBPs

Title IV-E Prevention Services Clearinghouse

Virginia Prevention Plan

Multisystemic
Therapy

MST

Functional Family
Therapy

FFT

Parent-Child
Interaction
Therapy

PCIT

Brief Strategic
Family Therapy

BFST

Family
Check-Up

FCU

Homebuilders

HB

High Fidelity
Wraparound

HFW

Motivational
Interviewing

MI

Virginia's Family First EBPs

Multisystemic Therapy (MST)

- 12-17 – youth conduct issues, substance abuse, & court involvement

Functional Family Therapy (FFT)

- 11-18 – youth conduct issues & disruptive behaviors, and family conflict

Parent-Child Interaction Therapy (PCIT)

- 2-7 – child aggression and safety concerns

Brief Strategic Family Therapy (BSFT)

- 6-17 – dysfunctional family patterns and parental mental health or SUD

Family Check-Up (FCU)

- 2-17 – mild/moderate child behavior concerns and disengaged family members

Homebuilders (HB)

- 0-18 – constant crisis and unstable living situation

High Fidelity Wraparound (HFW)

- 0-21 – complex mental health needs and need for services

Motivational Interviewing (MI)

- Caregivers – substance use disorder, child welfare involvement, & barriers to improvement

Basics of Motivational Interviewing (MI)

“MI is a collaborative, goal-oriented style of communication with particular attention to the language of change. It is designed to strengthen personal motivation for a commitment to a specific goal by eliciting and exploring the person’s own reasons for change within an atmosphere of acceptance and compassion”

William R. Miller and Stephen Rollnick- lead developers of MI



Spirit

- Partnership
- Evocation
- Acceptance
- Compassion



Skills

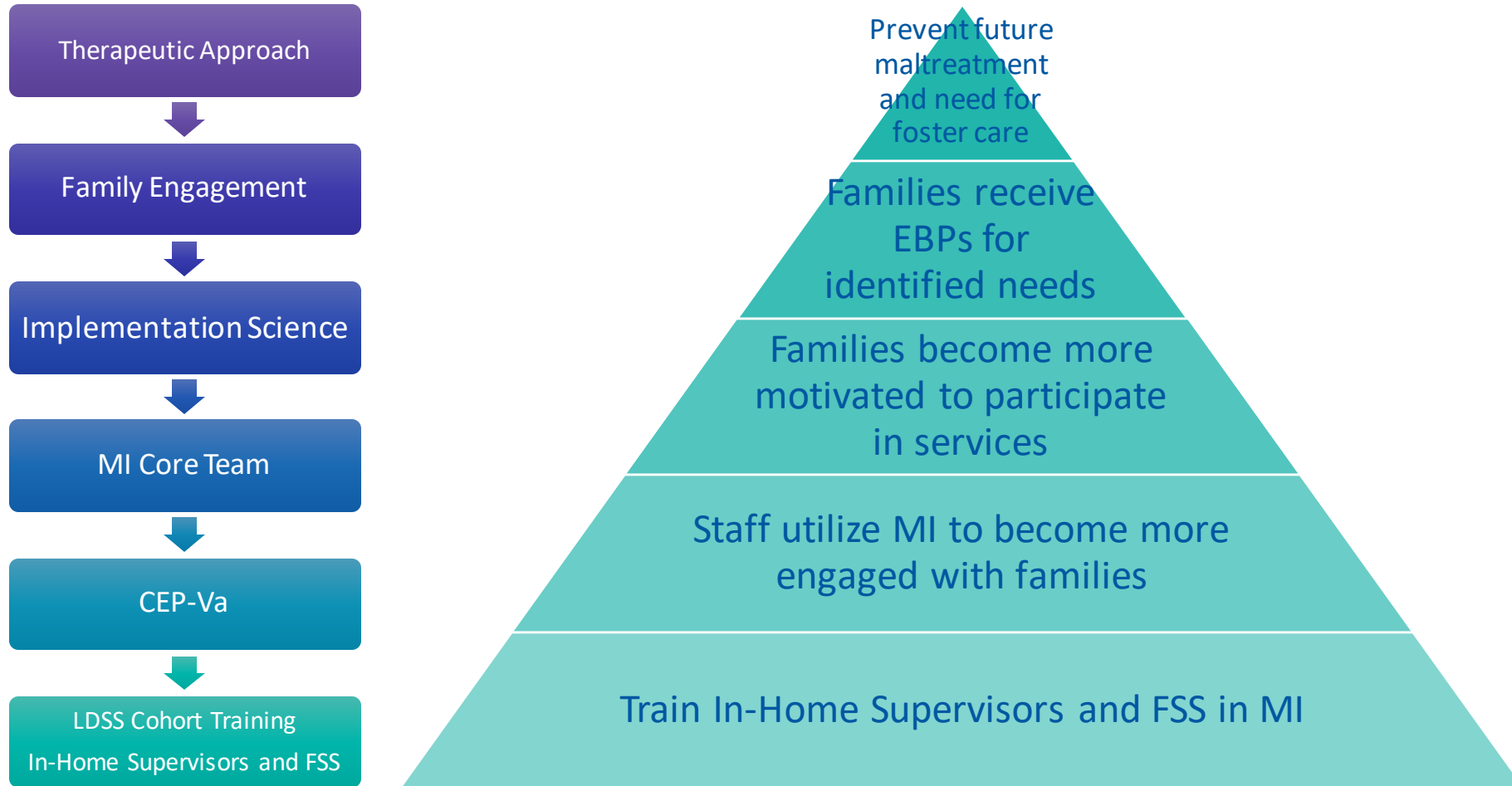
- Open Questions
- Affirmations
- Reflections
- Summarizing
- Attending to language of change
- Exchange of Information



Processes

- Engaging
- Focusing
- Evoking
- Planning

Motivational Interviewing



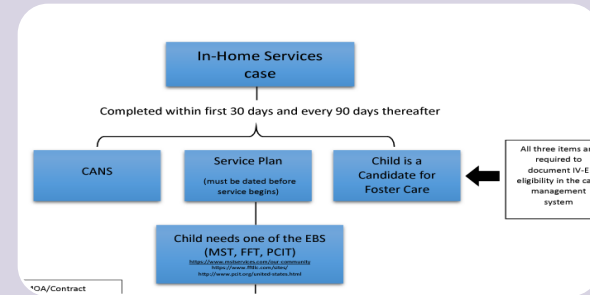
EBP Funding

Title IV-E Prevention Funding Checklist	Choose your responses from the picklists below:
Child Requirements for IV-E Prevention Funding	
Does the child have a completed CANS within 30 days of case opening or every 90 days thereafter?	<input type="text"/>
Does the child have a service plan dated prior to or the same day as CD form?	<input type="text"/>
Does the child have an In-Home Service Plan within 30 days of case opening or every 90 days thereafter?	<input type="text"/>
Does the service plan identify the EBS needed? (Selected Family First picklist: Mental health services, Substance use...	<input type="text"/>

IN-HOME SERVICES FUNDING

In-Home Services cases that have a funding need (CSA, title IV-E prevention services) must go through the Children's Services Act (CSA) process.

The Children's Services Act (CSA) establishes a collaborative system of services and funding that is child-centered, family-focused and community-based to assess and meet the strengths and needs of troubled and at-risk youths and their families in the Commonwealth. The purpose of this law is to: 1. Ensure that service...



Title IV-E
Prevention
Funding
Checklist

In-Home
Services
Funding

EBP Data &
Funding Flow
Chart

In-Home Guidance: https://www.dss.virginia.gov/files/division/dfs/ca_fc_prevention/early_prevention/manual/effective_042021/section_2_prevention_and_in-home_services_April_2021_2.pdf

Title IV-E Guidance: https://www.dss.virginia.gov/files/division/dfs/iv_e/manuals/Title_IV-E_Prevention_Manual_July_2021.pdf

FUSION: <https://fusion.dss.virginia.gov/dfs/DFS-Home/Prevention-Services/In-Home-Services>

Family First Team: FamilyFirst@dss.virginia.gov



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DFS Division of
Family Services



CENTER *for*
EVIDENCE-BASED
PARTNERSHIPS



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VIRGINIA DEPARTMENT OF
SOCIAL SERVICES



Integrity

We commit to challenging ourselves and our partners with integrity



Transparency

We practice secure and transparent data sharing



CEP-VA + VDSS

- NAGA
 - Ongoing needs assessment and gaps analysis
 - NAGA 1.0
 - NAGA 2.0
- Capacity Building
 - Provider training

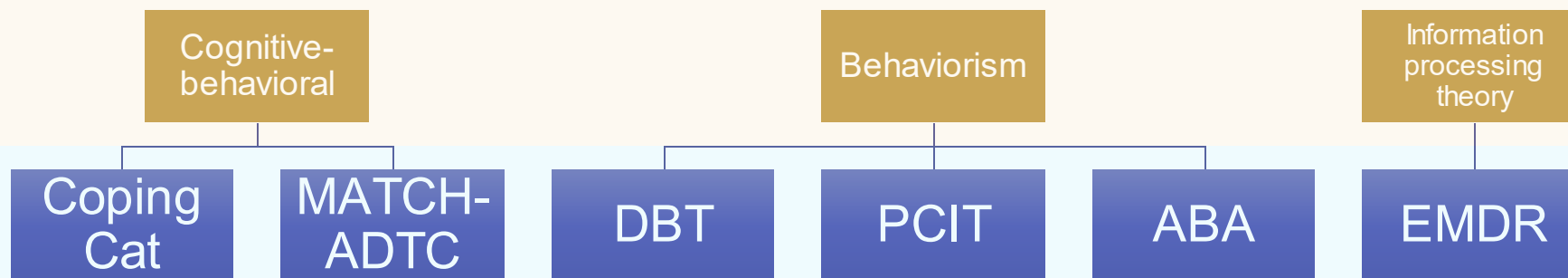
- Fidelity Monitoring
 - Partnerships with purveyors
 - Data sharing agreement
 - Fidelity measures
- Evaluation
 - HFW



“Evidence-based”



Theories – the WHY



Treatments – the HOW

Evidence-based services – systems working together to ensure program is delivered as it was intended

Commercialized, proprietary packages = why we say “**programs**”

What's the secret?



Trauma-informed

Realize the generational impact of trauma

Recognize the signs in self and others

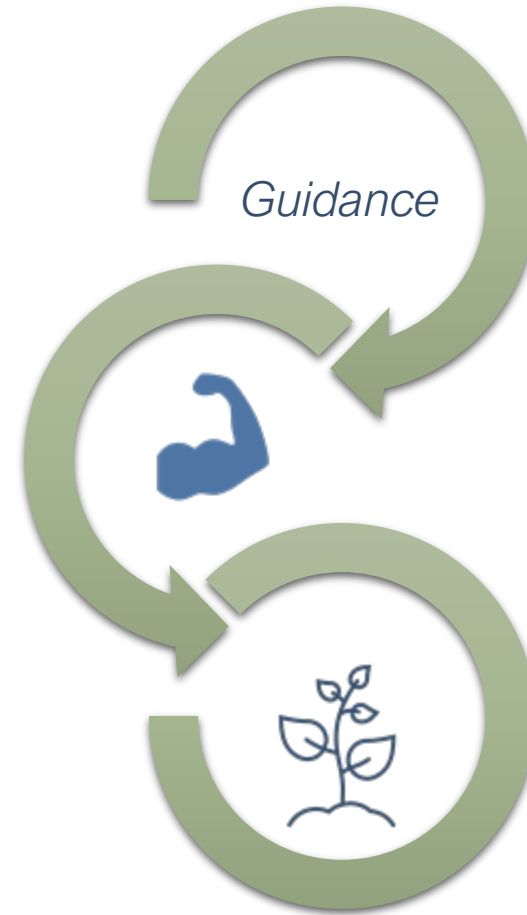
Adjust policies and procedures to center families

Prevent re-traumatization by acknowledging that harm happened

Secondary impact of EBPs

- ✓ **Burnout prevention**

Supervision + outcome monitoring =
Guidance



Title IV-E Prevention Services Training Awards

- ✓ Multisystemic Therapy
- ✓ Functional Family Therapy
- ✓ Parent-Child Interaction Therapy
- ✓ Brief Strategic Family Therapy
- ✓ Family Check-Up
- ✓ Homebuilders

Types:

1. Full
2. Supplemental

www.cep-va.org

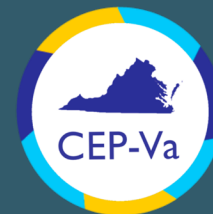




Request for Applications

Title IV-E Prevention Service Training Awards

cep-va.org





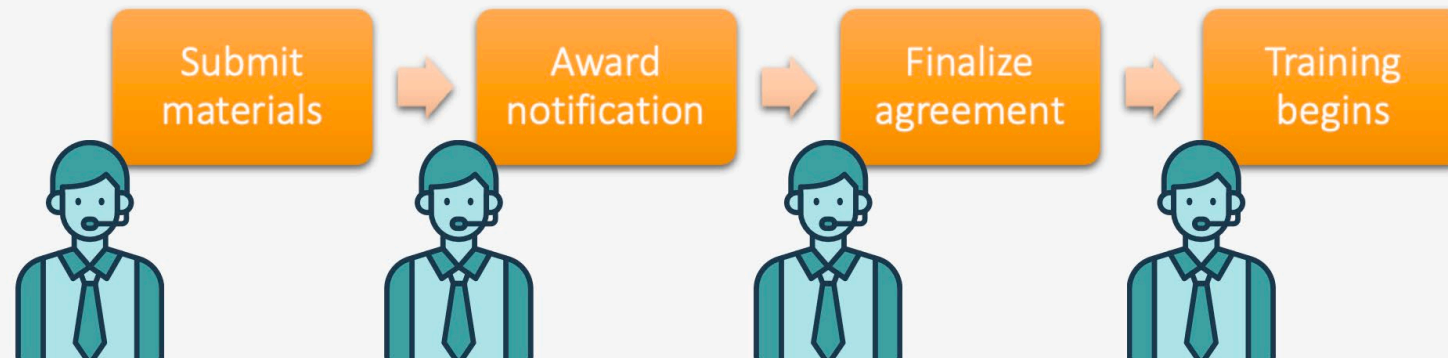
Training Awards

For whom?

Providers in partnership with at least one local DSS

For what?

Costs of workshops, consultation hours, EBP tangible requirements





How to Apply for a Training Award

STEP 1:

www.cep-va.org

- ❑ Complete online form at Qualtrics portal

EBPlab@vcu.edu

STEP 2:

- ❑ Demonstration of need
- ❑ Letter(s) of support
- ❑ Trainee matrix

From your local DSS!

Local data!

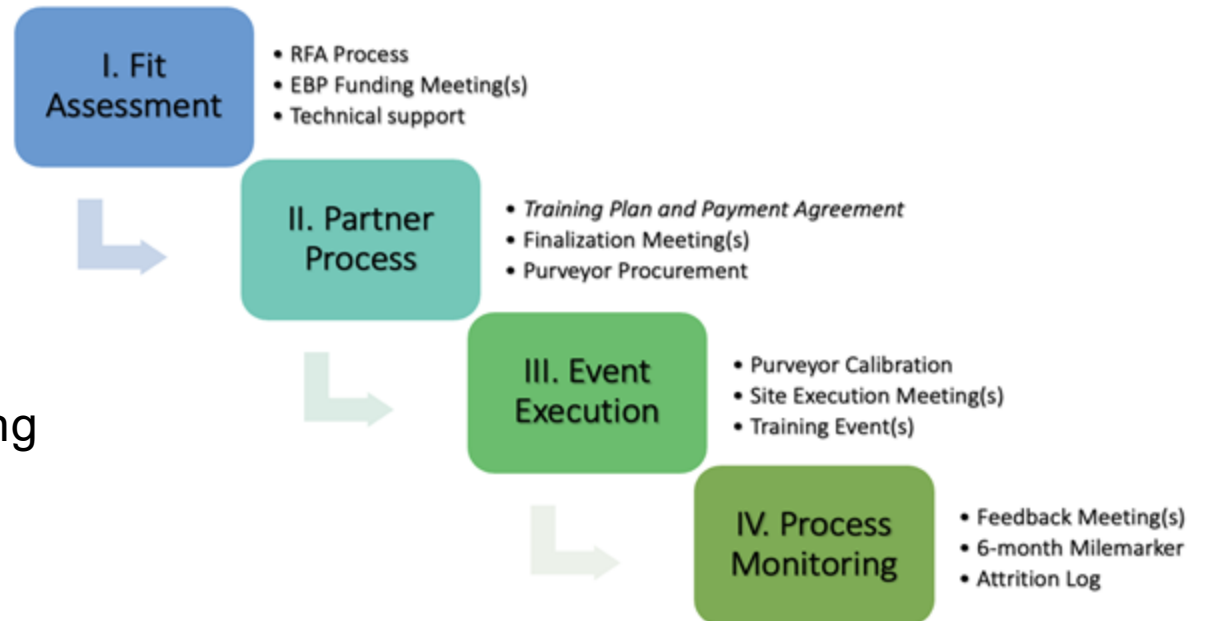
We know things change!

What's included?

Full coverage of initial startup for first year:

- ✓ All workshops
- ✓ All consultation requirements
- ✓ Certification and licensing fees
- ✓ Online resource library fees
- ✓ Manuals, technical equipment
- ✓ Other needs related to fidelity

Level of engagement determines additional funding

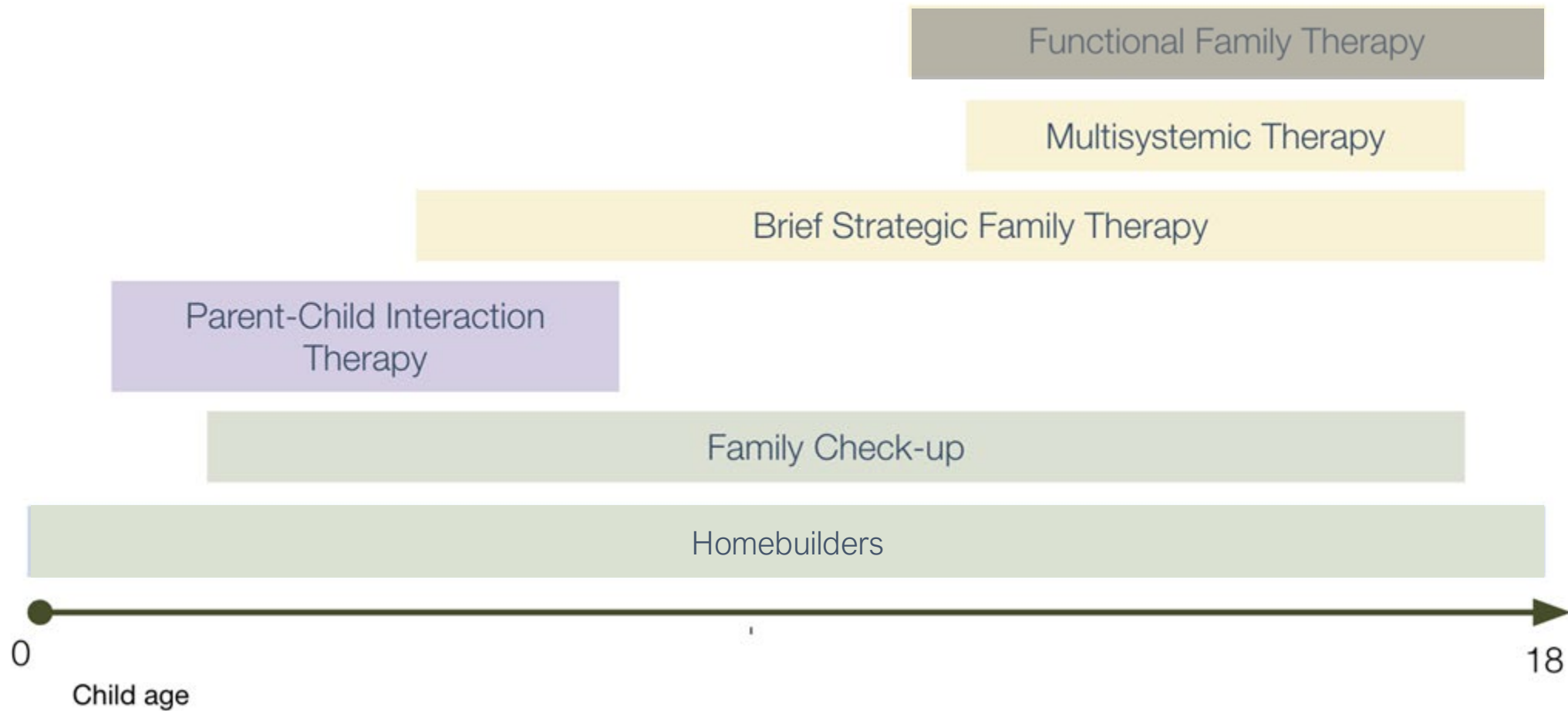


Tips for Providers

- Local data!
- Capacity for an internal supervisor
- Administrative support
- CSA contracts*
- Compensate practitioners for training time
- Align with CSB coverage geographically



Training Award Eligible EBPs



Resources

www.cep-va.org



EBP Open House: PCIT



EBP Open House: MST



EBP Open House: BSFT



EBP Open House: FFT

1. Center website & YouTube channel
2. Purveyor's websites
3. Schedule an EBP Funding Meeting (EBPlab@vcu.edu)

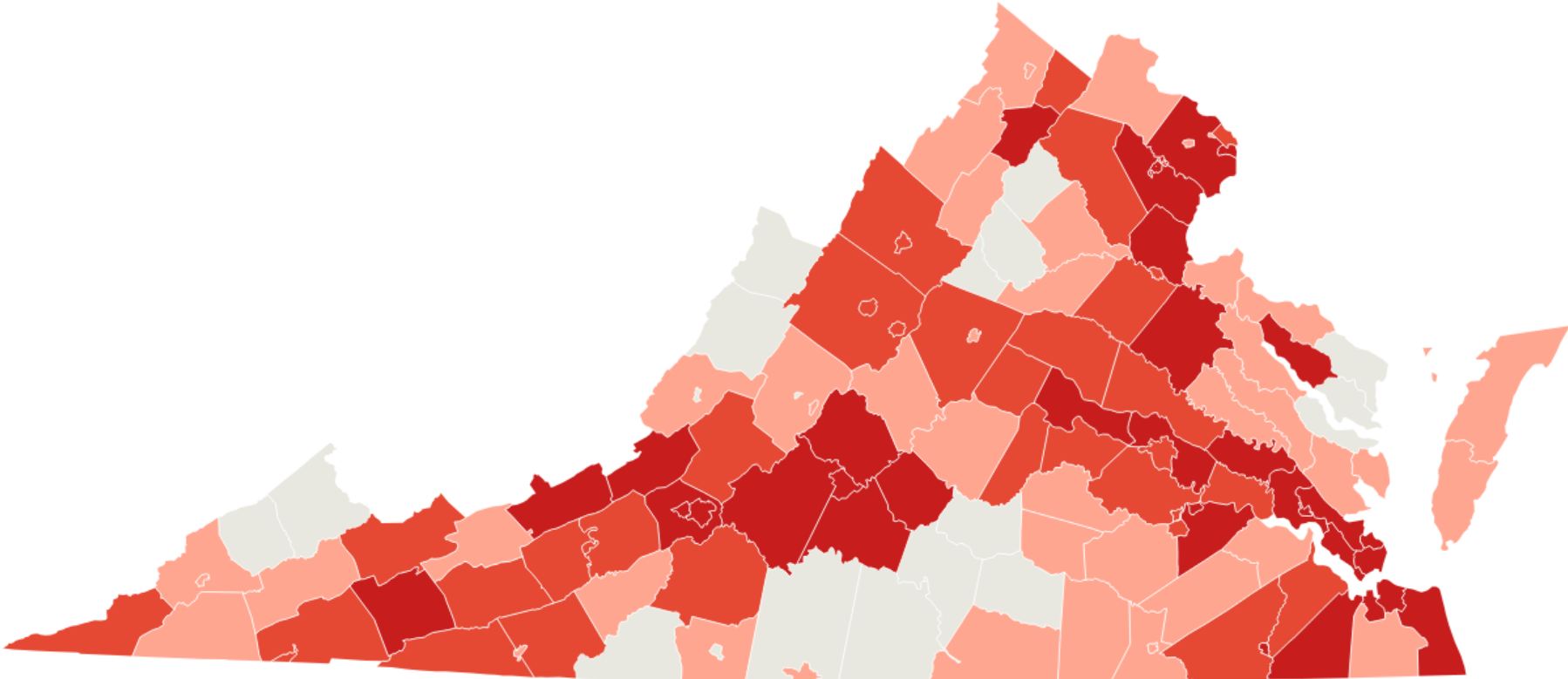
Where are these EBPs?

How do I find providers offering a
Family First EBP?



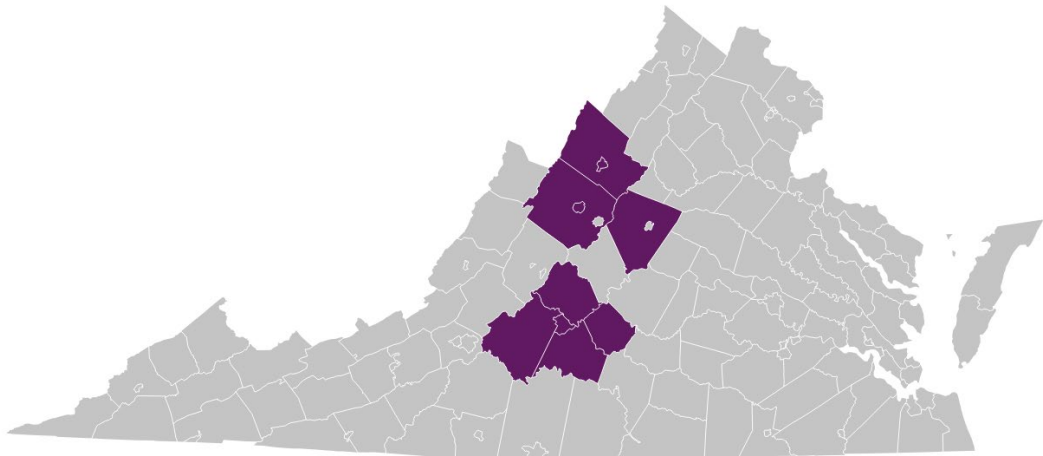
EBP Saturation

Number of teams or sites, as of August 2023



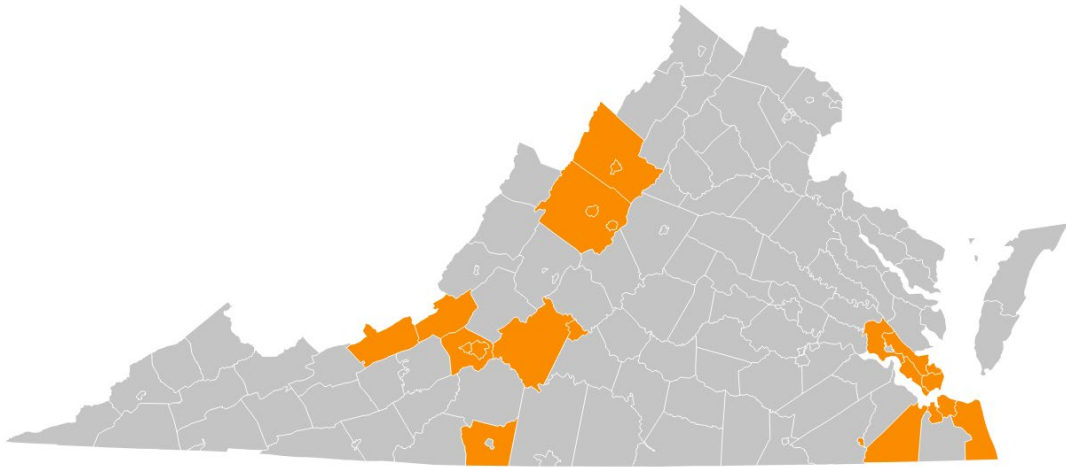
FCU Coverage

as of August 2023



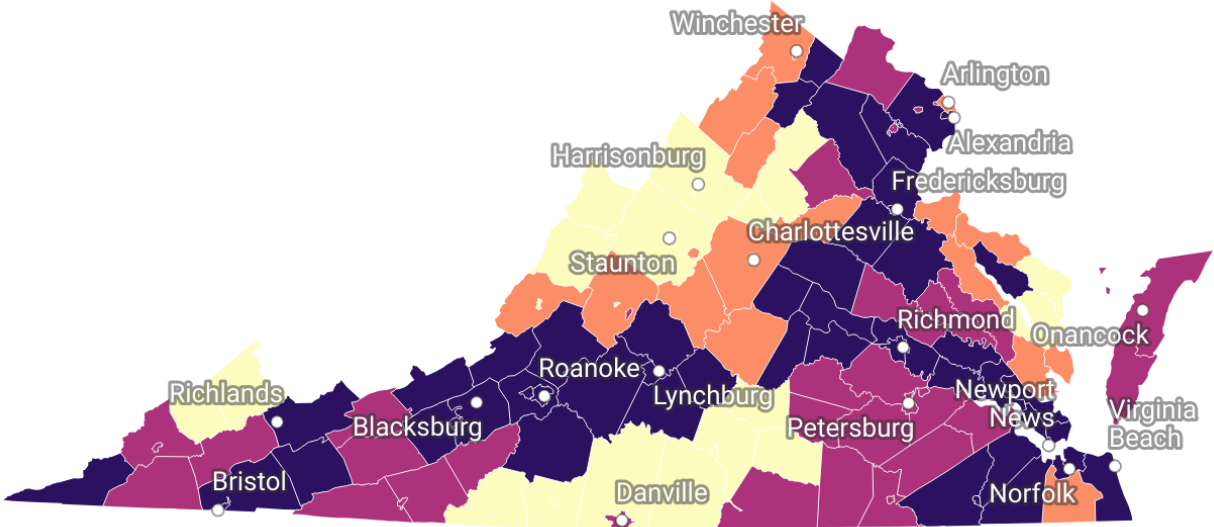
BSFT Coverage

as of August 2023



MST and FFT Teams in Virginia

None MST FFT Both

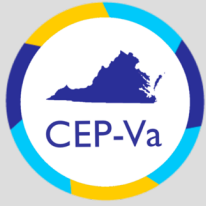




EBP PRACTITIONER REGISTRY

- The authoritative source for Virginia practitioners trained and certified in a particular EBP.
- Eligibility for billing for some EBPs will depend on being listed in the registry and being up to date on certification.
- www.EBPRegistry.org

The screenshot shows the top of the website with a blue header containing the CEPVa logo and the text "CENTER for EVIDENCE-BASED PARTNERSHIPS". Below the header, the title "Virginia's EBP Practitioner Registry" is centered. A search bar with the placeholder text "License number" and a dark blue "Search" button is positioned below the title. At the bottom of the page, a paragraph states: "Virginia's EBP Practitioner Registry was built by the Center for Evidence-based Partnerships to collect all of the practitioners trained in evidence-based programs (EBPs) in Virginia."



EBP FINDER

- Resource designed for and with service planners to locate EBPs available in their area
- This tool is the primary focus for continued development in FY24 and FY25
- www.EBPFinder.org

The screenshot shows the 'Virginia's Evidence-based Programs Finder' website. At the top right is the CEP-Va logo. Below the title, a brief description states: 'Virginia's Evidence-based Programs (EBP) Finder provides access to a regularly updated listing of the EBPs available in Virginia. The list can be filtered by EBP locality, or both.' There are two dropdown menus: 'All Localities' and 'All Evidence-based Programs'. On the right side, it says 'Showing 25 of 34 provider agencies'. The main content area lists three provider agencies, each with contact information and a list of evidence-based programs:

Provider Agency	Address	Phone	Programs
Western Tidewater Community Services Board	7025 Marlboro View Blvd Suffolk VA 23065	(757) 758-5106	1 Evidence-based Program • Functional Family Therapy (FFT)
Family Preservation Services Winchester	3363 Shawnee Drive Winchester VA 22602	(540) 535-0043	1 Evidence-based Program • Multi-Systemic Therapy (MST)
Compass NOVA	7622 Coppermine Drive Manassas VA 20108	(703) 495-7824	1 Evidence-based Program • Multi-Systemic Therapy (MST)

What if a Family First EBP isn't available?

- ❑ Recommend providers in your area apply for a training award to become certified!

- ❑ Consider another (non-Family First) EBP



On the horizon...

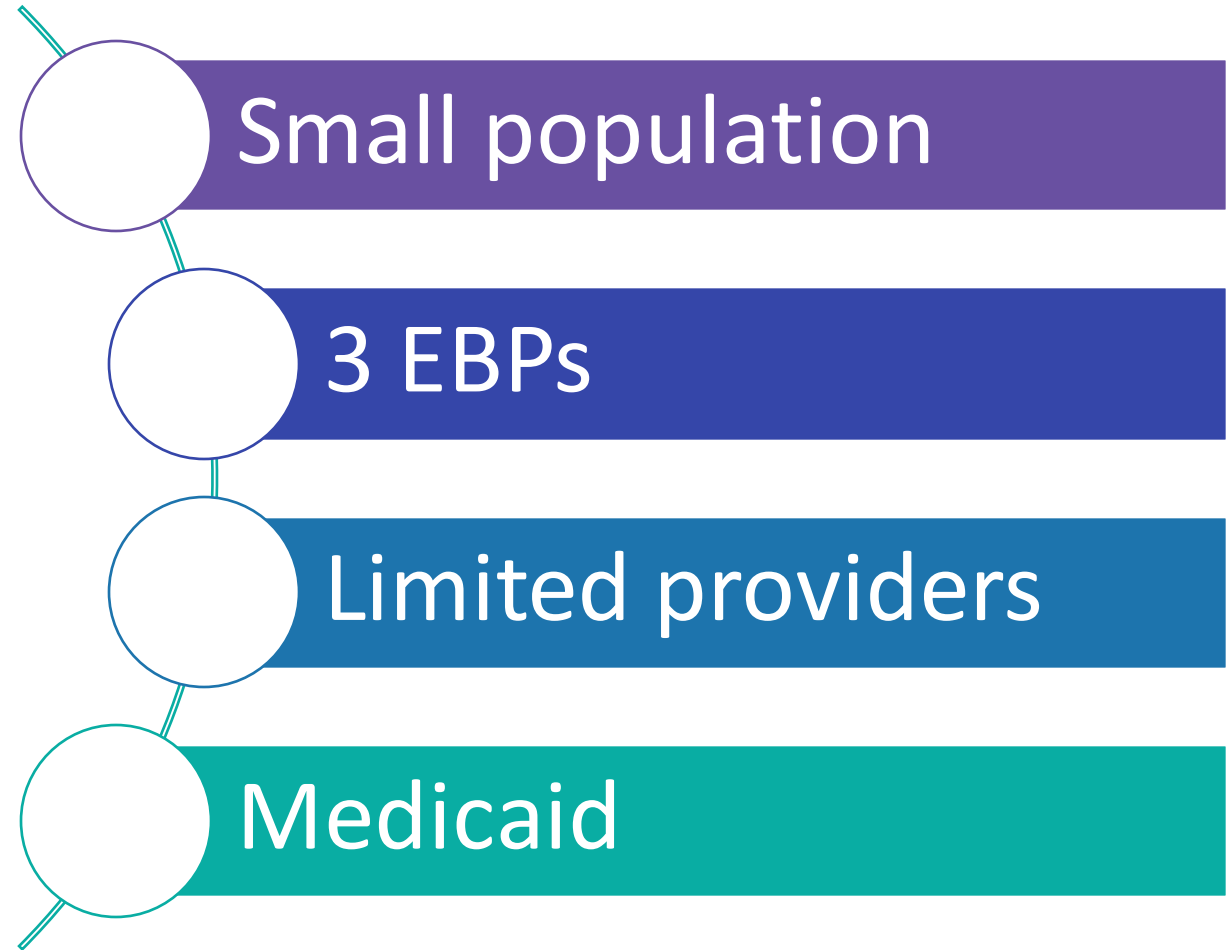
Community Pathways

Community Pathways

“Any mechanism or avenue that families can use to access title IV-E funded prevention services outside the traditional child welfare service delivery and case management context.”



FY2023 Expenditures



BENEFITS OF COMMUNITY PATHWAYS

Serves families **outside of the child welfare system**

Allows families to **voluntarily** receive prevention services by trusted providers in their community with no direct on-going child welfare involvement

Leverages federal **title IV-E funding** through Family First for the prevention services provided

Supports a **paradigm shift** to build community capacity to strengthen families upstream and prevent maltreatment & child welfare involvement

Promotes **collaboration across family-serving systems** to develop an integrated & more holistic network for families and communities

New Federal Guidance

“When designing title IV-E prevention plans, we encourage jurisdictions to consider how to use the flexibilities that the Social Security Act provides, including in terms of how to define ‘foster care candidate,’ so that title IV-E agencies and their community partners can provide title IV-E prevention services to as many eligible individuals and families as possible.”

ACF Dear Colleague Letter 2/28/2023

“States and tribes have the flexibility to define and operationalize the concept of ‘imminent risk’ in a way that fits within the scope and goals of the agency’s 5-year title IV-E prevention plan, consistent with the statute.”

Child Welfare Policy Manual

“There is no requirement in the statute that the title IV-E agency have an open child welfare case for a child who is receiving title IV-E prevention services. The title IV-E agency, however, must still meet the requirements of the agency’s title IV-E prevention 5-year plan regarding these children.”

Child Welfare Policy Manual

Requirements

Candidacy determination

Child-specific prevention services plan

Monitor Safety

Time-limited services

Expenditure and outcome reporting

Family First OKR (SFY 2024)

Ambition: Implement Community Pathways (in support of the Family First Prevention Services Act) in order to prevent unnecessary child welfare involvement

Objective: Develop infrastructure for Community Pathways that invests title IV-E funding into evidence-based services that prevent unnecessary child welfare involvement

Result: Completion of needs assessment

Result: Creation of partnerships

Result: Establish a framework for Community Pathways

Thank You!

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