



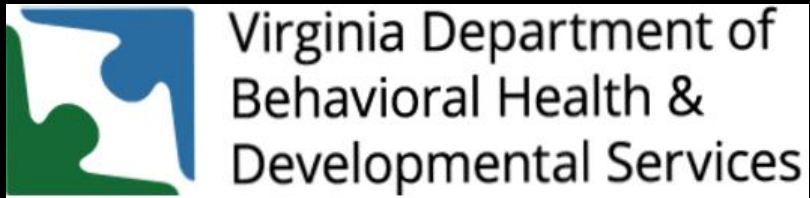
Family Support
PARTNERS OF VIRGINIA

Putting Youth and Young
Adults in the Driver's Seat of
Their Care

CSA Conference
November 1, 2022

ENGAGE. EDUCATE. EMPOWER.

This breakout session is brought to you by a partnership between the Office of Child & Family Services at the Department of Behavioral Health and Developmental Services, Family Support Partners of Virginia, and NAMI VA – Youth MOVE Virginia.



TODAY'S FOCUS

- Overview of Youth peer support in Virginia
- Insight from Young Adults on their system(s) experience and recovery journeys.



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HOW DID WE GET HERE?

YOUTH PEER SUPPORT IN VIRGINIA



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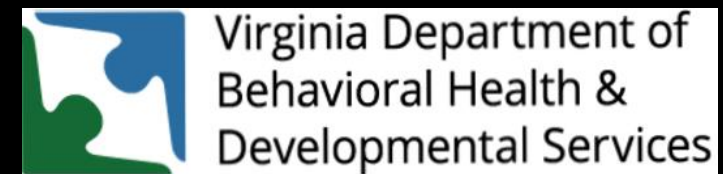
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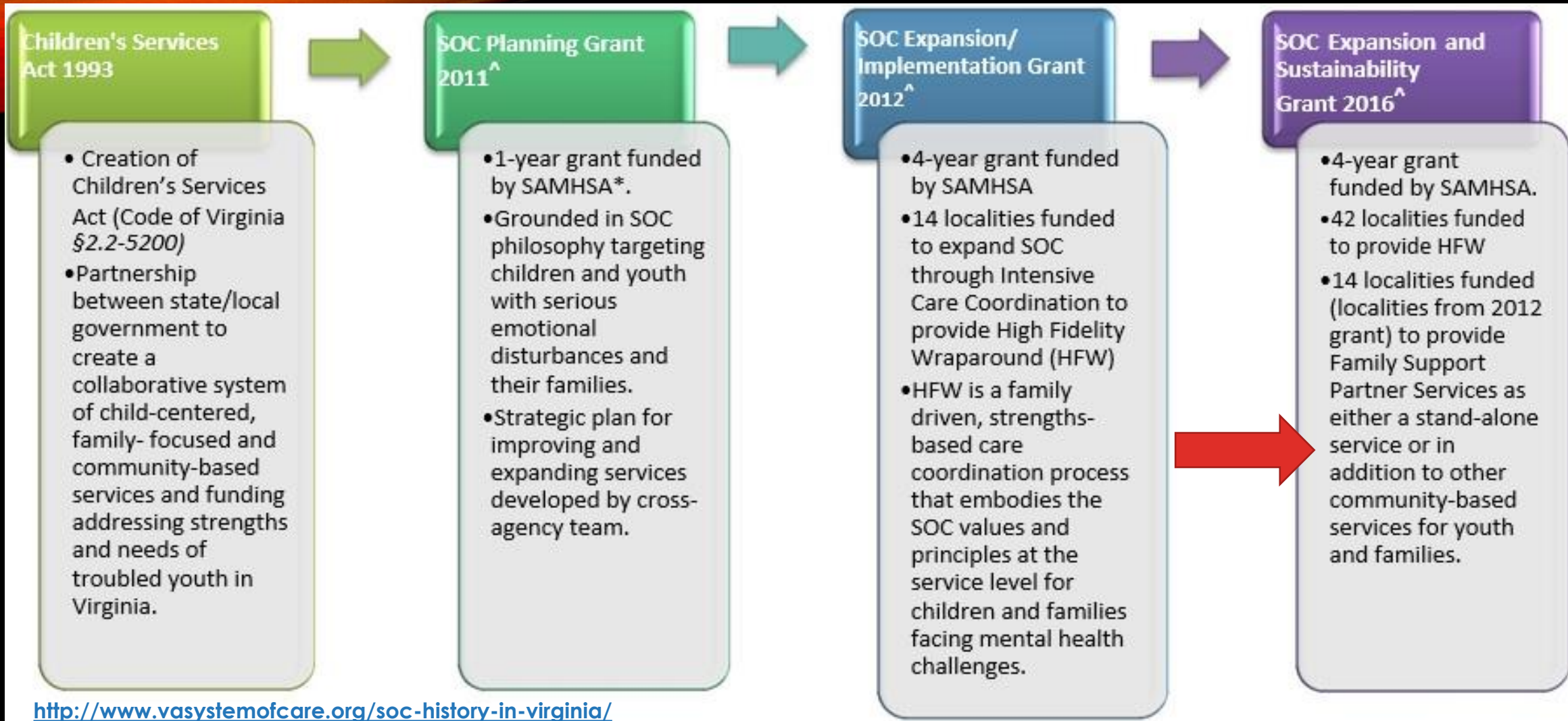
VIRGINIA'S SYSTEMS OF CARE

A broad, flexible and effective array of services and supports that is coordinated across multiple stakeholder agencies, culturally and linguistically competent and builds partnerships with families at both the service delivery and policy levels.



<http://www.vasystemofcare.org/>





<http://www.vasystemofcare.org/soc-history-in-virginia/>

[^]Grant funding received by the Virginia Department of Behavioral Health and Developmental Services from the Substance Abuse and Mental Health Services Administration (SAMHSA)*.



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December: DBHDS -
Creating Opportunities
Peer Workforce
Development Advisory
Group created

Review of national and
international training
programs

January: DBHDS – The
Office of Recovery
Services incorporated the
perspective of individuals
with lived experience in
policy development and
strategic planning

Implementation of the VA
Peer Recovery Specialist
Certification process

Key stakeholders
participated in reviewing
and providing feedback to
create a basic Mental
Health Substance Abuse
Peer Recovery Specialist
Training manual that is
unique to VA



PARENT LEADERS IN VIRGINIA



- In 2011, National Alliance on Mental Illness - Virginia (NAMI VA) was awarded a grant through DBHDS to develop a statewide family network
- Designed to support, educate, and empower other families with children and youth with mental health needs while also promoting family-driven and youth-guided policy throughout the child-serving systems.

<https://namivirginia.org/virginia-family-network/>

Youth MOVE (Motivating Others through Voices of Experience) is a platform for young people to share their stories and inspire others. YMV is Virginia's Statewide Youth Network and voice for young people with systems experience. In addition to the mental health system, YMV is open to youth and young adults (ages 14-29) who have experience in the child welfare, education, or juvenile justice systems, including foster care and substance use/recovery services.



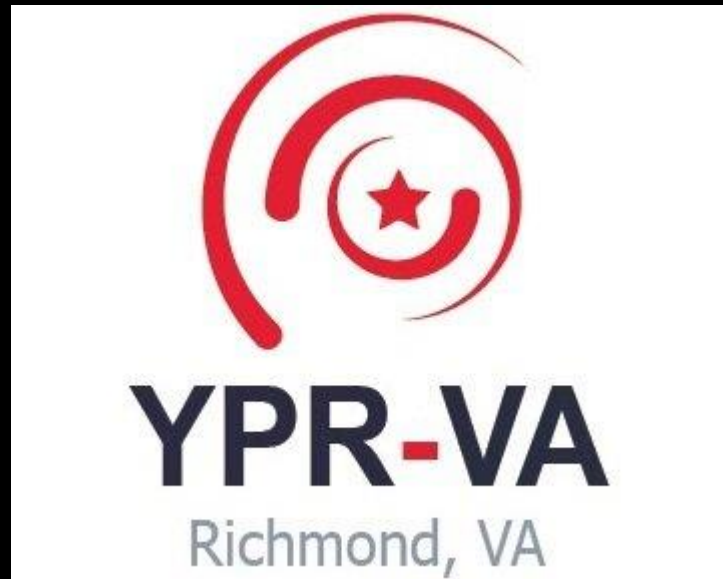
SUPPORT FOR YOUTH & YOUNG ADULTS

- Created in 2014 through support with DBHDS
- Youth Advisory Council – 15 members
- Social media presence

<https://namivirginia.org/youth-move-virginia/>



YOUNG PEOPLE IN RECOVERY



<https://www.saara.org/ypr>

Young People in Recovery (YPR) is a national organization that provides resources for individuals who are in or are seeking recovery. The resources available through YPR include All-Recovery Meetings, pro-social events, workshops, and advocacy opportunities. **These resources are age-friendly and promote the idea that recovery can be exciting and fun.** Young People in Recovery envisions a world where all young people can thrive in their recovery and be able to meet their full potential.



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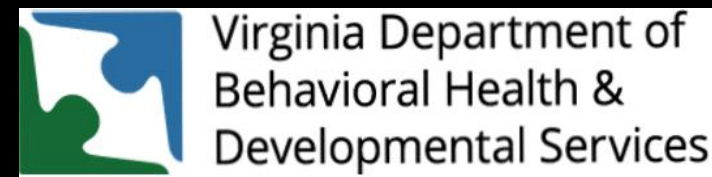
TODAY'S PANELISTS

Ashley Fitzkee, PRS,
YSP; Young People in
Recovery Coordinator

Kathryn Shackelford,
R-CPRS, YSP



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TO KNOW THE ROAD AHEAD, ASK THOSE COMING BACK

~Chinese Proverb

What Questions Can I
Answer for You?



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